

*The Worship Shelf*

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BIB

# SURRENDER

31-DAY  
ROOTED  
READING

# WELCOME TO THE ROOTED READING CHALLENGE!

Surrender is hard because it asks us to loosen our grip on what feels familiar and safe. It invites us to trust beyond what we understand, to lay down our fears, our hopes, and even our expectations at God's feet.

This challenge encourages you to surrender through daily scripture readings. Take the time to calm your heart, let go of your burdens, and strengthen your trust in God.

**ALLOW GOD TO GUIDE YOUR JOURNEY.**



## HOW TO USE THIS GUIDE

- Read and reflect on the daily focus.
- Expand on your thoughts and dig deeper into the day's scripture.
- Pray through the guided prayer.

**STUDY. SOAK. SURRENDER.**

## WHAT YOU'LL NEED

An open heart, ready to surrender



# Letting Go to Let God In

## DAY 1

*"Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time: Casting all your care upon him; for he careth for you."*

*I Peter 5:6-7 KJV*

Surrender isn't a weakness—it's an act of faith.

When we let go, God replaces our control with His peace and power. In releasing our burdens, we gain true strength, supported by the assurance that we aren't alone. Embracing surrender opens us to new possibilities, guided by the unwavering love and wisdom of a God that is greater than anything we are holding tight to.

Trusting in this journey reveals that faith is about openness and growth, not having all the answers.

### JOURNAL

What do you need to let go of today?

### PRAYER

Lord, I let go of my need to control and invite You into the space I've been holding.

### TRUTH TO CARRY

Surrender is the starting point of peace.

# The Beauty of Empty Hands

## DAY 2

*"Blessed are the poor in spirit: for theirs is the kingdom of heaven."*

*Matthew 5:3 KJV*

God isn't looking for perfection - He's drawn to need. Coming to Him with empty hands, allows Him to fill you with what only He can provide.

The beauty of surrender is in acknowledging our limitations so we make room for His strength. When we release our burdens and lay down our pride, we create a sacred space for grace to enter.

Embrace the simplicity of trust, and watch as the seeds of faith blossom into a life filled with purpose and joy.

### JOURNAL

Where are you still trying to prove yourself?

### PRAYER

Lord, I lay down the weight of self-dependence and pick up Your strength. Teach me to strive lawfully— with grace.

### TRUTH TO CARRY

Blessed are the empty - God is ready to fill.



# When Surrender Feels Like Silence

**DAY 3**

*"It is good that a man should both hope and quietly wait for the salvation of the LORD."*

*Lamentations 3:26 KJV*

Sometimes we surrender and expect immediate answers. But God often works in silence.

Don't confuse quiet for absence—He is near, even now. In the stillness, He is nurturing our faith and patience. This silence is an invitation to pause, reflect, and grow.

It's in these moments that we learn to trust His timing and His wisdom, embracing the journey rather than rushing towards the destination. There is strength in the waiting room.

## **JOURNAL**

How do you respond when you feel God is silent?

## **PRAYER**

God, I will wait quietly for You, trusting that You are still at work.

## **TRUTH TO CARRY**

Stillness is sacred space for God to move.

# Surrendering the Outcome

## DAY 4

*"Commit thy way unto the LORD; trust also in him; and he shall bring it to pass."*

*Psalm 37:5 KJV*

It's one thing to surrender your plans. It's another to surrender the outcome. True trust in God means letting go of how we think things should unfold. Often, we hold tightly to our visions of the future, believing that our understanding is the best pathway forward. Yet, in surrendering the outcome, we open ourselves to the wondrous possibilities.

It invites us to live in the present moment, finding joy and gratitude in the journey itself, rather than being solely focused on the destination.

### JOURNAL

What outcome are you holding to tightly?

### PRAYER

Lord, I trust you not only with my path - but with the result.

### TRUTH TO CARRY

God's outcome will ALWAYS be better than mine.

