**PLYMOUTH & DISTRICT**

**TABLE TENNIS CLUB**

**SPONSORED BY SHOPFITTING BY SWS**



***2025-2026***

***OFFICIAL HANDBOOK***

**CLUB HEADQUARTERS:**

11 Desborough Lane, Desborough Road,

St. Judes, Plymouth. PL4 9PJ

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# NOTE: Throughout this document where the word ‘we’ or the word ‘club’ is used that is referring to Plymouth and District Table Tennis Club and/or Plymouth Table Tennis League.

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# FORWARD BY CHAIRMAN

Once more I have the great privilege of writing this Forward to the Club’s Handbook, a Club which it’s thought is entering it’s 122nd year and which we believe makes it the oldest Table Tennis Club in the World.

A club like this takes a great deal of managing and I must, as always, thank the Executive Committee whose tireless endeavours from cleaning the drains to arranging the Insurance to organising the League to creating and maintaining the Website and carrying out a thousand other thankless tasks all go towards making us the successful Club that we are. If any of you think you would like to join us on the Committee please contact me or any Committee member as we are aware that new faces are what we need to continue and move forward.

The next thing I must do is to warmly welcome all members to this new season, whether you are a new or existing, junior or senior, League or Social player I wish you every success in the coming year. Without you all we would not exist and your continued presence makes the Club what we are.

I extend congratulations to all who have played in the last year, to the winners of the various Leagues and also to those that didn’t win but without whose participation there could be no Leagues and no competition.

Those of you that are familiar with this Handbook will notice a few changes and this has been done to make it more inclusive, it is now split into three sections, Section A are rules & regulations that are applicable to all members, Section B are rules & regulations that are applicable to the League members and Section C is general information. Hopefully this will now explain how the Club and League are run in a clear and concise manner.

Good luck and enjoy your Table Tennis.

**Pete Nicholson**

(Chairman/Treasurer)

# OFFICERS OF THE CLUB 2025/2026

**President: Laurie Harrison**

**Vice Presidents: Ian Lindsay/Les Cole**

**EXECUTIVE OFFICERS**

Chairman: Pete Nicholson , 07931 307199

Vice Chairman: Tony Powlesland, 07837 786300

Hon Secretary: Glyn Price, 07875 112798

Hon Treasurer: Pete Nicholson, 07931 307199

Hon Match Secretary: Russ Keith, 07738 273476

Assist Match Secretary: Trevor Mole, 07854 467431

Minute Secretary: Les Cole, 07961 651511

Assistant Treasurer: Alan Spencer, 07712 896185

HQ Secretary: Tony Powlesland, 07837 786300

Welfare & Safety Officer: Bryn Ford, 07900 111313

Coaching Officer: Tony Powlesland, 07837 786300

Development Officer: Martin Hynes, 07773 406280

Table Allocation Secretary: Russ Keith, 07738 273476

Data Protection Officer: Pete Nicholson, 07931 307199

Executive Committee Members: Mrs D Whiting, Ms L Bone, M Briggs

**NON EXECUTIVE OFFICERS**

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Life Vice Presidents: I Lindsay, L Harrison, T Morrish, L Cole, P Whiting

Life Members: ......A Wright, R Avent, K Massey, Mrs E Short, Mrs D Whiting,

P Nicholson R Keith, J Vittle, A Powlesland, A Warren,

**OTHER OFFICIALS**

Independent Financial Examiner: Mrs J Morgan

Building Trustees: P Nicholson, T Powlesland, G Price

**RULES & REGULATIONS**

**Part A, General Regulations**

The Rules and Regulations in this section of this Handbook are applicable to all players whether they be Social (Club) Players or League Players, Seniors or Juniors and are to be adhered to at all times whether it be in a Practice Session or a League Match.

**1. HANDBOOK**

 (a) This handbook will be available on the Club’s Website and in paper form at HQ.

 (b) Any proposed alterations to Part A or Part B of this Handbook shall be submitted in writing to reach the Executive Committee not later than 31st March. Proposals received shall then be circulated to all members by the end of April, after which date amendments to the proposals will be accepted for consideration at the Annual General Meeting provided they are submitted in writing and received by the General Secretary not later than the 31st May or as agreed by the Executive Committee, by the 30th June. The proposer and/or seconder must be in attendance at the Annual General meeting to present any alterations to the Handbook.

