



40 Days of Prayer

Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need.

Hebrews 4:16 ESV

Week 1 – Pray for God’s Will

Day 1 – ⁹ Pray then like this: “Our Father in heaven, hallowed be your name. ¹⁰ Your kingdom come, your will be done, on earth as it is in heaven.” Matthew 6:9-10

Application question: What do these verses tell you about praying for God’s will in your life and in your church?

Action Step: How can I pray for this today?

Day 2 – ¹⁴ And this is the confidence that we have toward him, that if we ask anything according to his will he hears us. ¹⁵ And if we know that he hears us in whatever we ask, we know that we have the requests that we have asked of him. 1 John 5:14-15

Application question: How does the Bible help you find God’s will and therefore pray according to those Scriptures?

Action Step: How can I pray for this today?

Day 3 – ⁹ And it is my prayer that your love may abound more and more, with knowledge and all discernment, ¹⁰ so that you may approve what is excellent, and so be pure and blameless for the day of Christ, ¹¹ filled with the fruit of righteousness that comes through Jesus Christ, to the glory and praise of God. Phil. 1:9-11

Application question: How can Paul’s prayer be a model for you when you pray for yourself, your church and other churches?

Action Step: How can I pray specifically for this today?

Day 4 – ⁹ And so, from the day we heard, we have not ceased to pray for you, asking that you may be filled with the knowledge of his will in all spiritual wisdom and understanding, ¹⁰ so as to walk in a manner worthy of the Lord, fully pleasing to him: bearing fruit in every good work and increasing in the knowledge of God; ¹¹ being strengthened with all power, according to his glorious might, for all endurance and patience with joy; ¹² giving thanks[✉] to the Father, who has qualified you[✉] to share the inheritance of the saints in light. Col. 1:9-13

Application question: What do these verses tell you about praying for God's will in your life, in your church and for other churches?

Action Step: How can I pray specifically for this today?

Day 5 – ³³ But seek first the kingdom of God and his righteousness, and all these things will be added to you. Matthew 6:33

Application question: What does it look like to “seek first God’s Kingdom” in your life, in your church and among other local churches?

Action Step: How can I pray for this today?

Day 6 – ²⁰ Now may the God of peace who brought again from the dead our Lord Jesus, the great shepherd of the sheep, by the blood of the eternal covenant, ²¹ equip you with everything good that you may do his will, working in us[✉] that which is pleasing in his sight, through Jesus Christ, to whom be glory forever and ever. Amen. Hebrews 13:20-21

Application question: What do these verses tell you about praying for God's will in your life, in your church and among other churches?

Action Step: How can I pray for this today?

Day 7 – “Trust in the LORD with all your heart and lean not on your own understanding;
in all your ways submit to him, and he will make your paths straight.” Pro. 3:5-6

Application question: How are you trusting the Lord, even when something does not make sense or goes against what you want in your life and in your church?

Action Step: How can you pray to submit to Jesus in all your ways even when the path is difficult?

Week 2 – Pray about Forgiveness

Day 8 - For as high as the heavens are above the earth, so great is his steadfast love toward those who fear him; ¹² as far as the east is from the west, so far does he remove our transgressions from us. Ps. 103:11-12

Application question: What do these verses tell you about forgiveness with regards to your relationship to God?

Action step: How can I live this out today in my life, in my church and among other churches?

Day 9 –⁹ If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. 1 John 1:9

Application question: What do these verses tell you about forgiveness with regards to confessing your sins in prayer?

Action step: How will this help me stay in fellowship with Christ each day?

Day 10 –³ And you, who were dead in your trespasses and the uncircumcision of your flesh, God made alive together with him, having forgiven us all our trespasses, ¹⁴ by canceling the record of debt that stood against us with its legal demands. This he set aside, nailing it to the cross Col. 2:13-14

Application question: What do these verses tell you about the extent of God's forgiveness for you?

Action step: In light of knowing that your sins are all forgiven, how should you pray for this to impact your relationship with God and with believers?

