## Future with Hope Women

## DISCUSSION TABLE TOPICS

## Morning

1
Our Lady Undoer of Knots - Our Lady intercedes for us to help us with our difficulties just as she did at the Wedding Feast of Cana. How do we deal with the knots in our lives? How can our faith help us?

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Our Lady of Good Counsel - Do we ask for help to find our way when we have a decision to make? How do we know God's will for us?

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## 5

Our Lady of Victory - Mary is the mother of Christ who is victorious over sin and death. How do we learn to recognize and celebrate our victories, big and small?

## 6

Mother of Sorrows - Mary shared in her Son's passion and stood at the foot of His cross. How does staying close to God help us in our sadness and loss?

Cause of Our Joy - Jesus resurrected is the source of true joy and Mary brings His joy to us. What is joy? How can our lives bring joy to a sometimes stressful world? How do we maintain our joy in the midst of difficulties?

8
Mother of God - At the wedding feast at Cana, Mary said, "Do whatever He tells you." What helps us clear out the noise to listen to the Word of God? What happens when we forget to listen?

9
Mother of the Church - Mary and Joseph found young Jesus in the Temple after having lost him for three days. What has helped us reconnect with God when we feel we have lost Him?

10
Our Lady of the Annunciation - The Archangel said to Mary: "Do not be afraid Mary, for you have found favor with God." Are we able to trust God's plan in frightening or uncertain situations?

11
Our Lady of the Visitation - Elizabeth to Mary, "At the sound of your voice, the child leapt for joy in my womb." How can our presence bring Jesus to all our relationships, especially difficult ones?

## Afternoon

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7
Mother of Mercy - Our Life, our Sweetness and our Hope. Do we turn to Mary as our model of strength when our strength has run out?

Mother of Grace - By the power of the Holy Spirit, Mary dispenses God's graces to us and our families. How can we raise faith-filled families?

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Our Lady of the Assumption - Mary was assumed body and soul to Heaven. Do we struggle with our relationship with our body? How do we treat our bodies respectfully as temples of the Holy Spirit?