 (c) Part C of this Handbook beginning at Page 12 may be amended as necessary at any time but changes must be agreed by the Executive Committee.

**2. MEMBERSHIP**

 (a) Membership of the Club is open to all who wish to play Table Tennis both socially and as a league player. Membership costs are:

 Adults £15 for a full year and £7.50 after 1st February

 Juniors £7.50 for a full year and £3.75 after 1st February

 The full year runs from 1st June until 31st May of the following year.

 (b) (i) All members of the Club must also be members of TTE and that membership must be visible on the P&DTTC section of the TTE Sport 80 database.

 (ii) Membership of TTE is free for those who wish to play socially and comes under the category of Club Player on the database.

 (iii) For those who wish to be a league player then a fee of £25 for Seniors and £13 for Juniors is charged by TTE and these players come under the category of Compete Player on the database.

 (iv) Membership of TTE runs from the 1st August until the 31st July of the following year.

 (c) The Club prefers that members do not pay TTE directly for their membership but allows the Club to do it for them.

 (d) New members will be required to complete a membership form.

 (e) The Executive Committee has the power to increase fees at any time should any unforeseen circumstance arise which could result in financial insecurity of the Club.

(f) The Executive Committee will take into consideration any financial hardship encountered by a member and take whatever actions they deem necessary to assist that member.

**3. CONDUCT**

 (a) All members, both Social and League are reminded that the Club expects that their behaviour shall be of the highest standards at all times and in accordance with the Club’s Code of Conduct, Health & Safety Policy, Safeguarding Policy and Equality Policy. These documents are available on the Club’s Website and in printed format at HQ. If any member has concerns about anything that he or she sees or hears then they should contact the appropriate Exec. Officer in the first instance (see Page 3 for contact details) and then either the Chairman or Vice Chairman.

 (b) All members must make themselves aware of the Laws of Table Tennis.

 (c) The Executive Committee shall have the power to suspend or expel any team or member of the club whose conduct in their opinion is detrimental to the interest of the club. All subscriptions and registration fees shall be forfeited to the club in such a case.

**4. PRACTICE SESSIONS**

 (a) Any player wishing to practice at HQ must be registered member of the Club or have prior permission of the Executive Committee.

 (b) At all practice sessions they attend members must pay the practice fee which is £4 per session or £2 for Juniors or have paid the monthly concession. Payment may be made either by Zettle or by cash or directly into the Club’s Account.

 (c) Practice session times will be shown on the Club’s website.

**5. FIRE SAFETY**

 All players and visitors to HQ are to be fully conversant with the Fire Safety Procedures which are to be found on the main notice board and beside each fire warning bell.

**6. ACCIDENTS**

In the event of an accident at HQ however small, an Accident Report is to be filled out and a member of the Exec Committee is to be informed.

**7. SECURITY**

 The security of HQ is the responsibility of all who play there and strict adherence is to be made to securing the building on completion of play.

**8. FINANCES**

The Club’s Financial Year ends on the 31st May and a statement of accounts for this yearly period which have been verified by an authorised independent person shall be published annually. Cheque payments must be signed by any two of the Treasurer and one of two approved Officers of the Club.

**9. EXECUTIVE COMMITTEE**

 The Executive Committee has approval to deal with any matters that are not covered by these rules and regulations.

# RULES & REGULATIONS,

# Part B: League Regulations

The Rules and Regulations in this section of this Handbook are applicable only to League Players and League play.

# POINTS TO NOTE:

**A. NAME.**

The official name of the League as recognized by TTE is:

 **The Plymouth Table Tennis League**

**B. CORRESPONDENCE.**

 All matters relating to match play including Knock-Out Cup Matches, Registration, Transfers, Appeals, League Tables, etc should be addressed to the Match Secretary.

**C. CHANGE OF CONTACT DETAILS.**

 Any change in the contact details of Team Secretaries should be notified immediately to the Match Secretary

**D. PRESS ITEMS.**

 Match Results, League Tables and general notes will appear in The Herald each week (upon publication).

**E. CHECK ON PLAYING RECORDS.**

 Team Secretaries should check their own records against published League Tables allowing for the fact that these are made up on Saturdays previous to publication. If any apparent inaccuracy is detected the publication of the next league table should be awaited: if the error then persists, the Match Secretary should be notified.

