

BREAKFAST (always available)

BFY EGG SANDWICH

2 fried eggs w/ Cheddar, PepperJack,
 or American cheese on your choice of
 hardroll or croissant **5.00**
 add bacon, ham, or pork sausage **1.50**
 add avocado **2.00**

HASHBROWN PATTY

served on side or on sandwich **1.00**

AVOCADO TOAST

toasted sourdough, whole avocado,
 pinch of red pepper flake **8.00**

WHIPPED RICOTTA TOAST

toasted sourdough, whipped ricotta,
 basil pesto, roasted cherry tomatoes **8.75**

BAKERY

baked fresh everyday, please call for
 daily selection of cookies, scones,
 squares, pastries, coffee cake, brownies, etc

LUNCH ***available Wed, Thu, Fri 9-2***

TURKEY APPLE BACON

carved roasted turkey, sliced apples, bacon,
 cheddar, mayo and greens **9.00**

CAJUN CHICKEN SANDWICH

moderately spicy cajun chicken salad,
 field greens **9.00**

BAKED HAM SANDWICH

brown sugar glazed ham, baked in house
 with swiss and dijon mustard, get it cold
 or grilled hot! **9.00**

AUBERGINE SANDWICH

breaded eggplant, sundried tomato
 mayo, fresh mozzarella, basil pesto **9.00**

CLASSIC PB&J

creamy peanut butter, grape jelly **5.50**

GRILLED CHEESE

american, cheddar, pepperjack
 or any combination thereof on
 grilled sourdough **6.00**
 add applewood bacon or roasted turkey **3.00**

SLINGERLANDS CHEESESTEAK

thin sliced sandwich steak, grilled sweet
 onions, pepperjack cheese on a pretzel roll **9.00**

all sandwiches served with chips

BUILD YOUR OWN SALAD 10.00

field greens with your choice of:
 cucumbers · marinated onions
 ·shaved carrot ·cherry tomatoes
 ·cheddar cheese ·dried cranberries
 ·toasted sunflower seeds

add roasted turkey or cajun chicken salad **3.00**

your choice of Parmesan Peppercorn
 or Balsamic Vinaigrette dressing

**BREAD
 OPTIONS:**

- Hard roll
- Wheat
- Croissant

-Gluten Free
 Option (add 2.00)

Bake For You
 5001 Dunhill Ct.
 Slingerlands, NY
 12159

 518.207.5430

