

## Activities in each 3-hour session

Duration	Class	Activities
15 minutes	Circle Time	Pledge, National Anthem, Calendar, Sign language
15 minutes	WorkSheets	Phonics, Worksheets, Alphabet & Word Recognition
30 minutes	Demonstration	Individual Montessori jobs demonstration, Practice, Day's letter & book & worksheet, Grace & Courtesy
30 minutes	Hands-on Exploring	Practical life, Sensorial, Language, Geography, Math, Culture, History, Biology, Science, Planets & Geology
30 minutes	Nutrition	Table manners, Self-help, Nutrition lessons, Meals, Clean-up lesson after meals, Etiquette, Socializing
30 minutes	Outdoors Play	Gymnastics, Free play, Structured play, Lego blocks, Cardiovascular exercise, Yoga, Team building, Sports
15 minutes	Art Crafts Projects	Art, craft, Cutting, Glueing, Sculpting, Experiments
15 minutes	Group Activities	Music, Puppets, Plays, Juggling, Book reading, Songs