**F. LEAGUE RULES AND REGULATIONS.**

 These should be scrutinised carefully as revisions are made each season. The Match Secretary with the approval of the Executive Committee can override certain rules concerning the playing of matches.

**G. TEAM APPLICATION.**

 Team applications are to be sent to the Match Secretary by 1st June yearly. Application forms will be automatically forwarded to all previous playing clubs/teams. The team deposit of £15 must accompany all applications.

**H. MATCH RESULT CARDS.**

 Sufficient cards are issued to each club to cover the season’s matches, these cards should not be used for making copies to be retained in club records. Match result cards or Excel Spreadsheet versions of the Match Result Cards can be used and emailed or sent to the Match Secretary for ALL DIVISIONS INCLUDING ALL CUP MATCHES.

**1. LEAGUE CHAMPIONSHIP.**

 The method of deciding the format of the League Championship shall be as follows:

 (a) The Match Secretary will present to the Annual General Meeting (AGM) recommendations for the forth-coming season as agreed by the Executive Committee. These recommendations will include the number of teams per Division and the allocation of specific teams to each Division. The AGM shall either adopt or amend these recommendations.

 (b) Teams from individual Clubs shall consist of 3 or more members who shall play matches consisting of 10 sets as follows:

 (i) 9 sets of singles, each of 3 members of the 1 team shall play each of 3 members of the other team;

 (ii) 1 set of doubles; any pair of the 1 team shall play any pair of the other team, the Home Team to nominate their doubles pairing before their opponents;

 (iii) Each set shall consist of the best of 5 games to 11 points under TTE ruling.

 (c) (i) No player shall be obliged to appear in 2 consecutive sets unless a minimum of 5 minutes shall have elapsed between them.

 (ii) The order of play shall be as follows: A v X, B v Y, C v Z, B v X, A v Z, C v Y, B v Z, C v X, A v Y, Doubles, where ABC are the home team and XYZ the visitors. The visiting Captain shall allocate the letters to both teams as they wish except that C or Z must be given to any player not present at the start of the match. Should a player not be present when required to play then the remainder of the match shall be played from the players present in the order decided by the opposing Captain.

 (d) A team shall be credited with 1 match point for each set won; each such point shall count in the League table.

 (e)  Should the championship or runners-up position end in a tie then the team gaining most points in the matches directly between the teams concerned shall gain the award.

 (i) If still equal then a play-off shall be arranged at a venue decided by the Executive Committee.

 (ii) If a play-off cannot be played due to time constraints, then a ‘count back’ of scores between the two teams will decide the winner. The ‘count back’ will consist firstly of the total games between players and if this is equal the total points between players.

 (iii) If the ‘count back’ ends equal, a toss of a coin shall decide the winner.

 (f)   The team having secured the highest number of points at the termination of the season, or having won a play-off (e (i)) or a count back (e (ii)) or a coin toss (e iii)) shall be declared the champions of its division.

**2. IDENTIFICATION OF TEAMS.**

 (a) Where a club enters 2 or more teams they shall be identified as A, B, C, etc., or by subsidiary titles commencing with A, B, C, etc in order of merit. It is assumed that where a club has more than 1 team the highest ranked players will comprise the A team and the following 3 highest ranked players the B team etc. Where this procedure is disregarded and the Executive Committee deem such action against the best interest of the League Championship the Executive Committee may take such action as thought necessary.

 (i) Where a team has specific sponsorship, a team can be called by its sponsors name but ranked within the club it represents to allow for players 'playing-up' for the same club.

 (b) Where a club has more than 1 team, a player of a lower ranking team (except those notified to the club secretary by the match secretary for disregarding rule 3a above) may play a total of 5 league matches and 1 cup match for a higher ranking team, if a further match is played the player shall not be permitted to play again for the lower ranking team unless reinstatement is granted by the Match Secretary. A player cannot play for a team other than their own in the same division if that player has a higher personal average than the player they wish to replace. Where the higher team has more than 3 registered players this shall be applied to the lowest averaged player of those not playing excluding temporary players.

 (c) A player asking to play for a team in a lower division cannot play up again for a team in a higher division for the remainder of the season.

