

MEA-Retired Community Participation Committee  
Volunteer Hours and Physical Activity Hours Tally Sheet



Name: \_\_\_\_\_

Affiliate: \_\_\_\_\_

Please record the number of hours you volunteer and/or participate in physical activities each month below. Volunteer and physical activity programs run from *April 1 thru March 31*.

Volunteer Hours April 1-March 31

April _____	October _____
May _____	November _____
June _____	December _____
July _____	January _____
August _____	February _____
September _____	March _____

Total Volunteer Hours \_\_\_\_\_

Physical Activity Hours April 1-March 31

April _____	October _____
May _____	November _____
June _____	December _____
July _____	January _____
August _____	February _____
September _____	March _____

Total Physical Activity Hours \_\_\_\_\_

Please report your total volunteer hours and/or your total physical activity hours to your affiliate President or Chair by April 15.

Affiliate Presidents or Chairs will submit the name of the member with the most hours volunteering and the name of the member with the most hours of physical activity by April 20 to the Chair of the Community Participation Committee. These members will be recognized at the annual meeting in May.

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