

**SCAT2 Form (Sport Concussion Assessment Tool 2)**

Name		How do you feel? You should score yourself on the following symptoms, based on how you feel now.									
		None	Mild		Moderate		Severe				
Sport/team		Headache	0	1	2	3	4	5	6		
Date/time of injury		"Pressure in head"	0	1	2	3	4	5	6		
		Neck Pain	0	1	2	3	4	5	6		
Date/time of assessment		Nausea or Vomiting	0	1	2	3	4	5	6		
		Dizziness	0	1	2	3	4	5	6		
Age		Blurred Vision	0	1	2	3	4	5	6		
		Balance problems	0	1	2	3	4	5	6		
Gender            M            F		Sensitivity to light	0	1	2	3	4	5	6		
		Sensitivity to noise	0	1	2	3	4	5	6		
Years of education completed		Feeling slowed down	0	1	2	3	4	5	6		
		Feeling like "in a fog"	0	1	2	3	4	5	6		
Examiner		"Don't feel right"	0	1	2	3	4	5	6		
		Difficulty concentrating	0	1	2	3	4	5	6		
<b>What is the SCAT2?</b> This tool represents a standardized method of evaluating injured athletes for concussion and can be used in athletes aged from 10 years and older. It supersedes the original SCAT published in 2005.		Difficulty remembering	0	1	2	3	4	5	6		
		Fatigue or low energy	0	1	2	3	4	5	6		
		Confusion	0	1	2	3	4	5	6		
		Drowsiness	0	1	2	3	4	5	6		
		Trouble falling asleep (if applicable)	0	1	2	3	4	5	6		
		More emotional	0	1	2	3	4	5	6		
		Irritability	0	1	2	3	4	5	6		
		Sadness	0	1	2	3	4	5	6		
		Nervous or Anxious	0	1	2	3	4	5	6		
		<b>Total number of symptoms (Maximum possible 22)</b>									
		<b>Symptom severity score (Add all scores in table, maximum possible: 22x6=132)</b>									
		Do the symptoms get worse with physical activity?								Y	N
		Do the symptoms get worse with mental activity?								Y	N
<b>Overall Rating</b>											
If you know the athlete well prior to the injury, how different is the athlete acting compared to his/her usual self? Please circle one response											
No different			Very different			unsure					

Adapted from:  
[http://www.cces.ca/files/pdfs/SCAT2\[1\].pdf](http://www.cces.ca/files/pdfs/SCAT2[1].pdf)

*Any athlete with a suspected concussion should be REMOVED FROM PLAY, medically assessed, monitored for deterioration (i.e., should not be left alone) and should not drive a motor vehicle.*