



精英太極坊  
*Elite Taiji Club*

### **Our Maxims**

**\*As water, as wind, go soft and swift.**

**\*As ice, as fog, be tough and subtle.**

**\*Swift as a cat, still like a mountain.**

**\*Willpower & skill are equally essential.**

**\*Target the low and near but not the high and far.**

**\*Go proficient in one style makes you a good master.**

**\*Go for force but strength, subconsciousness but style**