



EDUCATIONAL CONSULTATION SERVICES

"In God We Trust" appears on our court buildings and on our American currency. But in your personal life, **who do you trust?**

Every one of us stands on the shoulders of those who came before us. Someone paved the way. Someone sacrificed. Someone prayed. And now, through your efforts, you are making progress and moving toward the vision God placed in your heart. This is the moment to pause, review, and ensure you are walking a **clear, aligned path.**

We see public examples of people who "made it," yet their stories reveal imbalances that eventually surface:

- National, State, and Local High-Level Officers of the Court
- Political Elected Officers.
- Music Industry Executives
- Millionaires.
- Others in recent and past publicized events

Their journeys remind us that **every aspect of the Arch of Wellness must be in alignment.** When one area is neglected, the imbalance eventually shows up – often at the height of success.

You can reach the top of your field, but if your **inner self** is out of alignment with your **presenting self**, the foundation begins to crack.

The Arch of Wellness: Seven Modes of Influence

1. **Spiritual** – Your inner GPS: God's Protective System
2. **Emotional** – Mastering emotions determines whether you experience blessing or burden
3. **Intellectual** – Wisdom, knowledge, and understanding shape your decisions
4. **Physical** – Your physical condition influences the quality of your daily life
5. **Social** – Healthy engagement strengthens your support systems
6. **Financial** – Operating within the economy of God's Kingdom
7. **Sexual** – Understanding its rightful place in your life and identity

About the Presenter

Dr. Avis Hendrickson is a senior executive with over four decades of experience strengthening strategic partnerships, building high-functioning teams, and guiding individuals through lifestyle and leadership transformation. She is a lifestyle strategist who integrates practical life management with the practical application of biblical principles.

Program Details

Personal Development: Improving the Quality of Life Using Lifestyle Management Strategies and the Practical Application of Bible Principles

A 7-session seminar **Tuesdays, 7:00–8:30 p.m. (EST).**

April 14 – May 26, 2026

Participants may register through the Appointments page at:

www.educationalconsultationservices.com

Thank you. Be well. 1 Thessalonians 5:23-24



SCAN ME