 (d) With the prior approval of the Match Secretary a player may play for another Club in the same Division providing that player doesn’t have a higher personal average than the player they are replacing. Additionally a player may play for another Club in a Higher Division, again with the prior approval of the Match Secretary.

**3. REGISTRATION**

 (a) A player shall not be eligible to play in a match until their registration (on the prescribed form) has been acknowledged by the Match Secretary.

 (b) A player may not register for more than 1 team at any one time.

 (c) A minimum of 3 players shall be registered for a team prior to commencement of the season.

 (d) The Executive Committee shall have the right to refuse or cancel the registration of a player in any division.

**4. TRANSFERS**

 Players shall be permitted to transfer from one club to another by obtaining the agreement of the Match Secretary to whom consent from both Clubs must be obtained.

**5. MATCH RESULTS.**

 A result card (either Card or Electronic) shall be forwarded to reach the Match Secretary within 4 days of the match being completed and the Card must be signed by a representative of each team. If an electronic scorecard is to be sent to the Match Secretary then the opposing teams are to countersign each other’s Match Scorebooks. If the scorecard is not received within a further 3 days then home team shall receive no points in respect of the match concerned: the away team shall receive the points which they gained provided that they forward a copy of the result if requested.

**6. POSTPONEMENT**

 (a) A home team desiring to postpone a match shall be within their rights to do so providing that their opponents receive a clear 2 days notice. At least 3 alternative dates excluding Saturdays and Sundays, except by mutual agreement, must be offered. A visiting team wishing to postpone a match may do so only if the home team agrees: if they do so agree then the home team must offer one alternative date to their opponents. In both cases the team responsible for postponing the match must advise the Match Secretary of the postponement within 24 hours of the original fixture date and the revised date when it is fixed. (Notification is not required when the alteration means that the match will be played earlier than the original fixture).

 (b) All league matches must be played within 14 days of the Sunday ending the original fixture week with the exception that all matches must be played within the block of fixtures in which they were scheduled to be played.

 (c) Failure to comply with these rules will cause the defaulting team to lose the fixture, points being awarded in accordance with Rule 11(b).

**7. MATCH TIMES**

 (a) Matches should commence at 7:00pm unless both teams agree to start at an earlier or more convenient time. Should 2 players still not be present 30 minutes after the agreed starting time then their opponents shall be entitled to claim the match and the team at fault shall be deemed to have failed to appear. The 3rd player is obliged to arrive in time to allow the match to continue i.e. by the end of the 7th set. No more than 5 minutes shall elapse between each set.

 (b) Matches shall be completed on the same day as commenced. If this is not possible due to circumstances beyond the control of either team e.g. power failure, then the match shall be deemed not to have started and shall have to be replayed.

 (c) The home night of each team will be published in this handbook which will be on the Plymouth and District Table Tennis Club website, individual clubs wishing to change the Home night of any of their teams may apply to the Match Secretary for permission. If granted the club requesting the change, must inform all interested parties including the Website Manager and those teams likely to be affected.

**8. PROTESTS AND APPEALS.**

 All protests and appeals must be forwarded to the Match Secretary within 14 days of the match or within 7 days of any decision being announced by the Match Secretary.

**9. MATCH EQUIPMENT.**

 (a) Match Ball: All matches shall be played with a 3 Star ITTF approved white or orange plastic ball or other balls as approved by the Match Secretary.

 (b) The Racket: The racket used must be authorised by the ITTF and without modification. The racket shall not be replaced during an individual match unless it is accidently damaged so badly that it cannot be used; if this happens the damaged racket shall be replaced immediately by another which the player has brought with them to the playing area or one which is handed to them in the playing area. Unless otherwise authorised by the umpire, players shall leave their rackets on the table during intervals, but if the racket is strapped to the hand, the umpire shall allow the player to retain their racket strapped to the hand during intervals.

 (c) Lighting: Where possible lighting should be in accordance with TTE recommendations, Club’s not able to comply with these recommendations must apply in writing to the Executive Committee for exemption before the commencement of the season

**10. FEES**

 (a) The team fee shall be £60 per team of which a deposit of £15 must accompany any application to join the League Championships. This deposit is not refundable should a team withdraw after submitting its application.

