## **Praying The Ten Commandments**

Creator of the universe and Redeemer of my soul, give me Your grace to grow in Your Commandments each day and in Your mercy when I stumble.

(1) You are the Lord my God. I will not have any gods before You. (2) I will not use Your name in vain but will glorify Your name in all my words and actions. (3) I will keep holy the Lord's day by preserving it only for worshiping You, resting in You and for relationship with family and friends. (4) I will honor my father and mother and teach my children to do the same. (5) I will not kill but will honor and protect life from conception to natural death. (6) I will not commit adultery, but instead I will honor our bodies for the sacred purpose of new life within Marriage. (7) I will not steal, but instead I will cultivate a heart of generosity. (8) I will not lie, but rather honor truth in all my words and actions. (9 & 10) I will not covet my neighbor's spouse nor covet the things of this world. Rather, I will set my heart on building treasures in Heaven. Amen.



Beginning each day with a prayer of the Ten Commandments and saying it again at the end of the day may serve as a daily examination of conscience.

Praying the Ten Commandments gives us the clarity we need to remember God's wisdom and truth throughout the day, enabling us to make decisions that are aligned with His wisdom and truth.



Share this prayer with your family, friends, and the children in your life so they can quiet the noise and keep Jesus and His Commandments, front and center in their lives too.

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