



Bella Vita Tucson will allocate funds raised from monthly donations to several key initiatives aimed at supporting adolescents and families affected by eating disorders:

1. Financial Assistance for Treatment:

- The funds will help cover the costs of treatment for families who cannot afford the out-of-pocket expenses associated with eating disorder care. This includes contributions toward specialized eating disorder therapy sessions, specialized dietician appointments, and consultations, and specialized high-caloric drinks for our adolescents who struggle to keep food down and high-calorie meals in place.

2. Expansion of Support Groups:

- Bella Vita Tucson will use the funds to expand our no-cost support groups, ensuring that more adolescents and their families have access to a safe and supportive environment. This includes facilitating additional group meetings and potentially increasing the number of groups offered to accommodate growing demand and being able to continue all the programming costs away from our families.

3. Community Outreach and Education:

- A portion of the money will be dedicated to enhancing our community outreach programs. This includes continuing our educational efforts with schools, healthcare providers, and other community organizations. The goal is to raise awareness about eating disorders, reduce stigma, and provide valuable resources to those in need.

4. Ongoing Education for Bella Vita Tucson Team:

- Investing in the continued education of the Bella Vita Tucson team is essential for maintaining high standards of care. The funds will be used to pay for ongoing training and education in mental health and eating disorder treatment. This ensures that our team stays up-to-date with the latest research, therapies, and best practices, allowing us to provide the most effective support to those we serve.

5. Creation of Anxiety Bags:

- Funds will be used to create and distribute more anxiety bags at campus events, medical practitioner networking events, and other community gatherings. These bags, which contain neurosensory objects and Bella Vita Tucson information, are a simple yet effective way to offer immediate comfort and resources to those struggling with anxiety related to eating disorders.

6. Future Development of Inpatient Facilities:

- Any surplus funds will be earmarked for the future development of an inpatient medical rehabilitation center for adolescents. This facility is a long-term goal for Bella Vita Tucson, aimed at providing comprehensive care, including residential treatment, inpatient care, and outpatient programs.

Raising money consistently is a critical fundraising effort that will enable Una Bella Vita Tucson to continue and expand its essential work, directly impacting the lives of those affected by eating disorders in Southern Arizona.