 (b) The cost for a team to hire a table for their home league matches at HQ shall be £50 for the season, the cost for a team to hire a table at HQ for 1 league match shall be £7.50

 (d) Any individual club registered with TTE as a Premier Club will be given the option to pay their members own individual TTE affiliation fees direct to TTE. Each Premier Club is to provide a list of their players who are directly affiliated. Failure to affiliate to TTE will mean non registered players from that club being unable to play in the Plymouth Table Tennis League.

 (f) A player registered for an individual club may, subject to the Match Secretary’s permission transfer to another club and shall pay a fee of £5 to the Plymouth and District Table Tennis Club.

 (g) For TTE Fees see Page 4.

 (h) Individual registration fees shall be payable to the Treasurer not later than four weeks after the commencement of the League together with the balance outstanding of any team fees. Additional registrations made during the season shall be paid within four weeks immediately following the date of registration. It is understood that any increase in affiliation fees due to TTE or Devon County increasing their fees will automatically be added to the current individual fee as and when the Plymouth and District Table Tennis Club is advised of any change.

**11. FORFEITS**

 (a) If an ineligible player participates in a match the procedure shall be as if the player had not put in an appearance.

 (b) If a singles player of a team fails to appear at a match or fails to complete their singles sets in a match (due to injury or illness during the match) their side forfeits the match points concerned, if two or more singles players of a team fail to appear the match shall be declared void and adjudicated upon by the Match Secretary. The team offended against shall be awarded its fair expectation of points, the team offending shall receive no points.

 (c) The Executive Committee will decide on what action is to be taken should a Team/Player falsify a Match Result Card. The Executive Committee may, on advice from the Match Secretary, fine a team for falsifying a Match Result Card or for any other actions of a similar serious nature, any fine so levied shall not exceed £10.

**12. MISCELANEOUS**

 Where a Team is based at HQ and have paid their Table Fees for the Season they can use their allocated home night for a practice if they do not have a match that week and if a free table is available. In the event that the table has already been allocated for a rescheduled match then that match will take precedence. If they wish to play a friendly on their allocated home night and invite another team or players, no charge will be applied to any player.

**13. PAIRS LEAGUE**

The Pairs League is run by Joola Plymouth on behalf of The Plymouth Table Tennis League. All enquiries regarding the Pairs League should be addressed to Debbie Whiting, 07941 896988.

# RULES & REGULATIONS,

# Part C:

# IMPORTANT EXTRACTS from TTE APPROVED LAWS of TABLE TENNIS

**(Note that all references to ‘MATCH’ are interpreted by the Plymouth Table Tennis as a “SET”)**

**1. The RACKET (TTE Rule 2.4.5)** The surface of the covering material on a side of the blade, or of a side of the blade if it is left uncovered shall be black, and the other side must be a bright colour, distinctly different from black and the ball's colour, with the total thickness of the covering material (including adhesive) not exceeding 2.0mm for ordinary pimpled rubber and 4.0mm for sandwich rubber.

**2. SERVICE (TTE Rule 2.6)** Service shall start with the ball resting freely on the flat, open palm of the server’s stationary hand.

**(Rule 2.6.2)** The server shall then project the ball near vertically upwards, without imparting spin, so that it rises at least 16cm after leaving the palm of the free hand then falls without touching anything before being struck.

**(Rule 2.6.4)** From the start of service until it is struck, the ball, shall be above the level of the playing surface and behind the server’s end line, and if shall not be hidden from the receiver by any part of the body or clothing of the server or their doubles partner.

**(Rule 2.6.5)** It is the responsibility of the player to serve so that the umpire or the assistant umpire can see that they comply with the requirements for a good service.

**(Rule 2.6.5.1)** If there is no assistant umpire and the umpire is doubtful of the legality of a service they may, on the first occasion in a match, warn the server without awarding a point.

**(Rule 2.6.5.2)** If subsequently in the match a service by that player or their doubles partner is of dubious legality, for the same or any other reason, the receiver shall score a point.

**(Rule 2.6.5.3)** Whenever there is a clear failure to comply with the requirements for a good service no warning shall be given and the receiver shall score a point.

**(Rule 2.6.6)** Exceptionally, the umpire may relax the requirements for a good service where they are satisfied that compliance is prevented by physical disability.

