



christine
IN ACTION

**Ten Commandments
Learning Bundle 1**



Hey Hi Hello!

Welcome to the "C.i.A." family! Whether you're a parent, catechist, student, or brand new to the Faith, I am so glad you are here.

This project started due to COVID. As a First Communion Coordinator, I had to make a change, be creative, and take action. While we all were teaching Catechism through Zoom, I wanted to do more... I got the inspiration from the Holy Spirit to use YouTube and music to express my creativity!

By the grace of God, I make everything myself. Using all of my musical and technical abilities, I created meaningful content that would allow anyone to learn the fundamental Church teachings and prayers!

I am a wife and mother with a full-time job working at the Church. As long as God allows me, I shall keep creating. The greatest reward is that I help bring souls closer to Christ. Thank you for all your support. Please keep me in your prayers and share my content with others!

Remember, ALL things are possible for God, and my life serves as evidence of his infinite love and mercy. Thank you for singing along, all for the Greater Glory of God!

St. Cecilia, offer our songs to the Lord. O Mary Help of Christians, pray for us.

**In Jesus & Mary,
Christine**

www.christineinaction.com

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The Ten Commandments

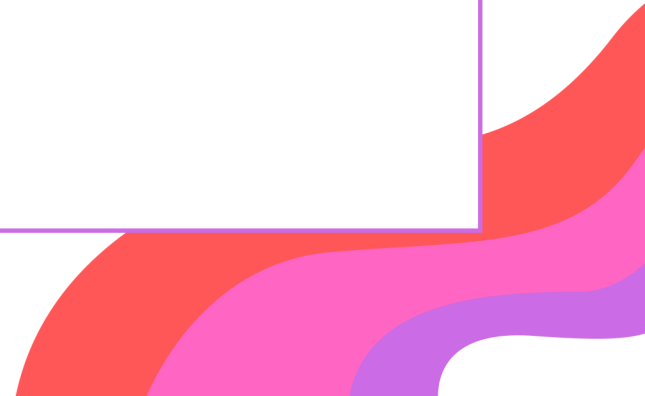


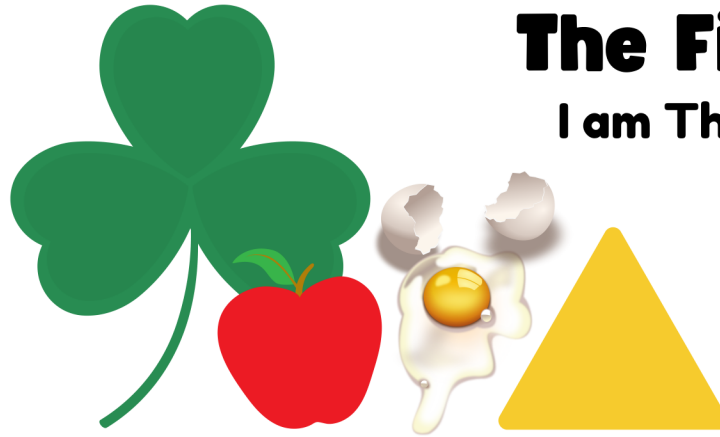
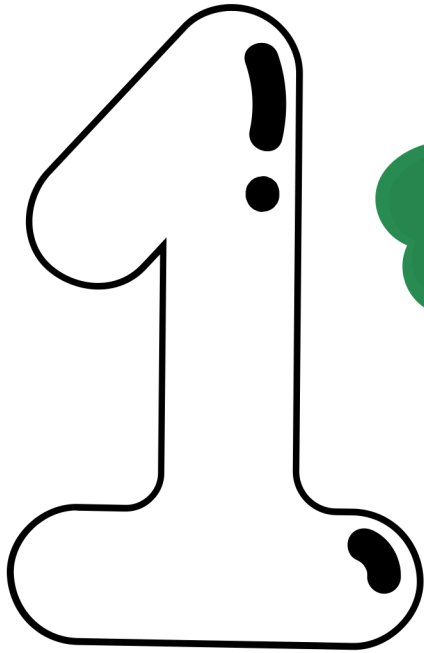
What does "commandment" mean?

