# **Provizion ENERGY Product Overview**

### Overview

Provizion ENERGY is a Peak-Performance Concentrated Drink, with a proprietary blend of 24 complimentary ingredients. Through its ATP Energy Blend, its GSH BioBlend, and its Focus Blend of ingredients it gives your body the needed materials to create its own clean, cellular energy. It also increases your Glutathione stores and supplies greater mental clarity. This will help reduce Oxidative Stress and promote vibrant health, which in turn supports longevity.

# Why Provizion ENERGY

To provide your body with the difficult-to-source nutrients you need to optimally generate fuel and energy at the cellular level. It also provides your cells with the nutritional components to more effectively protect against free-radical damage and support detoxification throughout your body. We believe that regular use of this product, especially when taken in concert with Provizion's GSH, will result in improved vitality, mood, energy, and support for your overall health and well-being.

## The Benefits of Provizion ENERGY

Provizion ENERGY supports the body's production of ENERGY in multiple ways:

- It helps your body convert food into energy and thereby restores youthful vitality so you feel less fatigued by your day-to-day activities.
- 2. It neutralizes free radicals -- Provizion ENERGY provides two forms of bioavailable Glutathione along with precursors, co-factors, and other nutrients to assist your body in the production of glutathione – helping you to neutralize any free radicals created during ATP production – or your dailylife.
- It fuels ATP Production -- by providing the nutrients required for ATP production within our cells' energy producing engines called mitochondria.
- 4. It helps to maximize the **absorption and utilization** of ingredients through its Nano-sized nutrient formula.

# **ATP Energy Blend**

ATP (cellular energy) is produced in the Mitochondria – our cell's power plants. It is crucial to proper cellular function. As we grow older, our cells produce less and less ATP, making our cells less effective in their respective functions and processes. Our proprietary ATP Energy Blend supports your body's **optimal ATP production**, maintaining a much more youthful level of energy and cellular function.

#### GSH BioBlend

Glutathione provides the critical elements needed for proper release of ATP energy as well as working with the other nutrients in support of optimal ATP production. This helps ensure that your body is able to **effectively metabolize energy** from all sources and for much longer periods of time. Most importantly, the GSH BioBlend provides **antioxidants** to help protect your body from the damaging ravages of free radicals. It also helps **support your digestive tract** to maximize your body's ability to absorb and utilize the nutrients in Provizion ENERGY.

# **Focus Blend**

Focus Blend supplies highly-potent adaptogens, capable of supporting your body and mind to **cope with** the broad array of physical, mental, and emotional **stressors** we all confront in our daily lives.



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Manufactured in a facility that is: <u>cGMP compliant</u>; <u>NSF certified</u>; <u>FDA registered</u>.

# Synergistic Ingredients

Provizion.com/Energy

#### 1. Vitamin C

This is a powerful antioxidant that supports a healthy immune system, and is a chief assistant to the activity of GSH in stopping free radical activity in our cells. Vitamin C also is used in the regeneration of vitamin E, which allows E to prolong its positive effects. C must be replenished from our food and supplements.

#### 2. Niacin - Vitamin B-3

Niacin's most important role in the body is the formation of NAD and NADP which assist the processing of food for energy. It also operates as an antioxidant, helps with cell signaling, and supports healthy DNA structure.

#### 3. Vitamin B-12

B-12 is a nutrient that is required for proper red blood cell formation, healthy brain function, and DNA synthesis.

## 4. Vitamin B-6

B6 plays an important role in the body. It is needed to maintain the health of nerves, skin, and red blood cells. It also serves as a coenzyme catalyzing more than 150 enzymes supporting a healthy metabolism and synthesis of proteins, carbohydrates, lipids, and important bioactive metabolites.

#### 5. Vitamin K2

K2 plays a critical role in helping our blood to clot, as well as supporting heart and bone health.

# 6. Vitamin D3

D3 helps cells absorb essential nutrients for strong bones as well as supports the immune system and general health.

# **ATP Energy Blend Contains**

## 7. Acetyl L-Carnitine

Acetyl-L-carnitine is made from L-carnitine in the body. L-carnitine and acetyl-L-carnitine are used to help the body turn fat into energy, and may support mental clarity and reduce nerve agitation.

## 8. D-Ribose

D-Ribose is a simple carbohydrate that our bodies make. It has a Key role in generating the cellular energy molecule Adenosine Triphosphate (ATP). It's a natural part of DNA and RNA and supports our genetic code. D-Ribose may also stabilize caffeine metabolism.

<sup>\*</sup>Everyone's individual environments, stress levels, diets, sleep cycles, and exercise routines will have an effect on how much and how quickly they experience results.

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#### 9. Potassium Carbonate

Potassium carbonate is one of the most used carbonates in the food industry. It is a mineral supplement used to support healthy amounts of potassium in the blood. A normal level of potassium in the blood is important for the proper function of your cells, kidneys, heart, muscles, and nerves.

#### 10. Green Tea Extract

Green tea contains polyphenols, caffeine, antioxidants, and flavonoids. It has been shown to help fight free radicals to reduce the occurrence of oxidative stress and can promote general wellness.

