

# 新架二路

## Xin Jia Er Lu

## New frame version -2

Form	Traditional Chinese	Verbatim English	Free Translation English	Espanol translation/Class remarks
1	太極起式	Taiji qi shi	Commencing form	
2	金剛搗碓	Jin Gang dao dui	Jin Gang pounds mortar	
3	懶扎衣	Lan zha yi	Grasp the robe	
4	六封四閉	Liu feng si bi	Enclose completely	
5	單邊	Dan bian	Single whip	
6	搬攔肘	Ban lan zhou	Elbow strike	
7	護心拳	Hu xin quan	Chest guarding fist	
8	拗步斜行	Ao bu Xie xing	Wade forward & Step obliquely	
9	煞腰壓肘拳	Sha yao ya zhou quan	Elbow & fist strikes	
10	井欄直入	Jing lan zhi ru	Stright punch	
11	風掃梅花	Fen sao mei hua	Flower sweeping blow	
12	金剛搗碓	Jin Gang dao dui	Jin Gang pounds mortar	
13	撇身鎚	Pie xin chui	Flinging fists	
14	斬手	Zhan shou	Chopping palms	
15	翻花舞袖	Fan hua wu xiu	Turn back sleeves	
16	掩手肱拳	Yan shou gong quan	Defending punch	
17	飛步腰攔肘	Fei bu yao lan zhou	Leap forward with elbow strike	
18	前雲手	Qian yun shou	Cloud hands forward	
19	後雲手	Hou yun shou	Cloud hands backward	
20	高探馬	Gao tan ma	Inspect the horse	
21	連珠炮	Lian zhu pao	Consecutive cannon fists	
22	倒騎麟	Dao qi lung	Riding a unicorn reversely	
23	白蛇吐信	Bai she tu xin	Snake shows tongue	
24	海底翻花	Hai di fan hua	Stir up the ocean	
25	掩手肱拳	Yan shou gong quan	Defending punch	
26	左裏鞭炮	Zuo guo bian pao	Wrap fire crackers to left.	
27	右裏鞭炮	You guo bian pao	Wrap fire crackers to right.	
28	獸頭式	Shou tou shi	Beast head posture	
29	披架子	Pi jia zi	Hold the frame	
30	翻花舞袖	Fan hua wu xiu	Turn back sleeves	



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31	掩手肱拳	Yan shou gong quan	Defending punch	
32	伏虎	Fu hu	Subdue a tiger	
33	抹眉紅	Mo mei hung	Swipe the eyebrow	
34	左黃龍三攪水	Zou huang lung san jiao shui	Dragon stirs the ocean, left	
35	右黃龍三攪水	You huang lung san jiao shui	Dragon stirs the ocean, right	
36	左蹬一脚	Zou den yi jiao	Kick with edge of left foot	
37	右蹬一脚	You deng yi jiao	Kick with edge of right foot	
38	海底翻花	Hai di fan hua	Stir up the ocean	
39	掩手肱拳	Yan shou gong quan	Defending punch	
40	掃蕩腿	Sau dang tui	Leg sweep	
41	掩手肱拳	Yan shou gong quan	Defending punch	
42	左衝	Zou chong	Punch left	
43	右衝	You chong	Punch right	
44	倒插花	Dao cha hua	Reverse transplant	
45	海底翻花	Hai di fan hua	Stir up the ocean	
46	掩手肱拳	Yan shou gong quan	Defending punch	
47	奪二肱	Duo er gong	Double punches	
48	連環炮	Lian huan pao	Consecutive punches	
49	玉女穿梭	Yu nu chuan suo	Lady weaving with a shuttle	
50	回頭當門炮	Hui tou dang men pao	Turn back with punch	
51	玉女穿梭	Yu nu chuan suo	Lady weaving with a shuttle	
52	回頭當門炮	Hui tou dang men pao	Turn back with punch	
53	腰攔肘	Yao lan zhou	Hip elbow strike	
54	順攔肘	Shun lan zhou	Chest elbow strike	
55	穿心肘	Chuan xin zhou	Chest through strike	
56	鍋裡炮	Guo li pao	Cannon in pan	
57	井攔直入	Jin lan zhi ru	Stright punch	
58	風掃梅花	Feng sao mei hua	Flower sweeping blow	
59	金剛搗碓	Jin Gang dao dui	Jin Gang pounds mortar	
60	太極收式	Taiji shou shi	Closing form	

