METHOD & MODA

CURATED Shopping Guide



A personalized edit, selected for your style.
Designed to work with your wardrobe.

PREPARED FOR STEPHANIE Z.

OVERVIEW

Your shopping guide brings together pieces selected for your personal style, lifestyle, budget, and the wardrobe you already own. Each recommendation has a purpose—whether it fills a gap, gives a favorite piece new possibilities, or helps bring an outfit together.

Think of this as a plan you can build on at your own pace. You don't need to purchase everything to make meaningful changes.

01 — PURCHASE INTENTIONALLY

Start with the pieces that will make the biggest difference in your everyday wardrobe. Consider what you reach for often, where you get stuck getting dressed, and which additions could help you wear more of what you already have.

02 — THINK IN COMBINATIONS

As you explore each recommendation, picture the outfits it could become. A versatile foundation can support a colorful favorite; a different shoe or layer can change the feel of an entire look. Look for connections across the guide and within your own closet.

03 — TRY SOMETHING NEW

A few recommendations may be outside your usual style. Try pairing them with familiar favorites to see how they feel. Keep what makes you feel comfortable, confident, and like yourself.

PUTTING YOUR GUIDE TO WORK

Use the shopping links to explore each item, along with the fit and styling notes provided. Check retailers' size guides and return policies before ordering. When pieces arrive, try them with a few things you already own—and take photos of combinations you love.

Prices and availability can change. Your guide includes one round of substitutions for recommendations you dislike or that sell out, so make a note of any items you'd like to revisit.

Note: as an Amazon affiliate, I earn from qualifying purchases.

THE GOAL

Thoughtful additions that open up more possibilities every time you get dressed.



01 / MAISON STRAVER

Women's Sleeveless Wide Leg Jumpsuit Casual Fit

Suggested Size: 16 Color: Navy Celestial

WHY IT WORKS

Elegant one-piece, pairs easily with sandals for a more casual look, blazers or cardigans for a layered more polished look.

WEAR WITH

Grey heels below, current nude sandals, pink blazer or a monochrome look with the navy blazer below and accents of bright jewelry or a scarf (long necklace, vibrant colors)

Shop at Maison Starver



02 / White House Black Market

Short Sleeve Jettsetter Tee

Suggested Size: L-XL Color: Bering Sea

WHY IT WORKS

This shirt has a nice drape and color that I think will pair well with a lot of your current clothes and will tuck easily, to give you that longer leg line.

WEAR WITH

Navy Athleta trousers below, a midi skirt, jeans - everything!

Shop at White House Black Market



03 / ATHLETA

Pinnacle High Rise Trouser

Suggested Size: 16 Color: Navy + Celestial Blue

WHY IT WORKS

Elegant one-piece, pairs easily with sandals for a more casual look, blazers or cardigans for a layered more polished look.

WEAR WITH

Grey heels below or your existing nude strappy sandals, your pink blazer or a monochrome look with the navy blazer below and accents of bright jewelry or a scarf (think long necklace, vibrant colors).

Shop at Athleta



04 / QUINCE

Cotton Modal Crew Neck Swing Tee

Suggested Size: L-XL Color: White

WHY IT WORKS

Simple, classic, smooth white tee. A staple that you can easily pair with many items and easily tuck.

WEAR WITH

Everything! Will be a perfect staple underneath your button-up shirts, or under a blazer for a more professional occasion.

Shop at Quince



05 / Amazon

Women's Oversized-Fit Cropped Cotton Stretch Poplin Button-Down Shirt

Suggested Size: XL Color: Blue

WHY IT WORKS

Great color that will be easy to wear casually, with a tank underneath and sleeves rolled, or more buttoned-up with with dress pants or skirts.

WEAR WITH

Jeans and a white tank - sleeves rolled up loosely (remember rule of thirds!) and unbuttoned, with chunky heeled sandals; or buttoned up as a primary layer with dress pants or skirts.

Shop at Amazon (paid link)



06 / ATHLETA

Draped Matte Cowl Neck Tank

Suggested Size: XL Color Cabernet Red

WHY IT WORKS

Elegant top with a nice drape that will pair beautifully with your existing trousers, jeans, and the Athleta wide leg trousers above.

WEAR WITH

Navy Athleta trousers above and grey heels below, consider adding your pink blazer for a nice third layer. Would also pair beautifully for a date night with a pair of dark jeans and your nude chunky heels.

Shop at Quince