

## SCAT2 Form (Sport Concussion Assessment Tool 2)

Name	How do you feel?							
	You should score yourself on the following symptoms, based on how							
	you feel now.							
	None		Mild		Moderate		Severe	
Sport/team	Headache	0	1	2	3	4	5	6
sport/team	"Pressure in head"	0	1	2	3	4	5	6
	Neck Pain	0	1	2	3	4	5	6
Date/time of injury	Nausea or	0	1	2	3	4	5	6
	Vomiting Dizziness	0	1	2	3	4	5	6
Date/time of assessment	Blurred	Ö	1	2	3	4	5	6
	Vision Balance	0	1	2	3	4	5	6
Age	problems Sensitivity to	0	1	2	3	4	5	6
Gender M F  Years of education completed	light Sensitivity to	0	1	2	3	4	5	6
	noise Feeling	0	1	2	3	4	5	6
	slowed down Feeling like	0	1	2	3	4	5	6
	"in a fog" "Don't feel	0	1	2	3	4	5	6
	right"  Difficulty	0	1	2	3	4	5	6
Examiner	concentrating	<del> </del>		-			10 100	
What is the SCAT2? This tool represents a standardized method of evaluating injured athletes for concussion and can be used in athletes aged from 10 years and older. It supersedes the original SCAT published in 2005.	Difficulty remembering	0	1	2	3	4	5	6
	Fatigue or low energy	0	1	2	3	4	5	6
	Confusion	0	1	2	3	4	5	6
	Drowsiness	0	1	2_	3	4	5 -	<u>a</u>
What is a concussion?  A concussion is a disturbance in brain function caused by a direct or indirect force to the head. It results in a variety of non-specific symptoms (like those listed below) and often does not involve loss of	Trouble falling asleep (if applicable)	0	1	2	3	4	5	6
	More emotional	0	1	2	3	4	5	6
consciousness. Concussion should be suspected in	Irritability	0	1	2	3	4	55	6
the presence of any one or more of the following:	Sadness	0	1	2	3	4	5	6
Symptoms (such as headache), or      Symptoms (such as headache), or	Nervous or Anxious	0	1	2	3	4	5	6
<ul> <li>Physical signs (such as unsteadiness), or</li> <li>Impaired brain function (e.g. confusion) or</li> <li>Abnormal behavior</li> </ul>	Total number of symptoms (Maximum possible 22)							
Any athlete with a suspected concussion should be REMOVED FROM PLAY, medically assessed, monitored for deterioration (i.e., should not be left alone) and should not drive a motor vehicle.	Symptom severity score (Add all scores in table, maximum possible: 22x6=132)						20000000	
	Do the symptoms get worse with physical activity?						Υ	N
	Do the symptoms get worse with mental activity?  Overall Rating						Υ	N
	overall rating							
	If you know the athlete well prior to the injury, how different is the athle							

No different

Adapted from:

http://www.cces.ca/files/pdfs/SCAT2[1].pdf

acting compared to his/her usual self? Please circle one response

Very different