#### 11. Green Coffee Bean Extract

Offers antioxidant benefits, supports a healthy inflammatory response, can improve energy and mood, and a high daily dose contains no more than about 20% of the caffeine content of a strong cup of coffee.

#### 12. DiCaffeine Malate

Helps boost energy levels, stimulate metabolism, and improve focus. It offers many of the same benefits of caffeine while being easy to digest.

### 13. Synephrine HCL

An alkaloid compound found naturally in plants that has been shown to improve the body's metabolism, increase energy levels, and enhance the process of thermogenesis through which the excess fats in the body are broken down.

### 14. Phosphoric Acid

Occurs naturally in many fruits. Mitochondria are tiny cylindrical objects in the cells sometimes referred to as "power plants." Mitochondria contain enzymes that combine adenosine diphosphate (ADP) with one more phosphoric acid molecule to form ATP which is then converted into our energy. Phosphoric acid also adjusts PH balance and acts as a preservative in sweetened liquids.

## 15. Magnesium Citrate

An electrolyte that's particularly important for the muscles and nerve cells, magnesium citrate may provide benefits like enhancing relaxation, increasing sleep quality, and helping with stress by promoting calmness. This calming effect may also help fight stress induced muscle spasms, aches and discomfort by helping contracted muscles relax

# **GSH BioBlend Includes:**

# 16. Bioavailable L-Glutathione

A powerful antioxidant that's made in all of the body's cells. Its levels can decrease as a result of aging, stress, and exposure to toxins and pollutants. Maintaining healthy levels of this glutathione provides support against oxidative stress which in turn has been associated with broad researched health benefits.

#### 17. Superoxide Dismutase (SOD)

SOD is an antioxidant enzyme. Every cell contains SOD as part of the body's antioxidant defense system. It is vital for reduction of oxidative stress. Studies show improvements in physical and mental fatigue, forms of perceived stress, and a contribution to overall quality of life.

# 18. Organic Aloe Vera Powder (Inner Leaf) - Acemannan

The gel within the leaf of the Aloe Vera plant contains over 200 compounds and an arsenal of phytonutrients with antioxidant properties. Its primary effect is that of causing an immediate and profound cellular defense response. Provizion GSH uses a proprietary derivative of aloe gel which contains polymannose, a unique polysaccharide. Aloe Vera (from organic inner-leaf gel) also helps promote a healthy digestive system.

#### 19. L-Cysteine

L-cysteine is a non-essential amino acid and thus is one of the building blocks required for the synthesis of proteins. It is a precursor for the production of glutathione by our cells, and thereby supports the antioxidant qualities of detoxification and neutralization of free radicals. It helps support lung and brain function, and promotes liver health.

## 20. Bioavailable S-Acetyl-Glutathione (SAG)

Though GSH has been known for many decades, the vast majority of glutathione supplements are never absorbed by the blood or our cells. This is because the fragile GSH molecules are broken down in the digestive system. Our SAG and L-glutathione are processed to flow through the digestive system and into the blood.

### **Focus Blend Includes**

#### 21. Beta Phenylethylamine HCL (PEA)

An organic compound, PEA acts as a central nervous system stimulant that seems to have the unique ability to increase the activity of major neurotransmitters, improve healthy energy levels, enhance focus, and support emotional well-being by promoting a positive mood.

# 22. Eleuthero Root Extract (Siberian Ginseng)

Siberian Ginseng promotes mental energy and helps to reduce fatigue, thereby supporting mental focus and performance and the body's ability to manage physical and mental stress.

#### 23. L-Theanine

Studies have suggested that L-theanine could support healthy immune response and have a calming effect on the brain, thereby helping the body manage stress, improve mood, and may also benefit sleep quality.

### 24. Quercetin Dihydrate

Quercetin is a polyphenol derived from plants that supports a healthy immune system, and promotes a normal inflammatory response in the body. Quercetin also has antioxidant capabilities. This Dihydrate form of Quercetin has the highest bioavailability. Therefore, you can receive more absorption while taking less of the supplement which means more health benefits. Furthermore, the powder form provides a greater concentration and is easier to digest.

### 25. Korean Red Ginseng Extract

Filled with vitamins, amino acids, essential oils, natural enzymes and natural minerals, it has been shown to be beneficial in promoting calmness and clarity. It may also support the body's natural immune system and increase concentration.

### Recommended Usage

Take 1 or more ampules daily as desired.

## **Directions**

TEAR, SWISH, & SWALLOW. Drink directly from the sachet or mix with water. Can be taken with or without food. Swish for 1-3 minutes for best absorption.

### Niacin Flush

Some people may notice a prickly or hot feeling like a flush in their face or neck area. This is caused by the niacin (B3) in the product and is a *good* thing in that its opening up capillaries and delivering nutrients to the cells. It usually lasts for just a few minutes, but occasionally longer.

## Warning

Keep out of reach of children. Consult your healthcare provider before taking if you are pregnant or nursing, or if you experience an adverse reaction.

# References

Click the live, blue links to see available PubMed.gov research on each ingredient.