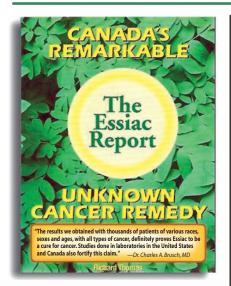
## **HERBAL DETOXIFICATION:**

# The Body's Power to Heal Itself



Excerpts from
THE ESSIAC REPORT:

Canada's Remarkable Unknown Cancer Remedy

hemotherapy and radiation are, for the most part, indiscriminate killers. Skeptics conclude that, in most cases, these "therapies" are no better and sometimes much worse than the actual disease.

An alternative is the Native-American formula for Essiac Tea that consists of 4 or 5 herbs (see illustrations below). It's a simple, inexpensive, highly effective and natural approach that has no side effects and is available to everyone. For over a century, detoxification programs using this tea have restored health to thousands of cancer victims.

Rene M. Caisse, RN (1889-1978) was the Canadian nurse responsible for Essiac being used in treating cancer, although it was never made legal in her lifetime. At age 33 in 1922, Caisse was the head nurse at a hospital in Ontario, Canada. A patient revealed to her she had discovered large, hard masses in her breast. She and her husband were camped by some Ojibwa Indians, and their medicine man said he had a remedy—"a holy drink that would purify the body and put it back in balance with the Great Spirit."

Two years later, Caisse used the formula on her favorite aunt who



**Rene M. Caisse, RN**, was given the original Essiac\* herbal formula by a Canadian Ojibwa Indian. She used it to help people with serious illnesses. From 1932 to 1942, Nurse Caisse helped thousands of people with this herbal formula at her clinic in Bracebridge, Ontario.

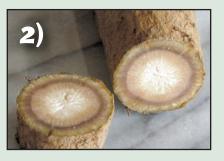
was diagnosed with terminal cancer of the stomach and liver. After two months, her aunt was a lot better and lived another 20 years. In 1932, Caisse opened a clinic using the tea. She was offered money by the

#### HERBS IN ESSI PLUS TEA™

Blended together, these herbs have a synchronicity that makes them stronger than when used alone.



**SHEEP SORREL:** Attacks and breaks down tumors. It is reported to relieve internal ulcers and virtually all skin disorders.



**BURDOCK ROOT:** A powerful blood purifier. The Chinese consider it an excellent rejuvenator; it has been used as a diuretic to relieve infectious diseases. Inulin, the principal ingredient, has been shown to have remarkable curative powers, such as strengthening organs and regulating blood-sugar metabolism. It has been shown to destroy bacteria and fungus cultures and to have strong anti-tumor activity.



**SLIPPERY ELM:** Principle component is mucilage. Acts as a cleanser, dissolving mucus that has been deposited in organ tissue, lymph glands and nerve channels. It lubricates and softens all the membrane lining in the body, bones and joints. Through its use, impurities are drawn out of abrasions, abscesses or ulcers, and it is reported to assist in new cell growth and to repair tissue.

medical establishment for her tea formula. She knew the cancer industry would bury the cure, so she did not let them have the formula. Chicago doctors, after researching Essiac, concluded that it did indeed prolong life, break down tumors and relieve pain. The Cancer Commission tried to close her clinic. She was threatened with prosecution and imprisonment, so in 1942, she complied and closed her clinic. [Read her full story at Essiacinfo.org.]

In 1959, at 70 years old, Rene Caisse began the most important phase in the popularization of Essiac. (*The formula name is her name spelled backwards.*) John F. Kennedy's personal physician, Dr. Charles Brusch, began working with this humble nurse from Canada. He was already highly interested in preventative medicine, nutrition and other forms of natural treatments.

Twenty-five years later, Dr. Brusch wrote, "I endorse this Essiac therapy today, for I have, in fact, cured my own cancer, the original site of which was in my lower bowel, through Essiac alone." He also observed it benefiting diabetes, and other conditions brought about by high toxicity. Essiac proved to



**TURKEY RHUBARB ROOT:** Has been used for centuries as a detoxifying herb. It has been known to purge the blood of bile, parasites, and stagnating food by stimulating the gall duct to expel waste matter. It has been shown to alleviate chronic liver problems, to improve digestion and to help heal ulcers, to relieve constipation and to help heal hemorrhoids. It is believed to be effective against candida albicans, fever, inflammation and pain.

be a phenomenal detoxifier. Together in 1988, Dr. Brusch and Elaine Alexander decided to get Essiac out to the public as a harmless, herbal detoxifying tea.

While drugs are designed to block some symptom or change some function of the body, Essiac is, in fact, a natural substance that was always meant to simply detoxify the body. Once the body is cleansed of toxic, diseaseproducing impurities, it has the power to heal itself. In 1992, Essiac Tea became available to the public for the first time. In a letter to JFK, Dr. Brusch wrote, "The results we obtained, with thousands of patients of various races, sexes and ages and with all types of cancer, definitely proves Essiac to be a cure for cancer. Studies done in laboratories in the U.S. and Canada also fortify this claim." ■

## Note from Essi Plus Tea™ Formulator, ELAINE RYLIN

found Caisse's original Essiac Tea formula 25 years ago when I had breast cancer. Within six months of drinking this tea every day, I was cancer-free...



**RED CLOVER:** Traditionally, blossoms from this plant were used as a tonic taken in the spring to promote good health and peace of mind. It acts as a muscle relaxant and is also a good expectorant. It is an old-time remedy for eczema. Combined with other herbs, it is used to treat cancer and tumors. Its benefits include calming coughs, clearing the chest of phlegm, reducing skin inflammations, relaxing the muscles, helping to fight against cancerous growths, and improving overall health.

