



SCAT2 Form (Sport Concussion Assessment Tool 2)

Name _____		How do you feel? You should score yourself on the following symptoms, based on how you feel now.						
Date of Birth _____								
			None	Mild		Moderate		Severe
Sport/team		Headache	0	1	2	3	4	5 6
		"Pressure in head"	0	1	2	3	4	5 6
Date/time of injury		Neck Pain	0	1	2	3	4	5 6
		Nausea or Vomiting	0	1	2	3	4	5 6
Date/time of assessment		Dizziness	0	1	2	3	4	5 6
		Blurred Vision	0	1	2	3	4	5 6
Age		Balance problems	0	1	2	3	4	5 6
Gender M F		Sensitivity to light	0	1	2	3	4	5 6
		Sensitivity to noise	0	1	2	3	4	5 6
		Feeling slowed down	0	1	2	3	4	5 6
Years of education completed		Feeling like "in a fog"	0	1	2	3	4	5 6
		"Don't feel right"	0	1	2	3	4	5 6
Examiner		Difficulty concentrating	0	1	2	3	4	5 6
What is the SCAT2? This tool represents a standardized method of evaluating injured athletes for concussion and can be used in athletes aged from 10 years and older. It supersedes the original SCAT published in 2005.		Difficulty remembering	0	1	2	3	4	5 6
		Fatigue or low energy	0	1	2	3	4	5 6
		Confusion	0	1	2	3	4	5 6
		Drowsiness	0	1	2	3	4	5 6
What is a concussion? A concussion is a disturbance in brain function caused by a direct or indirect force to the head. It results in a variety of non-specific symptoms (like those listed below) and often does not involve loss of consciousness. Concussion should be suspected in the presence of any one or more of the following:		Trouble falling asleep (if applicable)	0	1	2	3	4	5 6
		More emotional	0	1	2	3	4	5 6
		Irritability	0	1	2	3	4	5 6
		Sadness	0	1	2	3	4	5 6
		Nervous or Anxious	0	1	2	3	4	5 6
		Total number of symptoms (Maximum possible 22)						
		Symptom severity score (Add all scores in table, maximum possible: 22x6=132)						
		Do the symptoms get worse with physical activity?						Y N
		Do the symptoms get worse with mental activity?						Y N
		Overall Rating If you know the athlete well prior to the injury, how different is the athlete acting compared to his/her usual self? Please circle one response						
		No different		Very different			unsure	
Adapted from: http://www.cces.ca/files/pdfs/SCAT2[1].pdf								