



**The Sound  
Relationship  
House**

**Create  
Shared Meaning**

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**Make Life Dreams  
Come True**

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**Manage Conflict**

- Accept Your Partner's Influence
  - Dialogue About Problems
  - Practice Self-Soothing
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**The Positive Perspective**

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**Turn Towards Instead of Away**

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**Share Fondness and Admiration**

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**Build Love Maps**

- Know One Another's World

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