# Release the Weight

**DAY 5**

*"Come unto me, all ye that labour and are heavy laden, and I will give you rest."*

*Matthew 11:28 KJV*

## **God invites the weary—not the perfect.**

He doesn't wait for you to have it all together before He welcomes you into His presence. In fact, it's your weakness, your weariness, and your honest need that draws Him near. Some burdens feel unbearable, not because you're weak, but because they were never meant for you to carry in the first place. You've been praying for rest, but real rest doesn't come from a lighter to-do list—it comes from a lighter soul.

The rest your spirit craves is found in surrender. Not in giving up, but in giving over. Lay it down. The expectations. The anxiety. The need to prove yourself. He is strong enough to carry it, and gentle enough to carry you. Let Him.

## **JOURNAL**

What burden have you been carrying alone?

## **PRAYER**

Lord, I hand you this weight. Fill me with rest instead of worry.

## **TRUTH TO CARRY**

You weren't meant to carry it all.

# Obedience is Surrender in Action

## DAY 6

*"If ye love me, keep my commandments."*

*John 14:15 KJV*

Surrender isn't passive. It's not sitting still with hands raised while hoping things change. True surrender is active—it shows up in obedience.

Obedience is how we say with our lives, "God, I trust You more than I trust myself." It's not always easy. Sometimes obedience means moving forward without all the answers. Sometimes it means letting go when everything in you wants to hold on. But every step of obedience is a step closer to God's heart.

Surrender isn't about losing control—it's about choosing to give it to the One who never fails. It's waking up and saying, "Yes, Lord," even when your feelings say "no." It's forgiving, showing up, giving, waiting, trusting—again and again.

### JOURNAL

What's one step of obedience I've been delaying?

### PRAYER

Lord, help me to obey quickly, joyfully, and completely.

### TRUTH TO CARRY

Obedience is the evidence of surrender.  
Surrender is the doorway to peace.



# Staying Surrendered

**DAY 7**

*"I protest by your rejoicing which I have in Christ Jesus our Lord, I die daily."*

*I Corinthians 15:31 KJV*

Surrender isn't a one-time decision—it's a daily choice. Each morning is another chance to lay it all down. In this verse, Paul is emphasizing the daily cost and commitment of following Christ.

When he says, "I die daily," he is not speaking of physical death, but of a daily surrender and sacrifice—putting to death his own desires, ego, and will in order to live fully for Christ. It reflects a life of continual self-denial, which is necessary for true discipleship.

## **JOURNAL**

What does daily surrender look like for you?

## **PRAYER**

Father, help me to choose surrender again today.

## **TRUTH TO CARRY**

Daily Surrender = Daily Strength

# Let God Define You

**DAY 8**

*"Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new."*

*2 Corinthians 5:17 KJV*

The world wants to label you by your past. But God sees you through the lens of your future in Him.

Embracing this perspective allows you to step into your true identity, unburdened by past mistakes or failures. In His eyes, your potential is limitless, and your worth is immeasurable. Every day is an opportunity to grow.

By aligning with His vision for your life, you can find peace and purpose in the journey, knowing that you are continuously being renewed and transformed in His presence.

## **JOURNAL**

What labels or lies do you need to surrender?

## **PRAYER**

God, I release false identities and choose Your truth.

## **TRUTH TO CARRY**

You are who God says you are.

# Trading Anxiety for Assurance

**DAY 9**

*"Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus."*  
*Philippians 4:6-7 KJV*

Worry is a weight we can surrender in prayer. God's peace isn't just possible—it's promised.

When our minds race with the "what ifs" and "what nows," it's easy to believe that worry is just part of life. But worry was never meant to be a resting place for the believer. It's a signal—not a sentence. A reminder to bring our burdens to the One who already knows the end from the beginning. Philippians 4:6-7 isn't a suggestion—it's an invitation. God's peace doesn't come after the problem is solved. It comes in the middle of the storm, when we choose to trust instead of panic, to pray instead of overthink.

