

## TOOLS FOR STUDYING

Check off the ones you will use.

- A. Menu of Study Strategies**
- |   |  |   |
|---|--|---|
| <input type="checkbox"/> 1. Reread text             | <input type="checkbox"/> 8. Make concept maps          | <input type="checkbox"/> 16. Study with a friend        |
| <input type="checkbox"/> 2. Reread/organize notes   | <input type="checkbox"/> 9. Make lists/organize        | <input type="checkbox"/> 17. Study with study group     |
| <input type="checkbox"/> 3. read/recite main points | <input type="checkbox"/> 10. Take practice test        | <input type="checkbox"/> 18. Study session with teacher |
| <input type="checkbox"/> 4. Outline text            | <input type="checkbox"/> 11. Quiz myself               | <input type="checkbox"/> 19. Study with a parent        |
| <input type="checkbox"/> 5. Highlight text          | <input type="checkbox"/> 12. Have someone else quiz me | <input type="checkbox"/> 20. Ask for help               |
| <input type="checkbox"/> 6. Highlight notes         | <input type="checkbox"/> 13. Study flash cards         | <input type="checkbox"/> 21. OTHER:                     |
| <input type="checkbox"/> 7. Use study guide         | <input type="checkbox"/> 14. memorize/rehearse         | _____   |
|   | <input type="checkbox"/> 15. Create a "cheat sheet"    |   |

### B. Study Plan

Date	Day	Which strategies will I use? (write #)	How much time for each strategy?
	4 days before test	1. 2. 3.	1. 2. 3.
	3 days before test	1. 2. 3.	1. 2. 3.
	2 days before test	1. 2. 3.	1. 2. 3.
	1 day before test	1. 2. 3.	1. 2. 3.

### C. Posttest Evaluation

How did your studying work out? Answer the following questions:

1. What strategies worked best?
2. What strategies were not so helpful?
3. Did you spend enough time studying? Yes / No
4. If not, what more should you have done?
5. What will you do differently next time?