Why are following rules good for us?

How do God's Laws help us reach Heaven?

What does it mean to have "free will"?





The First Commandment

I am The Lord your God, you shall not have strange gods before me.

"You shall worship the Lord your God" (Mt 4:10). Adoring God, praying to him, offering him the worship that belongs to him, fulfilling the promises and vows made to him are acts of the virtue of religion which fall under obedience to the first commandment. (CCC2135).

Who is The Holy Trinity?

What are some ways you can prioritize God first in your life today?

--

What are some ways you and your family worships God?

--

1 God in 3 Divine Persons

- 1 shamrock, 3 equal leaves
- 1 egg, 3 parts--yolk, shell, egg white
- 1 apple, 3 parts--core, skin, juicy meat
- 1 triangle, 3 equal sides





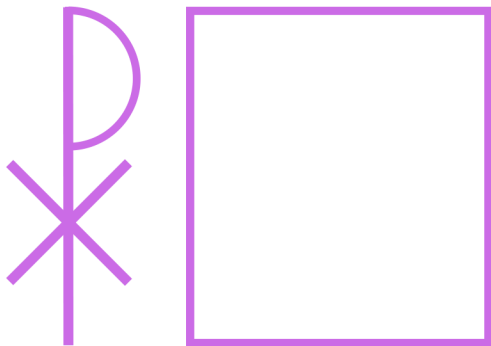
The Second Commandment

You shall not take the name of the Lord, your God in vain.

JESUS

"God greatly exalted him and bestowed on him the name that is above every name, that at the name of Jesus every knee should bend, of those in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father." Philipians 2:9-11

This is a 'Chi Rho' /kee-ro/ Symbol. Look up 'Christogram' and draw another symbol of Jesus here:



"The second commandment enjoins respect for the Lord's name. The name of the Lord is holy" (CCC2161).

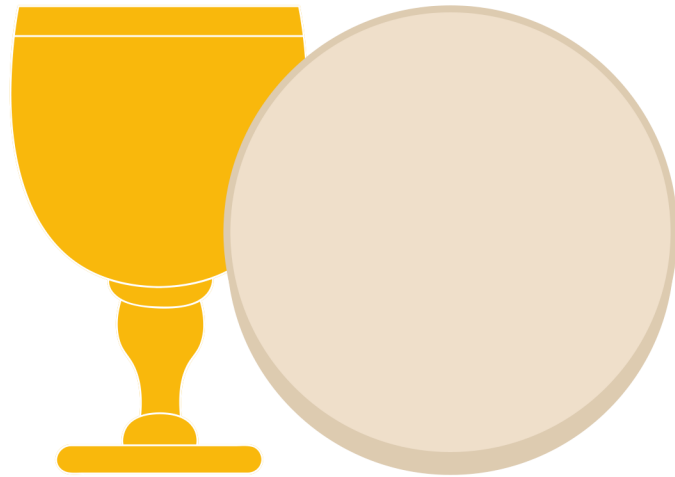
In the Hebrew language, the name Jesus means "God saves."
What others names can be used for Jesus?





The Third Commandment

Remember to keep Holy the Lord's Day.



Who established the Catholic Church?

When was the very first Holy Mass celebrated?

Who were the first priests?

What are the two parts of the Holy Mass? Liturgy of the...

"The Sunday celebration of the Lord's Day and his Eucharist is at the heart of the Church's life.
"Sunday is the day on which the paschal mystery is celebrated in light of the apostolic tradition and is to be observed as the foremost holy day of obligation in the universal Church" (CCC2177).

What church do you attend?

What is the name of the Pastor?

What time do you usually go to Mass on Sunday?



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The Fourth Commandment

Honor your father and your mother.

Draw a portrait of your entire family in the box below with their names:



What does 'honor' and 'obedience' mean?



Who was Jesus' Mother?



Who was Jesus' foster father?