**Explanation and intent of the service rule**

**1.** As soon as the free hand (the hand holding the ball in service) and arm has projected the ball upwards, the free hand/arm must be immediately removed to the side. In other words, the free arm must not remain in any area between the ball and the receiver- it has to be out of the line of the sight of the receiver and the ball.

 **(Rule 2.5 TTE DEFINITION) (2.5.2. SERVICE)** The ball is in play from the last moment at which it is stationary on the palm of the free hand before being intentionally projected in service until it touches anything other than the playing surface, the net assembly, the racket held in the racket hand or the racket hand below the wrist, or until the rally is otherwise decided as a let.

**(Rule 2.5.8 TTE DEFINITION) (2.10.1.4a POINT)** A player obstructs the ball if they, or anything they wears or carries, touches it in play when it has not passed beyond their end line, not having touched their court since last being hit by their opponent. (Note the ball no longer goes out of play if it passes over the playing surface without touching it, unless it also passes beyond the end line at the far end of the table from the striker).

**2.10 A POINT (TTE Rule 2.10) (Rule 2.10.1.4.)** Unless the rally is a let, a player shall score a point if the ball passes beyond their end line without touching their court, after being struck by their opponent.

Either player (or pair) shall lose a point:

**(a)** if their racket, or anything they wear or carries touches the net (including net supports) while the ball is in play;

**(b)** if their free hand touches the playing surface while the ball is in play.

**2.11. A GAME (TTE Rule 2.11.1)** A game shall be won by the player or pair first scoring 11 points unless both players or pairs score 10 points, when the game be won by the first player or pair subsequently gaining a lead of 2 points.

**2.13 THE ORDER OF SERVING, RECEIVING AND ENDS (Rule 2.13)**

**2.13.3** After 2 points have been scored the receiving, player or pair shall become the serving player or pairs and so on until the end of the game, unless both players or pair score 10 points or the expedite system is in operation, when the sequences of serving and receiving shall be the same but each player shall serve only 1 point in turn.

**2.13.6** The player or pair serving first in a game shall receive first in the next game of the match and in the last possible game of a doubles match the pair due to receive next shall change their order of receiving when first one pair scores 5 points.

**4. EXPEDITE RULE (Rule 2.15)** Amend: - Except where both players have scored at least 9 POINTS, the expedite system shall come into operation if a game is unfinished after 10 MINUTES’ play or at any earlier time at the request of both players or pairs.

**2.15.1.1** If the ball is in play when the time limit is reached, play shall be interrupted by the umpire and shall resume with a service by the player who served in the rally that was interrupted.

**2.15.1.2** If the ball is not in play when the time limit is reached, play shall resume with a service by the player who received in the preceding rally.

**2.15.2** Thereafter, each player shall serve 1 point in turn until the end of the game and if the receiving player or pair makes 13 good returns the receiver shall score a point.

**2.15.3** Once introduced, the expedite system shall remain in operation until the end of the match.

**5. DOUBLES ORDER OF PLAY** The pair who serve first in a game shall receive first in the next game. The pair who are to serve first in any game choose which of them will do so. The first receiver shall be the one who served to him in the previous game.

**6. THE RACKET** The surface of the covering material on a side of the blade, or of a side of the blade if it is left uncovered shall be black, and the other side must be a bright colour, distinctly different from black and the ball's colour, with the total thickness of the covering material (including adhesive) not exceeding 2.0mm for ordinary pimpled rubber and 4.0mm for sandwich rubber.

**NOTE:** No uncovered blade must be used for striking the ball.

All players are reminded that the above LAW MUST be observed and any player is entitled to refuse to play an opponent with a racket not conforming to the law, and the opponent using the illegal racket will forfeit the game.

**7. (Rule 2.4.8)** At the start of a match and whenever they change their racket during a match a player shall show their opponent and the umpire the racket they are about to use and shall allow them to examine it.

**(Rule 2.4.10)** A racket shall not be changed during an individual match unless it is accidentally damaged so badly that it cannot be used.

**8. A LET SERVICE** If in a service the ball touches the net, the rally is a “let” unless the ball passes the receiver’s end line without touching the side of the table. If it is obstructed over the table by the receiver it is still a let.

