

Lunch Menu

A healthy cooked meal is given at lunchtime, with a drink. *We encourage children to eat our lovely meals unless there is a medical reason not to do so. Many of our little ones like “Go-Go’s” cooking and have asked mom to cook it like Gogo!*

Two week lunch menu with vegetarian option.

Week A	Monday	Tuesday	Wednesday	Thursday	Friday
Normal Menu	Chicken Alfonso (Chicken in a cheese sauce with pasta)	Macaroni Cheese	Fish fingers, rice, baked beans	Spaghetti Bolognaise	Hot dog Chicken Vienna with tomato sauce popcorn
Vegetarian Menu	Butter bean Alfonso (butter beans no chicken)	As above	Rice and Baked Beans	Soya mince Bolognaise (No beef mince)	Cheese roll & popcorn

Week B	Monday	Tuesday	Wednesday	Thursday	Friday
Normal Menu	Chicken dinner, rice, butternut mix veg, gravy	Macaroni Cheese	Fish fingers, mash potatoes, mix veg	Savoury mince, rice, mixed veg	Hot dog Chicken Vienna with tomato sauce popcorn
Vegetarian Menu	Butternut, rice mix veg, cheese sauce	As above	As above	Savoury soya mince, rice, mixed veg	Cheese roll & popcorn

Babies are accommodated for by either blending the food, or by serving an alternative that they can eat easily. This is of course, if your baby is ready to move on from baby food to the school menu, or just some of the meals. Parents of babies are encouraged to discuss meals with the class teacher. Iced tea is served. The children are encouraged to drink plenty of water.