

WINTER WARMER

A Mini Retreat Evening
with *Boomlife*

As the days grow darker, join us in sacred space to *slow down, soften, and reconnect*. An evening of warmth, presence, and deep restoration for your *mind, body, and soul*. ✨

What to Expect

- ✨ Gentle Yoga to release and unwind
- ✨ Chi Movement & Guided Meditation
- ✨ Sacred Cacao Ceremony
- ✨ Energy Healing & Chakra Balancing
- ✨ Alchemy Sound Bath for Deep Restoration
- ✨ Light, nourishing food and refreshments will be lovingly provided.

£55

Booking

To reserve your place, contact Jo
07776 168215



Friday 27th
November 2026



7:00pm - 10:00pm



St John's URC
Warrington

