

## COURTHOUSE GYMNASTICS ALL STAR INFO 2024-2025

Registration is now open for 2024-25 season

Any Girl or **Boy** gymnasts beginner level and up can participate. Athlete needs to be enrolled in our 2024 Fall / 2025 Spring program.

## Our All Star program has been a huge success and a ton of fun for the gymnasts. We are very excited to APD <u>BOYS</u> this year. We cant wait for another fun filled season.

Dates for training sessions: <u>September 14th</u> -Time will be announced once we have better idea of member numbers Registration will close September 10th <u>October 26-</u> Time will be announced once we have better idea of member numbers Registration will close October 22nd

These sessions will be late afternoon or early evening.

First Competition date: <u>November 16th</u> we think we will have to run several sessions so times can not be set in stone until we have all entries. Will be late afternoon early evening **Registration will close November 9th** 

We will add one more competition dates.

To register you will log into your account and search for each "class" and put your child in them. Make sure your child is a member also.

**How to join**- Log into your courthouse account and register for the Courthouse All Star members "class". Look for the all star class that **matches the class level your child is enrolled in for fall classes.** Once you register a \$25.00 membership fee will be drafted. This membership entitles you access to the private Facebook account that has our routines, the opportunity to register for "extra" practices (training sessions), and our All Star competitions. Once you are a member you may request to join the Facebook page.

<u>If your child was a member</u> this summer you will only need to register for training sessions and competitions. *Email Ms Tammy* and she will add your child to the "membership" because you will only owe \$10 membership fee. If you enroll them computer will charge you full fee.

**Cost**- \$25.00 membership fee, \$20.00 per extra training session to work routines, \$40 competition fee.

**Dates**- There will be several training sessions for routines (first set of dates listed above). These will be done on Saturday afternoon or evenings. We will let you know specific dates once they are set. Sign ups will be available online through our website. Please register for sessions you plan to attend once we set dates.

We plan to host 3 competitions this school year.

**Competition rules**- The Courthouse All Stars will utilize 3 to 4 levels of routines. Athlete's can do routines from any level. Courthouse staff will determine what level your child will compete on each event based on their skill level. Example, your child may compete level A on floor and level B on bars. Each gymnast will be judged on vault, bars, beam and floor.

You will need to register for competition online when dates are set (first date listed above).

Skills and sequences in routines will be incorporated into our weekly lesson plans.

Each child will receive a ribbon for each event. There will be a gold, silver, bronze and participation awarddivision. There will not be a 1st place, 2nd place, etc. winner.Gold award 10.00 - 9.00Score rangesSilver award 8.90 - 8.00Bronze award 7.90 -7.00Participation 6.90 and below

## Each training session will closed for registration prior to the session, deadlines listed. This is to ensure we have enough staff available and a schedule set.

## The competition registration will close prior to competition (deadline listed) so we can plan the sessions.

**No special uniform needs to be purchased**. Girl Gymnasts just need to wear leotard they wear to class Boys T-shirt and shorts. However we will be ordering **COURTHOUSE ALL STAR LEOTARDS** for those girls that would like one. Order forms for those can be picked up in the office. All Star Leos are \$42

More details will go out to All Star members once we get closer to our workouts and competitions. **Join** today so you do not miss out!!!

Questions?? email us. Office@courthousegymnastics.com