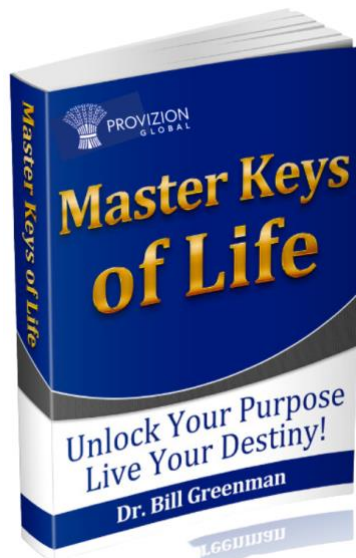


# MASTER KEYS LIFE PLANNER

*Unlock Your Purpose  
Live Your Destiny!*

Dr. Bill Greenman

The Companion To Dr. Greenman's Book:



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# MASTER KEYS LIFE PLANNER

By Dr. Bill Greenman

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# **Why Am I Here & I.D.E.A.S.**

# DRILL

## MY ACHIEVEMENT HISTORY

Write down everything you have ever completed or achieved below. For example, *learned to ride a bike* or *read a classic novel* or *received a specific award*. Use more paper if needed

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.

11.

12.

13.

14.

15.

16.

17.

18.

19.

20.

21.

# DRILL

## MY PASSION & PURPOSE

You may **not** answer with, “I don’t know.” So take the time to think these through.

1. What is your greatest passion and why?
2. What is your specific purpose in life, in one sentence? If you don’t yet know, write down what you would like it to be.
3. What would you do if you knew you could not fail in any way and why?
4. What do you want your tombstone to say in one sentence and why?
5. What type of movies, books, Internet sites interest you the most and why?
6. What books are you reading right now and why?
7. Who are your heroes and why?
8. Whose hero would you like to be?



# I.D.E.A.S.

1. A thought or suggestion as to a possible course of action.
2. The aim or purpose.
  - a. \_\_\_\_\_ in this room began with an \_\_\_\_\_.
  - b. \_\_\_\_\_ people \_\_\_\_\_ about, \_\_\_\_\_ about, and \_\_\_\_\_ on ideas!

**Inspired** – To fill (someone) with the \_\_\_\_\_ or \_\_\_\_\_ to do or \_\_\_\_\_ something, especially to \_\_\_\_\_ something \_\_\_\_\_.

**Stay inspired by anyone of any age and anything – in different ways/areas.**

**Q: What/who do you go to for inspiration when you need it & why?**

**Dream BIG!** – To contemplate the \_\_\_\_\_ of \_\_\_\_\_ something: to think, consider, conceive. **Study Big Dreamers!**

**Q: What's your dream?**

**Q: How have you limited that dream?**

**Educate Yourself** – To give \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_ *instruction* to someone; *provide or pay* for \_\_\_\_\_; give (someone) \_\_\_\_\_ in or information on a *particular* field.

**Q: What will you need to learn to accomplish your dream?**

**Q: Where and/or from whom will you get that education?**

**Activate Your** \_\_\_\_\_ – To *make* (something) \_\_\_\_\_ or \_\_\_\_\_; set in \_\_\_\_\_; initiate; to energize.

**Q: You *must* \_\_\_\_\_ your dream – then you must \_\_\_\_\_ your \_\_\_\_\_.**

**Q: *No one but you is responsible for your dream. No one but you must get it done.***

**Sing/Shout/Send Your** \_\_\_\_\_ – To utter a \_\_\_\_\_ call or cry, typically as an expression of a strong \_\_\_\_\_; or calling \_\_\_\_\_ to something.

- Tell \_\_\_\_\_ and \_\_\_\_\_ about your dream!
- Ignore \_\_\_\_\_ & \_\_\_\_\_ – Run With \_\_\_\_\_!



