

SK DELI MARKET PRODUCTIONS PRESENTS "**REST**" STARRING CLARE LOUISE FROST ALASTAIR BOAG AMORY WALSH PRODUCED FOR MICAH STATHAKOPOULOS & CLARA ESCARCHA COMPOSEO BY CHASE BRANDAU PRODUCED CLARE LOUISE FROST & MICAH STATHIS WIREEMANN MICAH STATHIS



## **REST**

Running Time

Written + Directed

11 minutes

**Micah Stathis** 

**Production Company** 

**SK Deli Market Productions** 

New York, NY

Edited

Micah Stathakopoulos

Clara Louisa Escarcha

Cinematography

Nikko Tonolete

Score

Chase Brandau



### LOGLINE

Iris, a recently sober alcoholic, is due in court tomorrow: rested and prepared. Unable to fall asleep, she battles the voices in her head and her own desire for a drink as the night stretches on, seemingly without end.



#### **DIRECTOR'S STATEMENT**

Rest is a film that straddles the line between psychological thriller/horror film and ghost story. It is also an intimate character study of a woman's struggle with her inner demons, in this case her addiction to alcohol.

Addiction and its vise-like grip is an idea that has long interested me, as many people in my family suffer from various addictions and I have often struggled myself against the temptations that I know lead to addiction. Addiction becomes obsession and the thing you want most is also the thing you shouldn't have. It is an unforgiving cycle where escapes are often nothing more than false dawns. This is Iris' story in Rest: ghosts, addiction, time and the powerlessness to know where to turn, who to listen to and how, if ever, to escape. What looks like salvation can quickly become damnation.

Addiction can be a thorny issue to portray, and I decided early on that a non-linear, genre approach would not only serve the story and themes but present a new and fresh filmmaking challenge. In making this film, I was inspired by David Lynch's "Lost Highway," Lynne Rasmay's "We Need to Talk About Kevin," and Gareth Tunley's "The Ghoul."

#### DIRECTOR BIO



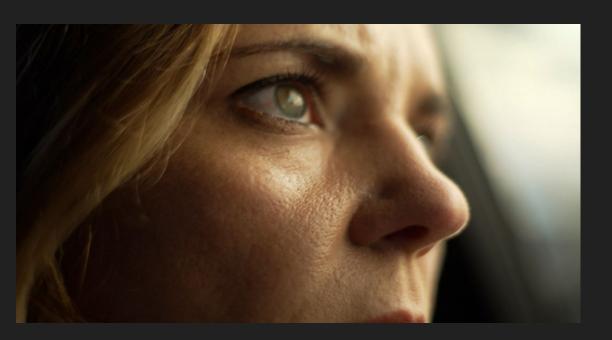
Award winning director Micah Stathis was born in the Midwest and raised in Greece, in Ano Glyfada just outside of Athens.

Micah spent three years serving in the US Army, being deployed in combat in Ramadi, Iraq. He is a decorated veteran.

Micah then received his Masters in Film Studies at NYU Tisch. He has written and directed many short films, music videos and short documentaries. "The Sisters Karras" (2022) was his first feature.

Micah also has extensive experience as a television producer and technical director, working for years at MNN (Manhattan Neighborhood Network) on community events, political and policy debates, variety shows, Urban Word poetry slam, educational programming and more.

"Rest" is his first horror film.



#### **CREDITS**

Written + Directed by Micah Stathis

Produced by Clare Louise Frost

**Micah Stathis** 

Cinematography by Nikko Tonolete

Editors Michaias Iason Stathakopoulos

Clara Louisa Escarcha

Composer Chase Brandau

1st Assistant Camera Julian West

Gaffer Piboon Thongtanyong

1srt Assistant Director Annie 'Murf' Murphy

2nd Assistant Director Haiba Khan

Assistant Producer Annie 'Murf' Murphy

Sound Mixer Joe Reyes

Post Production Audio Cape Status

Post-Production Services Nice Dissolve

Production Company SK Deli Market Productions

New York, NY



### CAST

IRIS

CHARLIE

JERI

Clare Louise Frost

Alastair Boag

Amory Walsh

# PRODUCING COMPANY SK DELI MARKET PRODUCTIONS



SK Deli Market Productions writes and produces original film.

SK is writer/director/producer/actors Clare Louise Frost and Micah Stathis.

Following a short film, "Zero," SK produced its award-winning feature, "The Sisters Karras," set for 2023 release. A second feature is in development.

SK is based in New York City.

info@sk-deli-market.com https://sk-deli-market.com/

#### **REST**

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