



REST

SK DELI MARKET PRODUCTIONS PRESENTS "REST" STARRING CLARE LOUISE FROST ALASTAIR BOAG AMORY WALSH
DIRECTOR OF PHOTOGRAPHY NIKKO TONOLETE EDITED BY MICAH STATHAKOPOULOS & CLARA ESCARCHA SCORE COMPOSED BY CHASE BRANDAU
PRODUCED BY CLARE LOUISE FROST & MICAH STATHIS WRITTEN AND DIRECTED BY MICAH STATHIS



REST

Running Time

11 minutes

Written + Directed

Micah Stathis

Production Company

SK Deli Market Productions

New York, NY

Edited

Micah Stathakopoulos

Clara Louisa Escarcha

Cinematography

Nikko Tonolet

Score

Chase Brandau



LOGLINE

Iris, a recently sober alcoholic, is due in court tomorrow: rested and prepared. Unable to fall asleep, she battles the voices in her head and her own desire for a drink as the night stretches on, seemingly without end.



DIRECTOR'S STATEMENT

Rest is a film that straddles the line between psychological thriller/horror film and ghost story. It is also an intimate character study of a woman's struggle with her inner demons, in this case her addiction to alcohol.

Addiction and its vise-like grip is an idea that has long interested me, as many people in my family suffer from various addictions and I have often struggled myself against the temptations that I know lead to addiction. Addiction becomes obsession and the thing you want most is also the thing you shouldn't have. It is an unforgiving cycle where escapes are often nothing more than false dawns. This is Iris' story in Rest: ghosts, addiction, time and the powerlessness to know where to turn, who to listen to and how, if ever, to escape. What looks like salvation can quickly become damnation.

Addiction can be a thorny issue to portray, and I decided early on that a non-linear, genre approach would not only serve the story and themes but present a new and fresh filmmaking challenge. In making this film, I was inspired by David Lynch's "Lost Highway," Lynne Rasmay's "We Need to Talk About Kevin," and Gareth Tunley's "The Ghoul."

DIRECTOR BIO



Award winning director Micah Stathis was born in the Midwest and raised in Greece, in Ano Glyfada just outside of Athens.

Micah spent three years serving in the US Army, being deployed in combat in Ramadi, Iraq. He is a decorated veteran.

Micah then received his Masters in Film Studies at NYU Tisch. He has written and directed many short films, music videos and short documentaries. "The Sisters Karras" (2022) was his first feature.

Micah also has extensive experience as a television producer and technical director, working for years at MNN (Manhattan Neighborhood Network) on community events, political and policy debates, variety shows, Urban Word poetry slam, educational programming and more.

"Rest" is his first horror film.



CREDITS

Written + Directed by

Micah Stathis

Produced by

Clare Louise Frost
Micah Stathis

Cinematography by

Nikko Tonolete

Editors

Michaias Iason Stathakopoulos
Clara Louisa Escarcha

Composer

Chase Brandau

1st Assistant Camera

Julian West

Gaffer

Piboon Thongtanyong

1st Assistant Director

Annie 'Murf' Murphy

2nd Assistant Director

Haiba Khan

Assistant Producer

Annie 'Murf' Murphy

Sound Mixer

Joe Reyes

Post Production Audio

Cape Status

Post-Production Services

Nice Dissolve

Production Company

SK Deli Market Productions
New York, NY



CAST

IRIS

Clare Louise Frost

CHARLIE

Alastair Boag

JERI

Amory Walsh

PRODUCING COMPANY
SK DELI MARKET PRODUCTIONS



SK Deli Market Productions writes and produces original film.

SK is writer/director/producer/actors Clare Louise Frost and Micah Stathis.

Following a short film, "Zero," SK produced its award-winning feature, "The Sisters Karras," set for 2023 release. A second feature is in development.

SK is based in New York City.

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