Day 11 – ³⁰ And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption. ³¹ Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. ³² Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you. Eph. 4:30-32

Application question: Since God has forgiven you all your sins, are you willing to forgive others who have sinned against you?

Action step: How can I pray for this today in my life, in my church and among other Christians?

Day 12 – ²¹ Then Peter came up and said to him, “Lord, how often will my brother sin against me, and I forgive him? As many as seven times?” ²² Jesus said to him, “I do not say to you seven times, but seventy-seven times. Matthew 18:21-22 (read 23-35)

Application question: What do these verses tell you about forgiving fellow believers?

Action step: How can I pray for this today in my life, in my church and among other churches?

Day 13 – ²³ So if you are offering your gift at the altar and there remember that your brother has something against you, ²⁴ leave your gift there before the altar and go. First be reconciled to your brother, and then come and offer your gift. ²⁵ Come to terms quickly with your accuser while you are going with him to court, lest your accuser hand you over to the judge, and the judge to the guard, and you be put in prison. ²⁶ Truly, I say to you, you will never get out until you have paid the last penny. Matthew 5:23-26

Application question: What do these verses tell you about forgiveness with regards to worship and prayer?

Action step: How can I pray for this today in my life, in my church and among other believers?

Day 14 – ²⁶Be angry and do not sin; do not let the sun go down on your anger, ²⁷and give no opportunity to the devil. Eph. 4:26-27

Application question: What do these verses tell you about the danger of holding a grudge?

Action step: How can prayer help me deal with sinful anger toward another believer in Christ?

Week 3 – Pray to Love One Another

Day 15 – ³⁴A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another. ³⁵By this all people will know that you are my disciples, if you have love for one another.” John 13:34-35

Application question: What impact will love for one another have on the world around us?

Action step: How can I pray for this in my life, in my church and among other churches?

Day 16 – ⁴Love is patient and kind; love does not envy or boast; it is not arrogant ⁵or rude. It does not insist on its own way; it is not irritable or resentful;⁶ it does not rejoice at wrongdoing, but rejoices with the truth. ⁷Love bears all things, believes all things, hopes all things, endures all things. 1 Cor. 13:4-7

Application question: How do these verses define biblical love as an action in contrast to emotional love?

Action step: Based on God’s definition of love, what area of my life needs to adjust in order to love others by faith?

Day 17 – ¹⁸There is no fear in love, but perfect love casts out fear. For fear has to do with punishment, and whoever fears has not been perfected in love. ¹⁹We love because he first loved us. ²⁰If anyone says, “I love God,” and hates his brother, he is a liar; for he who does not love his brother whom he has seen cannot²¹ love God whom he has not seen. ²¹And this commandment we have from him: whoever loves God must also love his brother. 1 John 4:18-21

Application question: What do these verses tell you about loving God as seen in my love for other Christians?

Action step: How can I pray for this in my life, in my church and among other churches?

Day 18 – ¹² Put on then, as God's chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience, ¹³ bearing with one another and, if one has a complaint against another, forgiving each other; as the Lord has forgiven you, so you also must forgive. ¹⁴ And above all these put on love, which binds everything together in perfect harmony. Col. 3:12-14

Application question: What do these verses tell you about dealing with a complaint against another believer?

Action step: How can I pray for this in my life, in my church and for other churches?

Day 19 – 8 Above all, keep loving one another earnestly, since love covers a multitude of sins. 1 Pe. 4:8

Application question: What do these verses tell you about love for one another?

Action step: How can I pray for this in my life, in my church and for other churches?

Day 20 – ¹³ For you were called to freedom, brothers. Only do not use your freedom as an opportunity for the flesh, but through love serve one another. ¹⁴ For the whole law is fulfilled in one word: “You shall love your neighbor as yourself.” ¹⁵ But if you bite and devour one another, watch out that you are not consumed by one another.

