

Monterey Bay Equestrians April 2020

www.montereybayequestrians.com



PRESIDENTS MESSAGE

Tis the time of year for camping, riding and catching up with our fellow equestrians. I know many of you have posted your pony pictures, trail rides and some humorous parodies on our current situation. I would like to assure you the board is working on our ever rapidly changing ride schedule, we have also been discussing the up coming poker ride, as well as trying to re schedule events that have already been canceled, with the uncertainty of the shelter in place time line we will keep you informed if and when changes occur. Let's spring forward a bit into what we can do with time on our hands. Shedding horses need to be groomed, saddles cleaned, tack repaired, mats pulled from your trailers, inventory camping supplies, repack bearings on the trailer (you tube, how to videos available). Just about every trainer is offering online classes from de spooking, saddle fitting, and who knew, how to clean your horses sheath. Believe me, I've been watching it all. I've also decluttered my files, closets, painted my living room and of course gotten a few rides in. I would say it has been productive! I was happy to see a few familiar trailers at Marina Equestrian center enjoying their alone time with their ponies. At some point in time I imagine everyone of us have said "I can't wait for time off, so I can spend time with my horse", well we have it. So looking on the sunny side of life, as I try to do, we have time for barn chores, practicing our riding skills, or just hanging out with our equines. I'd also like everyone to know that we are a hardy tribe, proven again and again as we have had to improvise and make due so many times while camping and riding. Our community of equestrians knows how to ride the storm and find their way back to camp, where we can enjoy the company of friends.

Happy Trails
Cathleen

Thank you Bob

Many thanks to Bob's Bridges for donating your time to make our mounting block, to be placed at the Marina Equestrian center for public use.

Bob is a retired Verteran who offered to help with this project. Please support him by visiting his Facebook page @Bob's Bridges and structures for yard and garden. Bob has some unique, one of a kind items. Leave him a comment of thanks!



Member of the Month Lois Connell

Personality, poise and perky would describe Lois Connell. Lois has done just about everything in the club, and currently is our newsletter editor. My first campout with MBE was my introduction of what this club represents, and Lois was the welcoming committee, fun and completely makes you feel like you belong. Because she is also a fellow Aries, she's got that fire that just brings the party to an event. Lois is one of those women who is game for just about anything, including a good partner crime for a last minute tattoo.

Lois is not just fun, but also professional and a very caring individual, who shows her true beauty through her dedication and love for her friends and family!

Editors Note; Our President submitted this, not my choice.
Thank you Cathleen for the kind words.

Ride schedule

Due to changes happening daily, you will be advised via email of rides happening. The Board of Directors have been in contact via email and have decided it is in the best interest of our members to cancel our April campout to Mt Diablo State Park. During these uncertain times, we don't want to take any chances on the health and safety of our members.

Some Thing to Do While at Home

Pallet Projects for your Horse Farm

Recycle your wood pallets into clever and useful things for your ranch - feeders, saddle racks, mounting blocks, lean-to's, & shelters. Let us know if you come up with your own creative ideas!

<https://cowgirlmagazine.com/pallet-projects>

(I love the mounting block!)



Books to read when you can't ride your horse:

1. The Horse Doctor's Husband by Justin B. Long; You will laugh, cringe and relate to these vet adventures (especially if you have a horse!)
2. The Boy, the Mole, the Fox and the Horse by Charlie Macksey; The most delightful book ever - beautiful illustrations and wise advice
3. Lady Longrider by Bernice Ende; What a journey! Nearly 30,000 miles riding alone across America (and part of Canada)
(Available on Amazon, most in book and Kindle format)

3/12/20

Monterey Bay Equestrians – Board Meeting Minutes

Meeting at 5:30 pm and attended by Cathleen Sittig, Shannen Bostwick, Carolyn Tucker and Lois Connell. Financials and Communication letters were reviewed to prepare for the General Meeting. New Business was discussed.

Meeting Adjourned at 6:35pm

Monterey Bay Equestrians- General Meeting Minutes

Meeting called to order at 7:01 by Cathleen Sittig, held at the Prunedale Library.

Board Members Present were Cathleen Sittig, Shannen Bostwick, Carolyn Tucker and four General Members, Lois Connell, Jim Whitcomb, Jayette Wilkerson and Toni Whedon.

The January Board Meeting Minutes were presented by Carolyn Tucker and Motion to Approved made by Lois Connell, seconded by Jim Whitcomb. Approved.

Communications:

Thank-You letters from CAPE and SPCA for our 2019 year- end donations were presented by Cathleen.

Officers Reports:

The Financials for the 2020 Budget were presented by Shannen Bostwick and Motion to Approve by Lois Connell and Seconded by Jayette Wilkerson. Approved.

Ride Report: Presented by Cathleen.

Beach Ride was Great and well attended, hosted by Patti & Mike Garcia.

Membership totals were presented by Cathleen and have been increasing as the year moves forward. We currently have 82 members listed in our latest 2020 Roster, updated and supplied by Sunday Minnich.