# **Lesson 1 Worksheets**

## **The 7 Realms Of Influence**

# **DRILL**

## **UNDERSTANDING MY INFLUENCE**

1. Who is the most influential person in your life and why?
2. Who is the person you have the most influence over and why?
3. On a scale of 1-10, with 10 being the best, how would you rate your skills in persuasion and why?
4. What are the 3 things you can do first to improve your score from #3 above?
5. On a scale of 1-10, with 10 being the best, how would you rate your ability to influence others and why?
6. What are the 3 things you can do first to improve your score from #5 above?
7. On a scale of 1-10, with 10 being the best, how would you rate your credibility with others and why?
8. What are the 3 things you can do first to improve your score from #7 above?
9. What are the consequences of not increasing your skills of persuasion?
10. What are the benefits of increasing your skills of persuasion?

# **DRILL**

## **MY PLACE IN THE 7 REALMS**

Below, write which of the 7 Realms you feel you are to take part in during your lifetime and explain why. You can and probably will be involved in more than one Realm.

**1. Family**

**2. Religion**

**3. Government**

**4. Education**

**5. Commerce**

**6. Arts/Entertainment**

**7. Media**

# **DRILL**

## **MY PURPOSE/DREAM/VISION & THE 7 REALMS**

Answer the following questions as best you can. You may not answer with, "I don't know."

9. What is your dream or purpose for your life, in one sentence? If you don't yet know, write down what you'd like it to be.
10. What is your greatest passion and why?
11. What would you do if you knew you could not fail in any way and why?
12. What do you want your tombstone to say and why?
13. What do you think about the Mind Molders and 7 Realms and why?
14. What type of movies, books, Internet sites interest you the most and why?
15. What books are you reading right now and why?
16. Who are the 3 most influential people in your life and why?
17. Who are your heroes and why?
18. Who's hero would you like to be?

# **DRILL & HOMEWORK**

## **WHY MY PLACE IN THE 7 REALMS**

1. Pick one of the 7 Realms of Influence that you feel you are to be a part of and write a 2 paragraph persuasive article on why someone should join you in making it happen.
2. Give your article from #1 above to your parents, one of your friends, and someone of influence in your life and ask them what they think of it, how you can improve it?

# Lesson 2 Worksheets

## THAT'S IN MY HEAD?

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## DRILL

### UNDERSTANDING MY THINKING

1. What is the most consistent source of input in your life?
2. Is the source in #1 above in any way connected to the dream you have for your , and how or how not?
3. Who or what influences your thinking most and why?
4. Who are your role models in life and why?
5. How will you improve your thinking or other skills?



# **DRILL**

## **DETAILING MY THINKING**

1. Spend at least 5 minutes thinking about nothing except the most important thing in your life, then write down what you thought about. Describe it in detail.

# **DRILL**

## **MY CERTAIN CHANGES**

1. Write at least one paragraph for each of the following and explain the positive and negatives of each:
  - a. How you think of yourself and why?
  - b. How you think of your future and why?
  - c. How you think of the world and why?
2. Write three ways you will facilitate change in yourself for the better over the next 6 months.

# **DRILL**

## **UNDERSTANDING MY THOUGHTS & CHANGES**

1. How good are you at controlling your thoughts?
2. How can and will you improve your ability to control your thoughts?
3. Do you agree that as a person thinks so will he/she be, and why?
4. What are the negative effects of not taking your thoughts captive?
5. How can you help others with positive change in their lives?
6. How do you feel about going through continual change?
7. What is the greatest change in your life that you have experienced?
8. Is there any area of your life in which you are resisting change and if so why?
9. Which area of your life do you feel you want and need to change the most and why?
10. Who do you feel in your life best exemplifies someone who is open to positive change and why do you think so?



# **Lesson 3 Worksheets**

## **MY PERSONAL CODE**

# **DRILL/HOMEWORK MY PERSONAL CODE**

1. In the space below write out your own personal code and why you have chosen it.

2. When you have finished, share it with at least 3 people you trust to give you honest answers. Ask them how well they believe you are living that code and any suggestions they may have on how you can improve on it and record their input below.

