



# STUDIO A DANCE COMPANY

## STRONG WEEKLY SCHEDULE

RECREATIONAL + PERFORMANCE + COMPETITION PATHWAY

|           | 3:00-4:00                          | 4:00-4:30            | 4:30-5:00                                              | 5:00-5:30                               | 5:30-6:00 | 6:00-6:30                                                                                     | 6:30-7:00                         | 7:00-7:30                                      | 7:30-8:00 |
|-----------|------------------------------------|----------------------|--------------------------------------------------------|-----------------------------------------|-----------|-----------------------------------------------------------------------------------------------|-----------------------------------|------------------------------------------------|-----------|
| MONDAY    | Beginning Acro<br>3:30-4:30        |                      | Courthouse<br>Gymnastics Team<br>Coaching<br>4:30-5:00 | Mini Belles<br>Ages 4-6<br>5:00-6:00    |           | Christmas Belles Ballet & Rehearsal<br>(Competition Team Required)<br>Ages 7+<br>6:00-8:00    |                                   |                                                |           |
| TUESDAY   | Tiny Toes<br>Ages 3-4<br>3:00-3:45 | Ballet 2<br>Ages 5-6 |                                                        | Hip Hop<br>Ages 6+<br>5:00-6:00         |           | Acro<br>Ages 6+<br>6:00-7:00                                                                  |                                   | Contemporary / Lyrical<br>Ages 7+<br>7:00-8:00 |           |
| WEDNESDAY |                                    |                      |                                                        | Competition Team Rehearsal<br>5:00-6:30 |           |                                                                                               | Ballet 3<br>Ages 7-9<br>6:30-7:30 |                                                |           |
| THURSDAY  | Mommy & Me<br>3:00-3:45            | Ballet 2<br>Ages 5-6 |                                                        | Ballet 3<br>Ages 7-9                    |           | Competition /<br>Christmas Belles<br>Ballet Tech<br>6:00-7:00                                 |                                   | Pointe<br>7:00-7:45                            |           |
| FRIDAY    |                                    |                      | Courthouse<br>Gymnastics Team<br>Coaching<br>4:30-5:00 | Mini Belles<br>Ages 4-6<br>5:00-6:00    |           | Christmas Belles<br>Ballet & Rehearsal<br>(Competition Team Required)<br>Ages 7+<br>6:00-8:00 |                                   |                                                |           |
| SATURDAY  | 10:00am Adult Bar Class            |                      |                                                        |                                         |           |                                                                                               |                                   |                                                |           |

### PROGRAM TRACKS



#### RECREATIONAL TRACK

Mommy & Me, Tiny Toes, Ballet 2, Hip Hop, Acro, Ballet 3, Lyrical and Contemporary/Lyrical.

**GOAL:** Fun, confidence, recital readiness and strong retention.



#### THE CHRISTMAS BELLES

Christmas Belles Ballet & Rehearsal, Ballet Tech and community performance opportunities.

**GOAL:** Stage confidence, service, visibility and Studio A identity.



#### COMPETITION TRACK

Required: Monday & Friday Christmas Belles Ballet & Rehearsal, 6:00-8:00.  
Wednesday Competition Team Rehearsal: 5:00-6:30.

**GOAL:** Pre-professional training.



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