



BOOMLIFE PRESENTS

GREAT SPIRIT

Leadership Retreat

3 Day Transformational Retreats

This is a 3 day immersive leadership retreat in the Lake district, with the backdrop of Coniston waters and awe inspiring landscape, this programme is a life changing opportunity for your leaders to thrive and is holistically combined with mental, emotional and physical wellness practices, give your people the edge, reward them, renew their passion.

TO BOOK

Call Jo on **07776 168215**
or email **boomlife111@gmail.com**
Find out more at **boomlife.co.uk**

"Amazing heartfelt experience"

"Great experience, learning exceptional, total gamechanger!"

"Every leader should do this programme"



/Boomlife One Life to Live



/boomlifejo



GREAT SPIRIT

Leadership Retreat

For Teams Up to
15 Leaders

Imagine a team of leaders that are thriving to be in the driving seat in their life and within their workplace.

- Empowerment
- Emotional Balance
- Proactive management and strategies
- Mindset and change
- Elite decision making
- Mental aptitude and clarity
- Connection, empathy and understanding
- Great spirit leadership

The programme Includes:

- Psychometric profiling
- 1-2-1 action coaching
- Super effective communications
- Goal settling and vision strategies
- Change management
- Transformational leadership
- NLP and CBT coaching skills

"This was one of the most amazing experiences of my life, it's exceeded all my expectations, I just want to share it with the world, thankyou Boomlife! "

Venue

Venue lanehead is a historic and charming property, overlooking coniston water, a pure inspiration for mind and body, this beautiful house is nestled right in the heart of the lake district. The area's majestic lakes, expansive and dramatic high fells and pretty villages, provide the perfect location to immerse yourself in a weekend of yoga, healing and therapies.

Price

We create a bespoke package depending on your team and business needs, please get in contact for a bespoke proposal .

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