Gal. 5:13 -15

Application question: When Christians don't love another, what could be the results (v. 15)?

Action step: How can I pray to love my fellow Christian and seek to serve them in my home, my church and my community?

Day 21 –Let love be genuine. Abhor what is evil; hold fast to what is good.¹⁰ Love one another with brotherly affection. Outdo one another in showing honor. Rom. 12:9-10

Application question: Does genuinely demonstrating love “*just happen*”, or does it take a conscious, intentional effort?

Action step: How can we genuinely and intentionally love those we find hard to love in my church?

Week 4 – Pray for Unity

Day 22 – ²⁰“I do not ask for these only, but also for those who will believe in me through their word, ²¹that they may all be one, just as you, Father, are in me, and I in you, that they also may be in us, so that the world may believe that you have sent me. John 17:20-21

Application question: Why does Jesus have such a heart for unity within His body?

Action step: How can you pray to develop the same heart for unity Jesus has?

Day 23 –I therefore, a prisoner for the Lord, urge you to walk in a manner worthy of the calling to which you have been called, ²with all humility and gentleness, with patience, bearing with one another in love, ³eager to maintain the unity of the Spirit in the bond of peace. ⁴There is one body and one Spirit—just as you were called to the one hope that belongs to your call— ⁵one Lord, one faith, one baptism, ⁶one God and Father of all, who is over all and through all and in all. Eph. 4:1-6

Application question: What is the basis for unity within the body of Christ?

Action step: Are there any areas in my Christian walk that need strengthening so that I can better pursue Christ-honoring unity within His body?

Day 24 – ⁵ May the God of endurance and encouragement grant you to live in such harmony with one another, in accord with Christ Jesus, ⁶that together you may with one voice glorify the God and Father of our Lord Jesus Christ. ⁷Therefore welcome one another as Christ has welcomed you, for the glory of God. Rom. 15:5-7

Application question: What is the source of the power to walk in unity?

Action step: What can keep us from looking at the body through Christ's eyes?

Day 25 – ⁶I planted, Apollos watered, but God gave the growth. ⁷So neither he who plants nor he who waters is anything, but only God who gives the growth. ⁸He who plants and he who waters are one, and each will receive his wages according to his labor. ⁹For we are God's fellow workers. You are God's field, God's building. 1 Cor. 3:6-9

Application question: Why is it dangerous to “*put people on a pedestal*”?

Action step: Do you pray for other churches/ministries as well as your own who are “*part of the team*” and faithfully serving God?

Day 26 - ²that their hearts may be encouraged, being knit together in love, to reach all the riches of full assurance of understanding and the knowledge of God's mystery, which is Christ, ³in whom are hidden all the treasures of wisdom and knowledge. Col. 2:2-3

Application question: What effect does unity have on the body of Christ, which is more than just our church?

Action step: How can we be an encouragement to the body of Christ through unity?

Day 27 –² complete my joy by being of the same mind, having the same love, being in full accord and of one mind. ³Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves. ⁴Let each of you look not only to his own interests, but also to the interests of others. ⁵Have this mind among yourselves, which is yours in Christ Jesus,^[a] Phil. 2:2-5

Application question: What can be a big obstacle to unity within Christ's body as a whole?

Action step: How can we be better “*team players*” within Christ's body (with other churches)?

Day 28 – ¹² For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. ¹³ For in one Spirit we were all baptized into one body—Jews or Greeks, slaves¹⁴ or free—and all were made to drink of one Spirit. 1 Cor. 12:12-13 (read also vs. 21-26)

Application question: Why is unity within the body so vital?

Action step: How have you/your church been a part of a “*team effort*” in outreach, and how was God glorified through it?

Week 5 Pray for God's Power

Day 29 – ¹⁷ Therefore do not be foolish, but understand what the will of the Lord is. ¹⁸ And do not get drunk with wine, for that is debauchery, but be filled with the Spirit, Eph. 5:17-18

Application question: What is the key to experiencing God's power?

