

THINGS PEOPLE DO THAT MAKE ME ANGRY

Throughout your life, you interact with many different people. Sometimes these people will do something that will make you angry. Below is a list of names. After each name, write something which that person does that makes you angry. If the person does not make you angry, leave the space blank.

I GET ANGRY WHEN MY:

Mother _____

Father _____

Sister _____

Brother _____

Grandmother _____

Grandfather _____

Teacher _____

Best Friend _____

Girlfriend/Boyfriend _____

I ALSO GET ANGRY WHEN SOMEONE:

In my class _____

In the hall _____

In the cafeteria _____

On the school bus _____

In my neighborhood _____

On my team _____