"Children owe their parents respect, gratitude, just obedience, and assistance.
Filial respect fosters harmony in all of family life" (CCC2251).



The Fifth Commandment

You shall not kill.

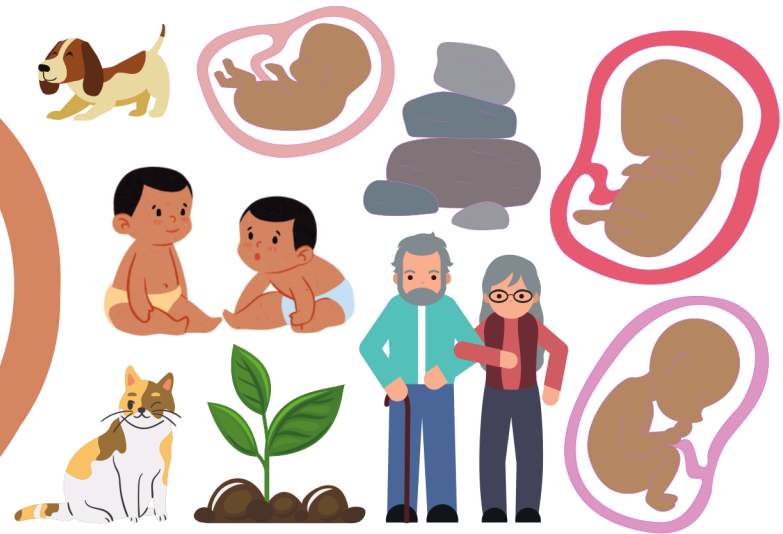
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"Every human life, from the moment of conception until death, is sacred because the human person has been willed for its own sake in the image and likeness of the living and holy God" (CCC2319).

Draw a baby in the mother's womb!

Hurting someone is not good. What are solutions if you know someone is bullying someone else. Write in the box below:

Draw an 'X' on the things that are NOT fully human:

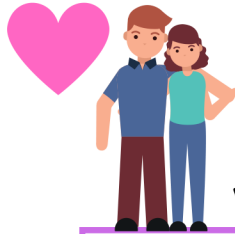
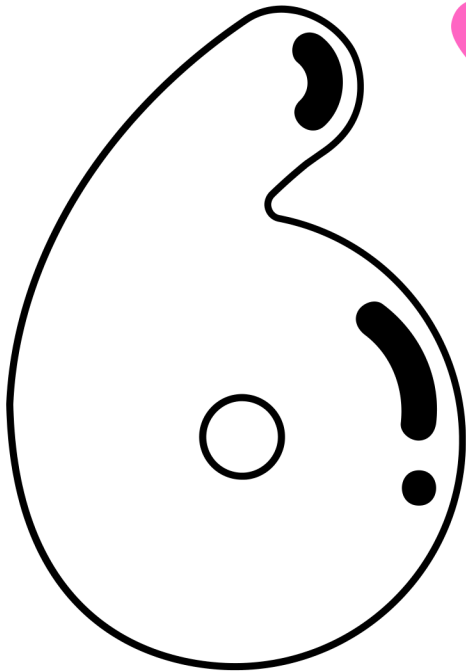


"Human life is sacred because from its beginning it involves the creative action of God and it remains for ever in a special relationship with the Creator, who is its sole end. God alone is the Lord of life from its beginning until its end: no one can under any circumstance claim for himself the right directly to destroy an innocent human being" (CCC2258).



The Sixth Commandment

You shall not commit adultery.



What is 'chastity' and 'modesty'?

"Christ is the model of chastity. Every baptized person is called to lead a chaste life, each according to his particular state of life. Chastity means the integration of sexuality within the person. It includes an apprenticeship in self-mastery..." (CCC2394-2396).

Why is it important to respect our bodies? How can I take care of my body?

"In creating men 'male and female,' God gives man and woman an equal personal dignity...Man is a person, man and woman equally so, since both were created in the image and likeness of the personal God" (CCC2334).