**9. LETS** It should be noted that the umpire is the sole judge of lets even in the case of an obvious let, play should continue pending the umpires intervention. The umpire is within their rights in penalising any such infringement without prior warning at their discretion, however they may use a warning in the first instance and penalise thereafter.

**10. DRESS** Extracts from Rule 3.2.2. Playing clothing shall normally consist of a short-sleeved or sleeveless shirt and shorts or skirt or one-part sports outfit, socks and playing shoes. The main colour of a shirt, skirt or shorts, other than sleeves and collar of a shirt, shall be clearly different from that of the ball.

**11. INTERVALS** Extracts from Rule 3.4.4

**(Rule 3.4.4.1)** Play shall be continuous throughout the match except that any player is entitled to:

**(Rule 3.4.4.1.1)** an interval of 1 minute between successive games of a match;

**(Rule 3.4.4.1.2)** brief intervals for towelling after every 6 points from the start of a game and at the change of ends in the last possible game of a match.

**(Rule 3.4.4.2)** A Player or pair may claim one time-out period of up to 1 minute during an individual match. They must not leave the playing area but can liaise with team members during this time. The umpire will time the one minute ‘timeout’ and call players back to the table to resume the game.

**(Rule 3.5.1.3)** Players may receive advice at any time except during rallies provided play is not thereby delayed (3.4.4.1); if any authorised person gives advice illegally the umpire shall hold up a yellow card (or verbally) to warn them that any further such offence will result in their dismissal from the playing area.

PLYMOUTH AND DISTRICT TABLE TENNIS LEAGUE

# HONOUR LIST 2024/2025

DIVISIONAL CHAMPIONS

MONTAGUE BURTON CUP (Division 1)

Winners: Molyneux Associates A

Runners Up: Shopfitting By SWS A

R F DAVIS CUP (Division 2)

Winners: Chaddlewood (Molyneux Associates) C

Runners Up: Shopfitting By SWS B

CITY TRANSPORT CUP (Division 3)

Winners: Crafthole B

Runners Up: Woodland Fort B

H J P HOLLIS CUP (Division 4)

Winners: Shopfitting By SWS D

Runners Up: Marjon

# FINAL POSITIONS 2024/2025

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **DIVISION ONE** | Pld | W | D | L | F | A | **Pts** |
| 1 | MOLYNEUX ASSOCIATES A | 10 | 10 | 0 | 0 | 78 | 22 | **78** |
| 2 | SHOPFITTING BY SWS A | 10 | 7 | 0 | 3 | 71 | 29 | **71** |
| 3 | SHOPFITTING BY SWS B | 10 | 5 | 0 | 5 | 52 | 48 | **52** |
| 4 | CRAFTHOLE A | 10 | 3 | 1 | 6 | 41 | 59 | **41** |
| 5 | MOLYNEUX ASSOCIATES B | 10 | 3 | 1 | 6 | 31 | 69 | **31** |
| 6 | ASTOR A | 10 | 1 | 0 | 9 | 27 | 73 | **27** |
|  | **DIVISION TWO** | Pld | W | D | L | F | A | **Pts** |
| 1 | MOLYNUEX ASSOCIATES C | 10 | 9 | 1 | 0 | 79 | 21 | **79** |
| 2 | SHOPFITTING BY SWS C | 10 | 4 | 4 | 2 | 51 | 49 | **51** |
| 3 | ASTOR B | 10 | 5 | 1 | 4 | 49 | 51 | **49** |
| 4 | LEE MILL | 10 | 2 | 2 | 6 | 41 | 59 | **41** |
| 5 | SHOPFITTING BY SWS E | 10 | 1 | 3 | 6 | 41 | 59 | **41** |
| 6 | WOODLAND FORT A | 10 | 2 | 3 | 5 | 39 | 61 | **39** |
|  | **DIVISION THREE** | Pld | W | D | L | F | A | **Pts** |
| 1 | CRAFTHOLE B | 9 | 9 | 0 | 0 | 71 | 19 | **71** |
| 2 | WOODLAND FORT B | 9 | 7 | 0 | 2 | 57 | 33 | **57** |
| 3 | MOLYNEUX ASSOCIATES D | 9 | 3 | 2 | 4 | 44 | 46 | **44** |
| 4 | ASTOR E | 9 | 1 | 2 | 6 | 31 | 59 | **31** |
| 5 | WOODLAND FORT C | 9 | 1 | 1 | 7 | 24 | 66 | **24** |
| 6 | ASTOR D | 5 | 1 | 1 | 3 | 23 | 27 | **23** |
|  | **DIVISION FOUR** | Pld | W | D | L | F | A | **Pts** |
| 1 | SHOPFITTING BY SWS D | 10 | 8 | 1 | 1 | 69 | 31 | **69** |
| 2 | MARJON | 10 | 7 | 1 | 2 | 64 | 36 | **64** |
| 3 | MOLYNEUX ASSOCIATES E | 10 | 5 | 1 | 4 | 57 | 43 | **57** |
| 4 | HORRABRIDGE | 10 | 4 | 3 | 3 | 56 | 39 | **56** |
| 5 | LIFE CENTRE ALL STARS | 10 | 3 | 0 | 7 | 45 | 50 | **45** |
| 6 | ASTOR F | 10 | 0 | 0 | 10 | 4 | 96 | **4** |

