

A world where every woman has access to the tools and support needed to heal from trauma and lead a joyful, balanced life for a nurturing family environment.”

To provide holistic support and therapeutic resources to women, enabling them to address and heal from their trauma, leading to improved family relationships and personal fulfillment.

Virtuously Rooted is a non-profit organization dedicated to helping women uncover and heal from their trauma to foster healthy family dynamics and personal well-being. Through comprehensive counseling and therapy services, we aim to provide the resources necessary for women to navigate and overcome their past, enabling them to thrive in their personal and family lives. Our goal is to create a supportive community that empowers women to live happily and healthily.