# **DRILL**

## **UNDERSTANDING MY PERSONAL CODE**

1. How and when have I exemplified Humility in my life?
2. Is Humility a major part of my lifestyle and if so how can I prove it? If not, what will I do about it?
3. Who is the best example of a truly humble person in my life and why do I think so?
4. How and when have I exemplified Integrity in my life?
5. Is Integrity a major part of my lifestyle and if so how can I prove it? If not, what will I do about it?
6. Who is the best example of a true person of integrity in my life and why do I think so?
7. How and when have I exemplified servanthood in my life?
8. Is servanthood a major part of my lifestyle and if so how can I prove it? If not, what will I do about it?
9. Who is the best example of a truly servant hearted in my life and why do I think so?
10. What is the most important aspect of my character – my personal code – to me and why?

# **DRILL**

## **10 STEPS TO A GOOD REPUTATION**

1. Do what you say
2. Constantly help others
3. Make others look good
4. Do more than is asked of you
5. Look the part
6. Understand body language
7. Active in community
8. Be kind and likable.
9. Be honest always
10. Be consistent in all you do and say



# **Lesson 4 Worksheets**

## **WHAT'S IN MY BAG?**



# DRILL

## MY SPECIFIC GIFTS

Place a check [✓] mark by the gifts you operate in most and an 'x' by those you operate in occasionally. Be sure to add any to the lists below you can think of. Add any gifts you have that aren't listed.

<b>I. <u>Physical</u></b> <div style="text-align: right; margin-right: 20px;"><b><u>How</u></b></div> <div style="margin-top: 10px;">             Art              Music              Voice              Dance              Athletics              Mechanics              Horsemanship              Farming              Sewing/knitting arts              Sculpture         </div>	<b>II. <u>Intellectual/Conceptual</u></b> <div style="text-align: right; margin-right: 20px;"><b><u>How</u></b></div> <div style="margin-top: 10px;">             Math              Writing              Computers              Science              Planning              Designing              Persuading              Organizing         </div>
<b>III. <u>Motivational</u></b> <div style="text-align: right; margin-right: 20px;"><b><u>How</u></b></div> <div style="margin-top: 10px;">             Teach              Give              Assist              Lead              Serve              Administrate              Encourage              Mercy         </div>	<b>IV. <u>Spiritual</u></b> <div style="text-align: right; margin-right: 20px;"><b><u>How</u></b></div> <div style="margin-top: 10px;">             Teaching              Prayer         </div>

# DRILL

## WAYS TO USE MY GIFTS

Circle the opportunities that appeal to you most. Put a check mark [✓] by those that you feel could most use your help. Set a date by which you will do each.

<b>I.</b>	<b><u>In My Community</u></b>	<b><u>Specific Details</u></b>	<b><u>Due Date</u></b>
	EXAMPLE: Schools	Teachers aide/ Tutor	January 10, 2019
	Schools		
	Nursing homes		
	Prisons		
	Juvenile centers		
	Environmental		
 <b>II.</b>	<b>People</b>		
	Neighbors		
	Relatives		
	Homeless		
	Big Brother/Sister		
 <b>III.</b>	<b>Upcoming Events</b>		
	Fundraising		
	On site work		
	Production		
 <b>IV.</b>	<b>My Church/Faith Fellowship</b>		
	Volunteer work		
	Teaching		
	Nursery		
	Prayer mtgs.		
	Maintenance		
 <b>V.</b>	<b>Other</b>		
	Missions trips		
	Inner city		
	Shut-ins		

# DRILL

## MY SKILLS

In the space below write any skills you have acquired. Examples: guitarist, carpentry, dance, mechanics, writing, singing, art, etc.

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.
- 11.
- 12.
- 13.
- 14.
- 15.
- 16.
- 17.
- 18.
- 19.
- 20.
- 21.
- 22.

# **DRILL**

## **UNDERSTANDING MY SKILLS**

1. How can/will I improve any gift or skill I possess?
2. Who can help me improve those gifts & skills?
3. How can I shorten the time it takes me to develop a gift into a skill?
4. How will improving my skills positively change my life?
5. Who else will be positively affected by my gift/skill improvement?
6. What will be the negative affects if I don't develop my gifts and improve my skills?

# **HOMEWORK**

## **WHAT OTHERS SAY**

Ask at least 3 people who know you well what they think are your most prominent gifts and where you might use those gifts. Write their answers in the space below.

**Physical**

**How Best Used**

**Intellectual**

**Spiritual**

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