Newsletter: Lois Connell could use some help sizing the photos for the newsletter. This would reduce the hours she spends producing our nice newsletter. Cathleen Venn agreed to help with the photo sizing. Remember to Email Lois at MBENEWS@yahoo.com for all newsletter input.

Sunshine Report: Lois Connell presented that Donna Patters had shoulder surgery, Robin Musitelli suffered a horse accident and is recovering, and Caroline Spicher's Grandson had an auto accident which she is helping him recover from.

Old Business:

Lake San Antonio has a few registrations and is hosted by Nikki VanSteenwick.

Henry Coe is coming up next and hosted by Kathy Madlem and Toni Whedon.

New Business:

½ Moon Bay Ride Host, Heather Shupe is un-able to host the ride this year.

Wrights Lake will be a "Reserve on your Own."

Pt. Reyes Ladies ride will need a date change and is still un-known at this time.

Membership discussed the idea of using a "sign-out" sheet for members going out on group and non-group rides during events. The idea is so Ride Hosts know which riders go out with a group ride and know which way non-group riders are going and what their destinations may be, in-case they don't return by dark? This idea is proposed by Liz R. Toni Whedon has volunteered to work on an easy form for this.

Star Riders, Christine Marie, works out of Marina Equestrian Center and has asked for a donation to help with expenses and horse tack for their Veteran and Disabled rider Program. She has also asked for donations of heavier sturdy type saddles for weaker riders. Lois Connell Motioned for a \$500.00 contribution and Shannen Bostwick seconded it. Motion Approved for MBE to send a check for \$500.00. Brenda Reese will be asked to write out a check for this. Lois will also put a request in the next newsletter asking for members to keep a look out for Western type saddles that people may be willing to donate for this program.

MBE Secretary, Carolyn Tucker, will prepare a letter to Commerica Bank to request changes updating

our account to remove Brenda Carpenter, our 2019 treasurer, add our 2020 treasurer Shannen Bostwick, add additional signer Cathleen Venn, MBE President, and update the current mailing address to 17819 Countryside Ct. Prunedale, CA 93907. Sunday Minnich will remain on the account.

Motion to Adjourn by Jim and seconded by Toni.
Meeting Adjourned 8:04 pm.

Thank-You,
Submitted by Carolyn Tucker





Trail Rider Checklist – From www.TrailMeister.com



Your Where to Ride Guide

In the Truck / Trailer

- ☐ Road Map and Directions to trailhead
 - ☐ Registration / Insurance
 - ☐ Coggins Papers / Health Papers/Brand Inspection
 - ☐ Flashlight w/ spare batteries
 - ☐ Spare Tire Truck / Trailer
 - ☐ Jack & Lug Wrench - Truck and Trailer
 - ☐ Chock Blocks for Wheels
 - ☐ Manure Rake / Forks
 - ☐ Manure bucket
 - ☐ Spares
 - Extra Cinch / Girth
 - Headstall / Bridle
 - Reins
 - Halter and Lead
 - ☐ Tools – Pliers / Screwdriver
 - ☐ Duct tape
 - ☐ Garbage bags
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Tack

- ☐ Saddle
 - ☐ Bridle
 - ☐ Saddle Pads
 - ☐ Saddle / Pommel Bags
 - ☐ Halter
 - ☐ Hobbles
 - ☐ Breast Collar
 - ☐ Crupper / Breechin
 - ☐ Cinch / Girth
 - ☐ ID tag
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Equine Supplies

- ☐ Feed – Hay / Grain
 - ☐ Feed and Water Buckets
 - ☐ Water
 - ☐ Hay Bag
 - ☐ Horse First Aid Kit
 - ☐ Fly Spray
 - ☐ Hoof Pick
 - ☐ Sponge or rag
 - ☐ Grooming Supplies
 - ☐ Hoof Rasp
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Personal Supplies

- ☐ Riding Pants and Jeans
 - ☐ Riding Boots
 - ☐ Socks
 - ☐ Outerwear Jacket / Sweater
 - ☐ Rain Gear
 - ☐ Undergarments
 - ☐ Extra Set of Keys
 - ☐ Knife
 - ☐ Lip Balm
 - ☐ Hat - Gloves
 - ☐ Helmet
 - ☐ Sun Block
 - ☐ Insect Repellent
 - ☐ First Aid Kit
 - ☐ Toilet Paper / Wet Ones
 - ☐ Medications
 - ☐ ID for emergencies
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On the Trail

- ☐ Hoof Pick
 - ☐ Knife / Wire Cutters
 - ☐ Map of the area / Compass
 - ☐ Water Bottle
 - ☐ Snacks
 - ☐ Saddle Bag / Pommel Bags
 - ☐ Helmet
 - ☐ Insect Repellent
 - ☐ First Aid Kit
 - ☐ Rain Slicker
 - ☐ Cell Phone/way to call for help
 - ☐ Rope/ cord for repairs
 - ☐ Lead rope
 - ☐ Sun Block
 - ☐ Camera
 - ☐ Lighter
 - ☐ Flashlight
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Camp Equipment

- ☐ Tent / Hammock
 - ☐ Sleeping bag
 - ☐ Camp Shoes/Mud Boots
 - ☐ Lantern
 - ☐ Food
 - ☐ Camp Stove
 - ☐ Air mattress
 - ☐ Saw
 - ☐ First Aid Kit
 - ☐ Insect Repellent
 - ☐ Camp Chairs
 - ☐ Folding table
 - ☐ Highline gear
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Horse Riding in the Time of Covid-19

The community of equine trail riders and horse campers is important. During these uncertain and trying times, we want to help take care of our community and the values that we hold dear.

