

PHQ9P

| Were data collected? No ☐ (provide reason in comments) If Yes, data collected on visit date ☐ or specify date: | | | 10 | | |
|--|---|-----------------|----------------------------------|------------------------|--|
| Comments: | i-Mon-YYYY | | | | |
| | | | | | |
| Only the patient (subject) should enter informa | ition onto | this ques | tionnaire | | |
| Over the <u>last 2 weeks</u> , how often have you been bothered by any of the following problems? | Not at | Several days | More than half the days | Nearly every day | |
| Little interest or pleasure in doing things | 0 | 1 | 2 | 3 | |
| 2. Feeling down, depressed, or hopeless | 0 | 1 | 2 | 3 | |
| 3. Trouble falling or staying asleep, or sleeping too much | 0 | 1 | 2 | 3 | |
| Feeling tired or having little energy | 0 | 1 | 2 | 3 | |
| 5. Poor appetite or overeating | 0 | 1 | 2 | 3 | |
| Feeling bad about yourself — or that you are a failure or have let yourself or your family down | 0 | 1 | 2 | 3 | |
| Trouble concentrating on things, such as reading the newspaper or watching television | 0 | 1 | 2 | 3 | |
| Moving or speaking so slowly that other people could have noticed? Or the opposite — being so fidgety or restless that you have been moving around a lot more than usual | 0 | 1 | 2 | 3 | |
| Thoughts that you would be better off dead or of hurting yourself in some way | 0 | 1 | 2 | 3 | |
| | SCORING FOR USE BY STUDY PERSONNEL ONLY | | | | |
| | | | | | |
| | | =Total Score: | | | |
| | | entropole to | | | |
| f you checked off <u>any</u> problems, how <u>difficult</u> have these provork, take care of things at home, or get along with other pe | oblems ma | ide it for yo | ou to do yo | our | |
| Not difficult Somewhat | /ery fficult □ | | Extremely difficult | | |
| Developed by Drs. Robert L. Spitzer, Janet B.W. Williams, Kurt Kroenke and col | languan with | on odvosti – | | | |

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American Academy of Pediatrics



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