

## ***Bean Reading list***

*Growing and Cooking Beans* by John E. Withee

*Preserving Our Roots* John Coykendall and Christina Melton

There is also a video **Deeply Rooted: John Coykendall's Journey to Save our Seeds** available from Louisiana Public TV

*Bean by Bean: A Cookbook* by Crescent Dragonwagon

*Landrace Gardening* by Joseph Lofthouse

Seed Savers' Exchange *The First Ten Years 1975-1985* (out of print but worth looking for)

An interview with John Withee: <https://cerestrust.org/the-bean-men/>

John Withee's bean hole: <https://blog.seedsavers.org/blog/john-withees-bean-hole>

A Bean Collector's Window, Russ Crow's website:

<https://www.abeancollectorswindow.com/index.html>

Types of Beans: A Poor Man's Jewels by Joseph Simcox

<https://www.motherearthgardener.com/plant-profiles/types-of-beans-zmaz14fzsbak/>

Cultivate Michigan -- Resources from MSU about dry beans

<https://www.canr.msu.edu/cultivatemichigan/featured-foods/dry-beans>

Bean Diseases, MSUE

[https://www.canr.msu.edu/uploads/files/research\\_center/saginaw\\_valley/pictours/picture\\_tour\\_dry\\_beans\\_diseases.pdf](https://www.canr.msu.edu/uploads/files/research_center/saginaw_valley/pictours/picture_tour_dry_beans_diseases.pdf)

Going to Internet Archive <https://archive.org/> or Google Books <https://books.google.com/> and searching for beans gives many hours of reading. Internet Archive is also home to the largest free collection of old seed catalogs.

## ***Other Books of Interest***

*Gathering: A Memoir of Seed Saving* by Diane Ott Whealy

Books by Gary Paul Nabhan (has written about 40 books). Here's 3 of them:

*Enduring Seeds: Native American Agriculture and Wild Plant Conservation* (1989)

*Food, Genes, and Culture – Eating Right for Your Origins* (2013)

*Food from the Radical Center* (2018)

*Waheenee: An Indian Girl's Story*



[https://books.google.com/books?id=gSYTAAAYAAJ&printsec=frontcover&source=gbg\\_summary\\_r&cad=0#v=onepage&q&f=false](https://books.google.com/books?id=gSYTAAAYAAJ&printsec=frontcover&source=gbg_summary_r&cad=0#v=onepage&q&f=false)

*Buffalo Bird Woman's Garden*

<https://digital.library.upenn.edu/women/buffalo/garden/garden.html>

Ceres Trust hosts the Kent Whealy archive which has more interviews about beans and the seed saving movement in general: <https://cerestrust.org/kent-arthur-whealy/>

## ***Places to find diverse and unusual beans***

MiGardener. St. Clair, MI

Seed Savers Exchange <https://seedsavers.org/>

Southern Exposure Seed Exchange <https://www.southernexposure.com/>

Sandhill Preservation <https://www.sandhillpreservation.com/>

### ***Commercial sites with information:***

Michigan Bean commission, recipes and all sorts of info <https://michiganbean.com/>

FYI: Sometimes the only place to find information on certain beans is on commercial sites. While I have done a shopping at both places, I mention it for the information that can be gleaned from the site. Especially interesting at Glenn Drown's Sandhill Preservation are his Years in Review and News and Notes, his online journal of life as a biology teacher and preservationist. <https://www.sandhillpreservation.com/about-us-years-in-review>

Rancho Gordo, home of the heirloom bean aficionado Steve Sando. It is one of the few places I have found where the guy selling the beans tells people to go ahead and try growing what he sells.

<https://www.ranchogordo.com/collections/heirloom-beans>

## ***My bean report***

<https://claraspets.blogspot.com/2018/11/indian-hannah-beans-2018-growing-report.html>

Questions? Just want to talk beans? You can find me at [billandtina41@gmail.com](mailto:billandtina41@gmail.com) or message me on Facebook as Tina Kacanowski