



Boomlife Wellness
One life to love

BOOMLIFE

Events & Retreats 2026/2027

—❤—
NOURISH YOUR BODY, MIND & SOUL

EVENT	DATE & TIME	LOCATION	TYPE	COST
 Spring Awakening Evening event	 March 20th 7pm – 10pm	 Warrington @ St Johns URC	 Evening event	£55
 Flourish to Bloom Day Retreat	 May 16th 10am – 5pm	 St James the Great Church Hall Wrightington	 Day retreat	£134
 Summer Solstice Evening event	 June 19th 7pm – 10pm	 Warrington @ St Johns URC	 Evening event	£55
 Summertime Bliss Evening event	 July 17th 7pm – 10pm	 St James the Great Church Hall Wrightington	 Evening event	£55
 Reset and Rebalance Evening event	 Sept 4th 7pm – 10pm	 St James the Great Church Hall	 Evening event	£55
 Winter Warmer Evening event	 Nov 27th 7pm – 10pm	 Warrington @ St Johns URC	 Evening event	£55
 Winter Warmer Wigan Evening retreat	 Dec 11th 7pm – 10pm	 St James the Great Church Hall, Wigan	 Evening retreat	£55
 New Year, New Me Day Retreat	 January 2nd 2027 10am – 5pm	 TBC	 Day retreat	£99



Our events and retreats include healing modalities such as Yoga, cacao ceremony, sound and energy healing, meditation, fire and drumming circles, mindful walks and forest bathing, shamanic practises, plant medicine ceremonies, regression hypnotherapy sessions, mental and emotional balance workshops. Coming new for 2026 wild swims planned in various locations for a total mind, body and spirit healing, connection and pure bliss.

You must pre book as our events and retreats sell out fast.