As the world's largest guide to horse friendly trails and camps, we know the value of getting outside with our equine friends. Additionally, we understand that the physical and mental benefits of being outdoors is vital right now.

But in order to protect our community and ourselves, it's important to be careful about when and how we choose to leave our homes.

With that in mind, here are some suggestions to help you enjoy the trails responsibly. The situation is changing quickly, and

CHOOSING WHERE TO GO: PRACTICE SOCIAL DISTANCING

Fresh air and outside time is critical for all of us, especially right now. But please take a community-centered approach to your outdoor time and check current guidelines and local restriction orders before getting outside. www.TrailMeister.com includes a link to the land manager on every area listed.

In the coming days, agencies may change their recommendations. For now, consider the following:

- Get the latest news from the land manager for every trail area. **Try to stay local.** Find trails near your home. (Here's the guide <https://www.trailmeister.com/trails/>)- Help keep our neighbors safer by sticking close to home, especially if you are near a major population center in the middle of an outbreak.
- **Try lesser-traveled trails.** Avoid trails where the main attraction is a viewpoint or other area that would serve as a likely gathering point for many people.
- **Some areas may not be big enough to safely accommodate extra visitors at peak times.** Visit in off hours or take a ride around your property instead. If we want to continue to have access to parks, it's important that crowds not gather.

GETTING OUTSIDE SAFELY & RESPONSIBLY

Before you leave the barn • Verify that the area you are going to is open. Most parks and green spaces are still open. Some other lands and facilities have already closed. (Again, <https://www.trailmeister.com/trails/> includes a link to the land manager on every area listed.)

- Plan on any ranger stations, park buildings, restrooms and facilities to be closed.
- Practice social distancing on the drive to the trailhead. This is not the time for car pooling.
- Try to ride with people you are already in physical contact with, such as your family. This is not the best time to meet up with new friends
- Think ahead about what you'll need so you won't have to stop for supplies. While we often encourage riders to shop local and contribute to the recreation economy in rural communities, doing so right now could deplete the resources of these smaller communities. Fuel up before you go, bring all the food you need and be prepared to follow Leave

No Trace Principles, including properly dealing with human waste (remember, restrooms may be closed).

- Have a backup plan in mind. If you arrive at a park or trailhead and things look crowded, come back later or try someplace new rather than put each other at risk.
- Finally, if you're sick, please stay home and take care of yourself. Know that by staying home, you're protecting others and contributing to the fight to flatten the curve.

6 feet please

On trail: give each other at least 6 feet at all times

- Give people space. That means in parking lots or other gathering areas, but it also means on the trail.
- Respect any trail or facility closures. (And remember, have a backup plan before you leave, in case you arrive to find an area closed or crowded.)
- Be extra cautious. Emergency responders are very busy. Please don't take any risks that might mean you need rescue or health care.
- Wash your hands or use hand sanitizer before you eat, and avoid sharing water bottles or snacks.

Pack out your trash and any toilet paper. That means taking it home with you. This is always our advice but it will take all of us doing a little extra to keep our trails in good shape right now.

Pismo Preserve opened 11 miles
of trails to the public.

The Pismo Preserve has opened to the public beginning Jan. 25 — unlocking 11 miles of new trails that wander through oak-studded canyons and rolling grasslands with sweeping views of the Pacific Ocean.

Yes, dogs are allowed. So are horses and mountain bikes. And yes, it's free.

Read more here: https://www.sanluisobispo.com/news/local/environment/article239502148.html?fbclid=IwAR2Y5QHQB1ku6K-bE2bcG0hxttEd7ow6Xfsgpsb4ElejEYkeDVXLI5_VatA

The horse expo has been postponed to July 16-19, 2020 so we will reschedule our Party Bus to the Horse Expo for Saturday, July 18th.

2020 BOARD & COMMITTEE CHAIRS

BOARD OF DIRECTORS

President	Cathleen Sittig – happyhillranch@yahoo.com
Vice President	Sunday Minnich – sminnich1962@gmail.com
Secretary	Carolyn Tucker – carolynt@garlic.com
Treasurer	Shannen Bostwick – azureskie@aol.com
Past President	Liz Gheen – mybailey2000@gmail.com

COMMITTEE CHAIRS

Newsletter	Lois Connell – MBEnews@Yahoo.com
Membership	Erin Beatie – ebeatie70@gmail.com
Sunshine	Patti Garcia – pattihgarcia@gmail.com
Apparel	Caroline Spicher - 831.624.3297
Ride Chair & Website	Sunday Minnich – sminnich1962@gmail.com