What are the names of our first parents?

and



Marriage is between one:

and one:

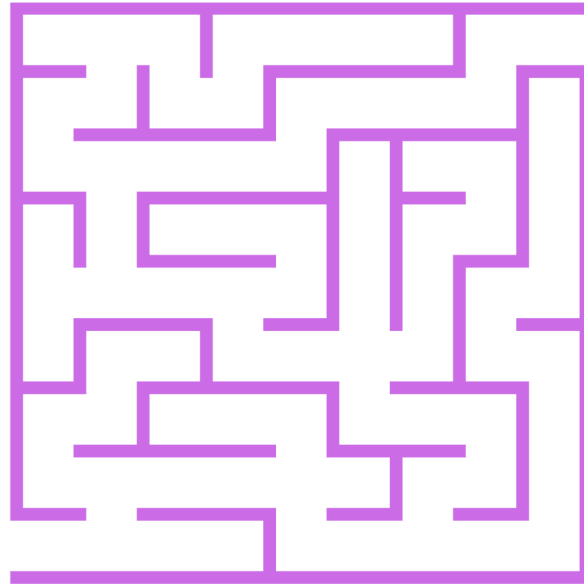




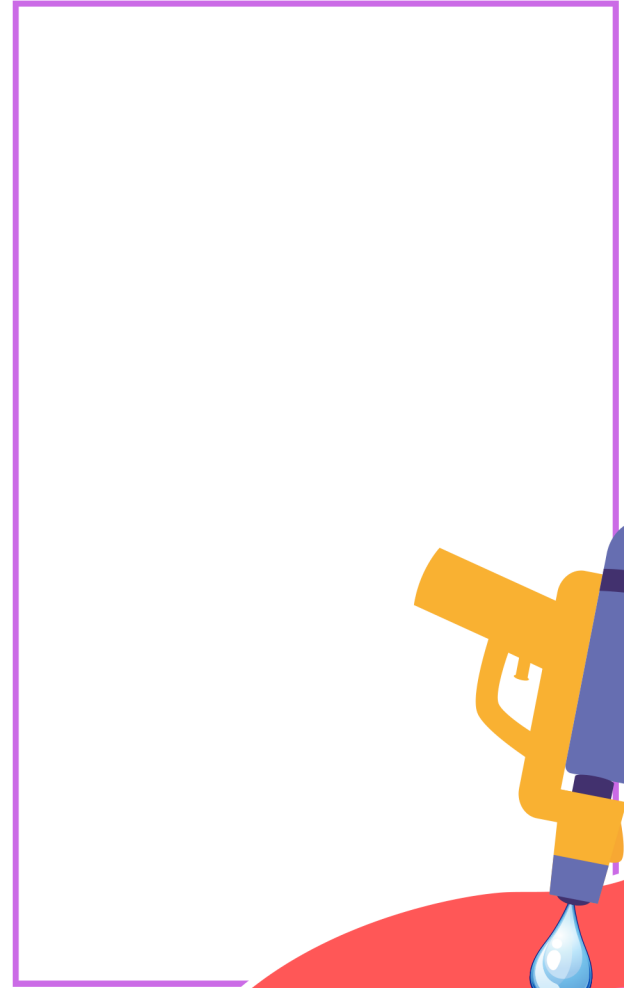
The Seventh Commandment

You shall not steal.

Things in life cannot just be given to us for free; we must work for them. It takes time and effort to earn anything in life; it's like navigating a maze.

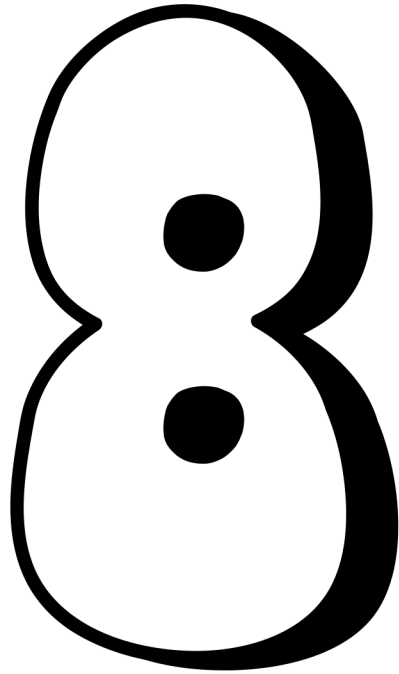


What does it mean to 'earn' something? Why is it wrong to take what belongs to someone else?



