

CONFIDENTIALITY AGREEMENT

Virtuously Rooted is an organization dedicated to helping individuals unpack, confront, and become the best version of themselves. This type of organization has the potential to make a significant positive impact on one's life by providing them with the necessary tools, resources, and support to overcome personal challenges and reach their full potential. We'd like to stress that we encourage personal information pertaining to the individuals in the group, stay with this group. Confidentiality is our top priority. Please follow these guidelines when sharing in the group:

When someone within the group shares personal information:

- Ensure that what is shared within the group stays in the group.
- Do not talk about any information outside of the group without the person's permission. This includes conversation with people in the group as well as anyone not in the group. It is an individual's place to share their story, not yours.

We are to maintain an atmosphere of sharing within our groups that leads to committed accountability for each other. Sharing deep, personal feelings and circumstances can be intimidating, and you can be sure that women are watching and listening to see if our group is a group that can be trusted. We firmly believe that everyone deserves the opportunity to become the best version of themselves and we are confident that this organization can play a crucial role in facilitating that transformative journey.

Print Name: _____

Signature: _____ Date: _____