

ESSI PLUS TEA INGREDIENTS

Excerpt from *The Essiac Report: Canada's Remarkable Unknown Cancer Remedy*

Blended together, these herbs have a synchronicity that makes them stronger than when used alone. The Ojibwa Natives have described this tea as **“A Holy Drink that purifies the body and places it back in balance with the Great Spirit”**.

Sheep Sorrel

Attacks and breaks down tumors. It is reported by researchers to relieve internal ulcers and virtually all skin diseases.

Burdock Root

A powerful blood purifier. The Chinese consider burdock root an excellent rejuvenator. It has been used as a diuretic to relieve infectious diseases. Inulin, the principle ingredient, has been shown to have remarkable curative powers, such as strengthening organs and regulating blood sugar metabolism. In animals it has been shown to destroy bacteria and fungus cultures, as well as having strong anti-tumor activity.

Slippery Elm

Cleanser dissolving mucus that is deposited in organ tissue, lymph glands and nerve channels. Slippery Elm lubricates and softens all membrane linings in the body, bones and joints. Impurities are drawn out of abrasions, abscesses or ulcers. It is also reported to grow new cells and repair tissue.

Turkey Rhubarb Root

A detoxifying herb. It has been known to purge the body of bile, parasites and stagnating food by stimulating the gall duct to expel toxic waste matter. It can alleviate chronic liver problems, improve digestion, help heal ulcers, relieve constipation, and help heal hemorrhoids. It is believed to be effective against candida albicans, fever, inflammation and pain.

Red Clover

A muscle relaxant and expectorant. Blossoms were traditionally used as a tonic taken in the spring to promote good health and peace of mind. It is an old time remedy for eczema. Combined with other herbs, it is used to treat cancer and tumors.

Elaine Rylin, the original Essi Plus Tea maker and wise woman said, “Everyone has a right to good health. It is my honor, privilege and responsibility to bring you this ancient Ojibwa blend of herbal tea”. Neither Elaine nor I, Tamasin Sterner, are medical doctors. We are just old women with opinions, knowledge, experience, faith, trust, and love. Use with good faith, and at your own risk. Trust your intuition. Enjoy your healing journey.