What would you do with \$100 dollars? Can you help others with this?






The Eighth Commandment

You shall not **bear** false witness against your neighbor.

Read James 3:1-12.
The 'tongue' can be a deadly poison and can cause us to sin by saying mean things to AND about someone. We need to practice to think before we speak. If you have nothing nice to say, do not say it at all!



What does 'false witness' mean?

What is a Compliment?
Give an example.

What is Gossip?
Give an example.

What is Bullying?
Give an example.

To help you remember this commandment, remember the 'bear' for bear false witness!





The Ninth Commandment

You shall not covet your neighbor's wife.

It is important to **SEE** Jesus in every person we meet. This will help us respect everyone we meet. Remember, Jesus died for every single person! What does it mean to have self-control?

What does 'covet' mean?

What are the four Cardinal Virtues and their meaning?

"Everyone who looks at a woman lustfully has already committed adultery with her in his heart" (Mt. 5:28)" (CCC2258).



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The Tenth Commandment

You shall not covet your neighbor's goods.

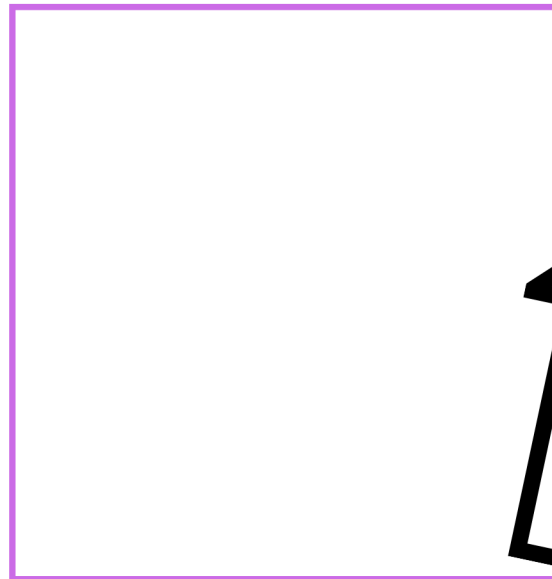
What are the Beatitudes? How do they give us 'true happiness'?



Why is it important to be grateful for what you have?



What does 'envy' mean? Read CCC2539.



"For where your treasure is, there also will your heart be" (Mt. 6:21).



Resources / Answers

The questions I gave are meant to encourage children in grades 1 through 5 to think critically.

As they cover the fundamentals of the Catholic Faith, all parents need to be familiar with these or are recommended to become familiar with them. Parents should first go over all of the questions and be ready to do their own research. I always utilize the first three sources below when I have a question or need clarification.

For ANY Holy Bible, Catechism, textbook, make sure to look for the official inscription by a Bishop: "Imprimatur" & "Nihil Obstat." (This is the official declaration that the information are accurate & follow Church Teachings).

Hope this helps! If you have questions, you may message me on Facebook or Instagram. I'm here to help!



The Holy Bible

Make sure it's a CORRECT translation! Check the back of the book for a dictionary or index to find topics easily.



Catechism of the Catholic Church (CCC)

An excellent companion to any Holy Bible. A must-have for any Catholic household. Check the 'subject index' at the back of the book to find topics easily.



www.catholic.com

Catholic Answers is an incredible online resource. There is search bar on the homepage where you can type anything, like Google. Copy the questions into the search bar and legit articles will provide the answer and explanation.



www.ewtn.com/catholicism/library/ten-commandments-10336

A concise online review of all the commandments, their meaning, and what it forbids.