CLUB DIRECTORY 2025/2026

**ALLOCATION OF TEAMS 2025/2026**

|  |  |
| --- | --- |
| **No.** | **DIV 1** |
| **Team 1** | MOLYNEUX ASSOCIATES A |
| **Team 2** | SHOPFITTING BY SWS E |
| **Team 3** | SHOPFITTING BY SWS A |
| **Team 4** | SHOPFITTING BY SWS B |
| **Team 5** | SHOPFITTING BY SWS D |
| **Team 6** | SHOPFITTING BY SWS C |
| **Team 7** | MOLYNEUX ASSOCIATES B |
| **Team 8** | CRAFTHOLE A |

|  |  |
| --- | --- |
| **No.** | **DIV 2** |
| **Team 1** | MOLYNEUX ASSOCIATES C |
| **Team 2** | ASTOR B |
| **Team 3** | LEE MILL |
| **Team 4** | WOODLAND FORT B |
| **Team 5** | SHOPFITTING BY SWS F |
| **Team 6** | WOODLAND FORT A |
| **Team 7** | CRAFTHOLE B |
| **Team 8** | ASTOR A |

|  |  |
| --- | --- |
| **No.** | **DIV 3** |
| **Team 1** | MOLYNEUX ASSOCIATES D |
| **Team 2** | ASTOR C |
| **Team 3** | SHOPFITTING BY SWS G |
| **Team 4** | MOLYNEUX ASSOCIATES F |
| **Team 5** | MARJON |
| **Team 6** | MOLYNEUX ASSOCIATES E |
| **Team 7** | HORRABRIDGE |
| **Team 8** | WOODLAND FORT C |

# FIXTURE TABLE FOR 2025/2026 SEASON

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# TO USE THE FIXTURE TABLES

To find the fixture you have to fulfil in any given week:

**(a)** Note your team number;

**(b)** Find this number in the first column in the table;

**(c)** Run your eye along until you come to the number below the given week;

**(d)** This number will be the team number of the team you have to play;

**(e)** Away matches are denoted by ”a”.

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# HEADQUARTERS TABLE ALLOCATION 2025/26



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**Monitoring**

This document will be reviewed a year after development and then every three years, or in the following circumstances:

* Changes in legislation and/or government guidance.
* As required by TTE.
* As a result of any other significant change or event.

**See also:**

* **PLYMOUTH AND DISTRICT TABLE TENNIS CLUB CONSTITUTION**
* **PLYMOUTH AND DISTRICT TABLE TENNIS CLUB CODE OF CONDUCT**
* **PLYMOUTH AND DISTRICT TABLE TENNIS CLUB SAFEGUARDING POLICY**
* **PLYMOUTH AND DISTRICT TABLE TENNIS CLUB EQUALITY POLICY**
* **PLYMOUTH AND DISTRICT TABLE TENNIS CLUB DATA PRIVACY POLICY**

These documents are available for all to see on the P&DTTC Website

P&DTTC recognises and commits to uphold its legal obligations under the following legislation:

* The Rehabilitation of Offenders Act 1974
* Employment Equality (Sexual Orientation) Regulations 2003
* Employment Equality (Religion and Belief) Regulations 2003
* The Children Act 1998
* The Human Rights Act 1998
* The Health & Safety at Work Act 1974
* Equality Act 2010