## **Benefits of Detoxification**

- Calms the body, a natural sedative
- Decreases pain
- Stops hemorrhaging
- Prevents or corrects constipation
- Restores taste buds
- Helps digestion
- Boosts the immune system a preventative tonic
- Helps heal radiation burns
- Helps remove heavy-metal deposits (aluminum, lead, mercury) from tissues, especially joints
- Relieves inflammation and stiffness
- Protects against toxins entering the brain
- Instills a feeling of overall well-being —The Essiac Report

#### **TESTIMONIAL**

was diagnosed with prostate cancer the spring of 2012. Blood analysis results documented a high cancer cell antibody activity level. My naturopathic doctor recommended a nutritional program to combat the disease. In combination with a healthy diet, the key treatment was Essi Plus Tea as a blood cleanser. Within six months, my cancer antibody levels had reduced significantly, back to normal. Essi Plus Tea functioned as my wellness remedy. I've had only one cold since starting my tea treatment and my arthritis diminished considerably in both knees. I have also lost 35 pounds. Bottom linethe Essi Plus Tea strengthened my body's ability to combat all diseases, including cancer. After five years of using this tea, and being 78 years old, I feel much better than I have for several years and have the confidence that I will continue a relatively disease-free life. I am now off all prescription medications.

—Larry Bright, Stevensville, MT

## THIS HERBAL DETOXIFIER **PURIFIES THE BLOOD...**

hus it assists in relieving the following conditions:

- Hypoglycemia
- Multiple Sclerosis
- Parkinson's Disease
- Arthritis
- Chronic Fatigue
- Ulcers
- Thyroid Problems
- Fibroids
- Hemorrhoids
- Circulation
- Diabetes
- Malignancies
- Sleeping Disorders
- Warts
- Psoriasis
- Impotence
- Alzheimer's Disease
- Prostrate & Urinary Problems
- Allergies

—The Essiac Report

"I used no other remedy. I have been cancer-free for all the years since. I am in better health today than ever. Liver spots, a sign of toxicity, disappeared from my hands. Arthritic hips and shoulders are healed; my blood sugar is balanced; I no longer crave sweets after dinner; I sleep well at night.

"Fifteen years ago, the torch was passed to me, and I was given the Essiac formula to blend and distribute. The addition of red clover to the formula—and thus the name change from Essiac Tea to Essi Plus Tea— helps to make the tea milder tasting and, some say, delicious.

"I have now passed the torch to my dear friend, Tamasin, who blends the five herbs (all organic) and makes Essi Plus freshly from her home in Lavina, Montana. Please contact her for more information and to order."

NOTE: Each 8 oz. bag lasts about 1 month. Since it usually takes 3 months to achieve clean blood, we suggest you buy 3-4 bags to give the tea a good chance to do its work.

Elaine once said, "Everyone has a Eright to good health. It has been our honor, privilege and responsibility to bring you this ancient Ojibwa blend of herbal tea." Neither Elaine nor I are medical doctors. We are just old women with opinions, knowledge, experience, trust, and love. Use this tea with good faith, and at your own risk. Trust your intuition. Enjoy your journey.

Good Health! —Tamasin

**Contact: Tamasin Sterner** 

166 Homestead Rd., Lavina, MT 69046

(406) 940-5656

tamasinsterner@gmail.com

\$50/1 bag • \$87/2 • \$124/3 • \$161/4, etc. (Shipping is incl. Bag makes 4.5 quarts)



Facebook: Essi Plus Tea

### TESTIMONIALS

or three years, I had upper-body itch and lower-body eczema. I went to six dermatologists. They told me to live with it. After taking this detox tea, I had relief from both within six weeks.

> Darrell Goodmundson, Dutton, MT

started taking this tea in December of 2009. I ended the detox in March of 2010. During that period my arthritis pains have subsided considerably. Previous to doing this tea program, I could not read a newspaper without my glasses. My eyesight, especially my right eye, has improved to the point that I can read the paper without glasses. It is still a little blurry, but I can read it. Before the words were just a total blur. The vision seems to be getting better all the time and I hardly wear my glasses at all any more.

—Tom Hartford, Lewistown, MT

Dlease send me more of your tea. It has helped me with many things. First and foremost, it has helped me cut back on the thyroid medication that I have been on for 25 years by one third. Also, the arthritis in my hands is much better. I no longer have constant pain, and I noticed the squiggly lines that used to be very prevalent in my eyes no longer exist. And I noticed that I no longer have a body odor—not that I ever had much, but now it is almost completely non-existent.

—Janet Ressa, Chattaroy, WA

had a chronic infection in my jaw that was not going away after surgery and two years of antibiotics. I decided to try this herbal tea. Within the first week the swelling in my neck started to subside. Upon completing the 3-month detox program, the infection is now gone.

—Tyrell Johnson, Billings, MT

hank you so much for this tea! After just two days, I began to feel the detoxifying effects in my internal organs. After two weeks, my mind seemed clearer and decisions were easier to make. After three weeks, the dark spider veins around my previously injured ankle were lighter in color and are now barely visible. Two large liver spots on my forehead are gone and a third is fading. Even my arthritis has ceased and my joints feel looser.

> -Wendy McAlpine, B.C., Canada

or a year, my hands went numb when I slept and drove the car. Within two days of taking this tea the numbness was gone. If I take the tea every day, my hands are never numb.

> —Diane Bragg, Roundup, MT