## JOURNAL

Where have you let anxiety lead instead of peace?

## PRAYER

Father, in the name of Jesus I give You my anxiety. Replace it with peace.

## TRUTH TO CARRY

Peace will follow surrender – it's a promise.

# When Surrender Looks Like Silence

**DAY 10**

*"For thus saith the Lord GOD, the Holy One of Israel; In returning and rest shall ye be saved; in quietness and in confidence shall be your strength: and ye would not."*

*Isaiah 30:15 KJV*

God works in the quiet.

Rest and trust are not wasted—they're weapons in spiritual surrender.

When we stop striving and start trusting, we make space for God to move. The silence we often fear is not a sign of absence, but an invitation to BE STILL — and let our faith grow deeper roots. Rest isn't weakness. Trust isn't passivity. Both are powerful acts of worship that say, "God, I believe You're working even when I can't see it."

In spiritual surrender, our stillness becomes a statement: I don't have to fix this—He's already fighting for me.

## **JOURNAL**

How is God asking you to rest and wait?

## **PRAYER**

Lord, teach me to trust You in the stillness.

## **TRUTH TO CARRY**

Stillness is the companion of surrender.



# Letting Go of the Past

**DAY 11**

*"Remember ye not the former things, neither consider the things of old. Behold, I will do a new thing; now it shall spring forth; shall ye not know it? I will even make a way in the wilderness, and drivers in the desert."*

*Isaiah 43:18-19 KJV*

You can't step into the new while gripping the old. Surrender opens the door to new things.

God can't fill hands that are already full. Sometimes the breakthrough you're waiting for requires a release—of control, of fear, of what once was. The familiar may feel safe, but it can also keep you stuck. Surrender isn't just about letting go—it's about making room.

Letting go of the old isn't loss—it's preparation. It's trust in motion. Because what God has ahead is always greater than what He's asking you to leave behind.

## JOURNAL

What memory or regret do you need to release?

## PRAYER

God, I give You my past. Make something new in me.

## TRUTH TO CARRY

Your past does not define your future.

# Surrendering Fear

**DAY 12**

*"For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind."*

*2 Timothy 1:7 KJV*

Fear can paralyze.

Faith moves us forward.

God has already given us the Spirit we need to overcome.

Fear whispers "what if," while faith declares "even if." Fear keeps us stuck in cycles of hesitation, but faith takes the next step—knowing God goes before us. We don't have to muster up courage on our own. 2 Timothy 1:7 reminds us: "For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind."

You already carry what you need to walk boldly. The Spirit of God within you is greater than the fear around you. So breathe, believe, and move forward. Victory starts with a step.

## **JOURNAL**

What fear do you need to surrender today?

## **PRAYER**

Lord, replace my fear with faith and boldness.

**TRUTH TO CARRY**

FAITH > FEAR

# Giving God Your Timeline

## DAY 13

*"He hath made every thing beautiful  
in his time: also he hath set the world  
in their heart, so that no man can  
find out the work that God maketh  
from the beginning to the end."*

*Ecclesiastes 3:11 KJV*

God works outside your schedule. Trusting His timing is one of the deepest forms of surrender.

We often want God to move according to our timelines, our plans, our expectations. But He's not rushed, and He's never late. Waiting on Him isn't a delay—it's a divine invitation to trust.

Surrendering to God's timing means letting go of the pressure to make things happen on our own.

His delays aren't denials. They're preparations. And every moment of waiting in faith is working something eternal in you.

### JOURNAL

Where have you been  
impatient with God's  
process?

### PRAYER

Father, I surrender the clock  
and the calendar to You.

### TRUTH TO CARRY

His timing is perfect – because He stands outside of time.

# Worship as Surrender

**DAY 14**

*"I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service."*

*Romans 12:1 KJV*

Worship isn't just music—it's giving your whole self to God. Surrender becomes sacred when it's offered in worship.