Action step: Is there any area of your life that I have not fully surrendered to Christ?

Day 30 – ¹⁶ But I say, walk by the Spirit, and you will not gratify the desires of the flesh. Gal. 5:16

Application question: What is the key to victory over our flesh?

Action step: In what areas of your life is it most difficult to choose the Spirit over the flesh?

Day 31 – ²⁰ I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me. Gal. 2:20

Application question: What does it mean to be “*crucified with Christ*”?

Action step: Will you pray to allow Jesus to live through your life each day?

Day 32 – ¹⁰ Finally, be strong in the Lord and in the strength of his might. ¹¹ Put on the whole armor of God, that you may be able to stand against the schemes of the devil. ¹² For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places. Eph. 6:10-12

Application question: Why is “*the armor of God*” appropriate for the enemy we face as believers?

Action step: Is there any area of your life where a part of the “*armor*” is slipping?

Day 33 – ²⁰ Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, ²¹ to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen. Eph. 3: 20-21

Application question: Why does God remind us of the extent of His power?

Action step: Have you lost sight of the extent of God’s power and how it can be available to you through prayer?

Day 34 – ¹⁸ I pray that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in his holy people, ¹⁹ and his incomparably great power for us who believe. That power is the same as the mighty strength ²⁰ he exerted when he raised Christ from the dead and seated him at his right hand in the heavenly realms, ²¹ far above all rule and authority, power and dominion, and every name that is invoked, not only in the present age but also in the one to come. ²² And God placed all things under his feet and appointed him to be head over everything for the church, ²³ which is his body, the fullness of him who fills everything in every way. Eph. 1:18-23

Application question: To what does the Apostle Paul compare the power it took to save us as believers?

Action step: Does experiencing God’s power in salvation “*whet your appetite*” to experience His power more in every area of your daily life?

Day 35 –¹⁶ I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, ¹⁷ so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, Eph. 3:16-17

Application question: What was Paul's desire here for the Ephesian believers?

Action step: How can we pray like Paul did for ourselves, our churches, and the body of Christ as a whole?

Week 6 Pray to Surrender

Day 36 – Search me, God, and know my heart; test me and know my anxious thoughts.

²⁴ See if there is any offensive way in me, and lead me in the way everlasting.

Ps. 139:23-24

Application question: Why is it vital that God search our hearts, rather than us searching our own hearts?

Action step: What can keep us from completely opening our hearts to God?

Day 37 – ¹⁶Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective. ¹⁷Elijah was a human being, even as we are. He prayed earnestly that it would not rain, and it did not rain on the land for three and a half years. ¹⁸Again he prayed, and the heavens gave rain, and the earth produced its crops. ¹⁹My brothers and sisters, if one of you should wander from the truth and someone should bring that person back, ²⁰remember this: Whoever turns a sinner from the error of their way will save them from death and cover over a multitude of sins. James 5:16-20

Application question: According to v.16 do you need to be healed/restored through confessing your sins to another believer and praying together?

Action step: What can hinder you from surrendering to God in this area?

Day 38 – ¹⁴if my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land. 2 Chron. 7:14 (for God's people)

Application question: What is the catalyst for genuine revival among God's people?

Action step: Are we as believers willing to be used of God to spark a revival within the body?

Day 39 – ²³Then he said to them all: “Whoever wants to be my disciple must deny themselves and take up their cross daily and follow me. ²⁴For whoever wants to save their life will lose it, but whoever loses their life for me will save it. ²⁵What good is it for someone to gain the whole world, and yet lose or forfeit their very self? Luke 9:23-25

Application question: If we’re walking in surrender, then where will our priorities lie?

Action step: Why do our priorities as believers sometimes get “*out of whack*” and how can pray help?

Day 40 – ⁴⁶“Why do you call me, ‘Lord, Lord,’ and do not do what I say? Luke 6:46

Application question: What is the evidence of genuine surrender?

Action step: How can help you surrender to Christ on a daily basis?
