

## THINGS I CANNOT CHANGE

We all get angry at things we cannot change. This is a fact of life. On the lines below, write a list of things which make you angry, but you cannot change.

### AT HOME:

---

---

---

### IN SCHOOL:

---

---

---

### IN YOUR NEIGHBORHOOD:

---

---

---

### IN THE WORLD:

---

---

---

**THESE ARE THINGS WHICH MAKE ME ANGRY,  
BUT I MUST CONTROL MY ANGER  
AND LEARN TO LIVE WITH THESE THINGS.**