

Let's look at the unique formula and effects of Provision ENERGY.

There are 25 synergistic ingredients that come in three separate nutritional ingredient blends.

- 1. **The Cellular Energy Blend** supports ATP production, which is the energy source of your cells.
- 2. **The GSH Bio Blend** helps to metabolize energy. It provides antioxidants and supports digestion.
- 3. **The Focus Blend** helps you cope with physical and mental stressors and it supports mental clarity.

Provizion ENERGY will give you sustained energy for about six to eight hours with no crash, no jitters, no buzzed feeling. It's just energy on demand - when you need it, it's there. This is because of the nanotechnology that allows for faster absorption. It goes directly into your bloodstream and delivers more nutrients straight to the cells to create more natural energy.

Physically - you want to look for improvements in stamina and strength.

Mentally - you want to look for improved clarity and concentration.

Now let's look at how to use Provizion ENERGY.

- **1.** Remove the top strip above the resealable part of the zip satchel.
- 2. Pull on the front and back of the satchel just below the seal to open it.
- 3. Remove one of the 20 sachets.
- **4.** Be sure to take hold of the end of the sachet with the perforation and tear it open.
- **5.** Use the ENERGY liquid in any of these ways:
 - a. Straight to mouth, pinching and sliding the liquid along the inside of sachet into your mouth or by rolling the sachet up from the opposite end, then swish it around in your mouth for about 1-3 minutes and swallow.
 - b. You can also put the liquid into a cup or glass with a small portion of water and then swish and swallow as you like until you have finished.
 - c. And you can put it into a larger container of water to sip, swish, and swallow for as long as you wish throughout the day.

We suggest that you take Provizion ENERGY in the morning so that you have sustained energy all day long.

Next, I want to share with you a little known and quite healthy phenomenon called **niacin flush**. This is not experienced by everyone who uses ENERGY, but it can happen and you

need to have the information so you know what to expect and why it happens. **Niacin is the B3 vitamin** and helps open up your capillaries, which allows more blood to flow to your cells. This can create a warmth and sometimes a prickly feeling, or even redness in your face or upper body, thus the flush. **This is a good thing** as more oxygen and other nutrients are getting into your cells, The flush usually only lasts for a few minutes but can last up to an hour.

Provision ENERGY is a powerful nutritional delivery system unlike anything on the market today. If you need to **stay alert** on the job or **physically energized** through your day, you'll love this product. It's simple to use and your natural energy lasts for up to eight hours.