True worship goes beyond lyrics and melodies. It's found in the quiet "yes" when no one's watching, in the daily choices to trust, obey, and yield. Worship is a posture of the heart—a life laid down in reverence and love.

When we surrender in worship, we're not just giving things up—we're giving them to God. Our dreams, our doubts, our desires—they all become offerings at His feet. And in that place, surrender transforms into something holy.

That's the power of worship: it turns sacrifice into intimacy, and surrender into strength.

## **JOURNAL**

How can I offer my life as worship today?

## **PRAYER**

God, I give You my day as an offering of worship?

## **TRUTH TO CARRY**

True worship starts with surrender.



# THE SURRENDER

## COUNTINUING THE JOURNEY



Day	Focus	Scripture	Journal Prompt	Prayer Prompt
Day 15	Letting Go of Comparison	Galatians 6:4 KJV	How has comparing myself to others hindered my joy and purpose?	Lord, help me fix my eyes on You - not others.
Day 16	Surrendering Pride	Proverbs 16:18 KJV	Where is pride quietly leading my decisions or reactions?	Create in me a humble spirit, O God.
Day 17	Releasing Insecurities	Psalms 139:14 KJV	What lie am I believing about my worth?	Lord, remind me I am fearfully and wonderfully made.
Day 18	Turning over Doubt	James 1:6 KJV	Where am I hesitant to fully believe God's promise?	Strengthen my faith when I waver, Lord.
Day 19	Abandoning Unforgiveness	Ephesians 4:32 KJV	Who do I need to release in forgiveness?	Teach me to forgive as You have forgiven me.
Day 20	Unburdening Your Heart from Fear of Rejection.	Isaiah 41:9-10 KJV	How has fear of others' opinions held me back?	Lord, I choose Your acceptance over man's approval.
Day 21	Releasing Control	Matthew 6:27 KJV	What am I trying to manage that only God can handle?	Help me release control and trust Your sovereignty.
Day 22	Walking Away from Shame	Romans 8:1 KJV	What shame am I still carrying that Christ already covered?	Thank you Lord, for setting me free from condemnation.
Day 23	Laying Down Perfectionism	2 Corinthians 12:9 KJV	Where do I feel like I have to be "enough" to be accepted?	Your grace is enough for my weakness.
Day 24	Dropping the Mask of Comparison	2 Corinthians 10:12 KJV	Am I struck measuring my life by others' "highlight reels"?	Lord, set me free from the cycle of comparison and trying to keep up with the world around me.

# THE SURRENDER

## COUNTINUING THE JOURNEY



Day	Focus	Scripture	Journal Prompt	Prayer Prompt
Day 25	Releasing Resentment	Ephesians 4:31-32 KJV	Is there a hurt I haven't surrendered yet? What would forgiveness look like today?	Soften my heart, Lord. Heal every hidden wound and cleanse me from bitterness.
Day 26	Giving God Your Future	Jeremiah 29:11 KJV	What future plans am I trying to control?	Your plans for me are good, Lord. I surrender them to You.
Day 27	Choosing God's Voice Over Your Own	2 Corinthians 10:5 KJV	What thoughts or feelings do I need to submit to the truth of God's Word today?	Father, silence every voice that contradicts Your truth. Let Your Word guide my heart and renew my mind.
Day 28	Surrendering Relationships	Colossians 3:14 KJV	Is there a relationship you need to surrender to God?	Lord, help me to seek a deeper relationship with you above all else.
Day 29	Trusting When It's Hard	Psalms 56:3	What feels hard to trust God with today?	Even when I can't see You working, Lord, I will trust you.
Day 30	Obedience in the Small Things	Luke 16:10 KJV	Is there something small God has asked me to do that I've delayed or dismissed?	God, help me not to overlook the small steps of obedience. Remind me that faithfulness in little things prepares me for greater things.
Day 31	Celebrating Surrender	2 Corinthians 5:17 KJV	What new thing has God started in me this month?	Thank you for making me new each day, God.