Pre-retirement Sessions 2022-2023

Do you know what your normal retirement age is and what factors into determining when you can retire? Do stipends count when determining your pension amount? What medical plan is best for you if you want to live or to travel outside of Maine? When should I submit my paperwork to retire?

MEA-Retired and MEA sponsor retirement sessions for individuals considering retirement this year or within five years. A presenter from the MEABenefits Trust discusses medical plans, reviews paperwork and provides rate information. The MEPERS representative covers information on how to calculate your pension amount and pinpoints when you can retire, along with other details pertinent to making any decisions. Horace Mann agents summarize GPO and WEP and the impact on pensions. "Getting Ready to Retire" documents are reviewed by members of the MEA-Retired Pre-retirement Committee who also host the Zoom meetings.

All meetings are held through Zoom, beginning at 5:00 P.M. until 6:15 P.M. on two consecutive evenings. Questions are posed in the chat room and submitted to each presenter for a response during each presentation. Generic questions are encouraged and individual situations can be addressed through email or phone calls to the respective presenters.

Registration opens two weeks in advance of the sessions. Materials used in each presentation and the Zoom link are sent to MEA members in advance. Members should be prepared to attend both evening sessions.

Dates for 2022-2023 are listed below.

Fall Session 1: Tuesday, October 18. MEA Benefits Trust and GPO/WEP
Wednesday, October 19 MEPERS

Fall Session 2: Tuesday, October 25 MEA Benefits Trust and GPO/WEP
Wednesday, October 26 MEPERS

Spring Session 3: Tuesday, January 10 MEA Benefits Trust and GPO/WEP
Wednesday, January 11 MEPERS

Spring Session 4: Tuesday, January 17 MEA Benefits Trust and GPO/WEP
Wednesday, January 18 MEPERS

Spring Session 5: Tuesday, February 7 MEA Benefits Trust and GPO/WEP
Wednesday, February 8 MEPERS

Spring Session 6: Tuesday, March 7 MEA Benefits Trust and GPO/WEP
Wednesday, March 8 MEPERS