

Circumcision Information | 1 year old up to 17 years old

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What is a Circumcision?

Circumcision is a surgical removal of the skin covering the tip of the penis. Circumcision also prevents the risk of urinary tract infections and can also prevent foreskin problems, such as foreskin inflammation and foreskin tightness on the puberty age.

Preparation for the Circumcision Procedure

- Arrive 45 minutes prior to the appointment.
- Bring the patient's health card, Tylenol ; *if still applicable*, bring at least 2 diapers, pacifier and extra milk.
- *If applicable*, Pubic hair must be shaved.
- Must have enough sleep the night before the procedure.
- For out of town patients, please stay within the city vicinity for at least 1 day after the procedure; and please make sure to arrange a follow up appointment after 1 – 2 weeks time.

Important Things to Remember:

The Physician who will perform the procedure has been doing this procedure for more than 16 years. Professional and licensed to perform the Circumcision Procedure and the Physician's Assistant has a professional etiquette, well trained and well experienced.

- Video recording and/or photograph and Social Media are not allowed during the procedure.
- *If applicable*, your son may be given an oral sucrose drink mix,.
- Local and Topical Anaesthetic will provide a relief for 2-3 hours after procedure.
- Tylenol or Acetaminophen will help to subside the swelling. Do not give the patient a pain medication other than Tylenol or Acetaminophen – as it may interfere with the healing process.
- For best result, please attend all of the required follow up appointments.
- Must be always using a snug fitting underwear; *or If applicable*, always make sure that the diaper is tight enough and it is not moving.
- The presence of yellowish – whitish layer is normal, it just a part of the healing process.
- If bleeding occurs, apply a firm pressure on the bleeding point with a clean gauze. Make sure that your hands and the gauze is clean when you apply the pressure.
- Always have this guideline handy, and rely on this for the Post Circumcision Care.

Circumcision Procedure

- Upon arrival, the Physician will apply the Topical Anaesthetic to the patient, and wait for 30 – 45 minutes before we start on to the procedure.
- *If applicable*, the patient may be placed into a secured child restraint to prevent the patient from moving during the procedure.
- The Physician may still provide a local anaesthetic injection on the dorsal side of the penis.
- A Gomco or Mogan clamp will be placed on the penis and will have to leave it for few minutes for the best result.
- Some stitches will be performed upon removing the Clamp. The stitch will fall out by itself and/or absorbed by the skin. No suture removal required.
- The Physician may do a cauterization – depends upon the case.
- The Physician will do the dressing. Dressing includes sterile gauze and white petroleum jelly.

Post-Circumcision Care

Please follow the instructions below for best result and for the patient's own benefit:

- ➔ Children's Tylenol should be given every 4-6 hours for 1 day or as per the Physician's recommendation.
- ➔ Must have a complete bed rest for the next 24 hours.
- ➔ Avoid heavy physical activities in the next 2 weeks or until it is fully healed.
- ➔ Avoid travelling and excessive use of car seat until it is fully healed. Use only when necessary.
- ➔ Do not remove or touch the gauze in the next 20 - 24 hours.
- ➔ After 20 – 24 hours, put the patient into a warm shower, and clean the private area with only warm water – no soap or other products on the private area. And remove the gauze and tape after shower.

Below are the steps to follow upon removing the gauze, should be done as needed and/or follow the Physician's recommendation for the dressing technique:

- ➔ Apply a thick layer of betadine cream on the penis, as needed.
- ➔ Apply a thick layer of Vaseline on the gauze; *or if still applicable*, apply a thick layer of Vaseline on the part of the diaper where it will touch the patient's private area.
- ➔ Always wear a snug fitting underwear; *or if still applicable*; always make sure that the diaper is always tight enough and it is not moving.
- ➔ Patient's private area should be cleaned with a running warm water only – no other products and no scrubbing.

Your son needs a comfort after the procedure, or even few days after the procedure. Always give him a loving care, hug and cuddle so that he will feel more comfortable.

- ➔ *Please follow the Post Circumcision Care to avoid any risk and complications; for best result and for the patient's own benefits.*
- ➔ *For any urgent and non urgent questions and/or concern, please call or text the Circumcision Clinic Direct Line at 780 705 6743*

