

## COURTHOUSE GYMNASTICS ALL STAR INFO 2025 - 2026

## EVERYONE WANTING TO PARTICIPATE HAS TO BECOME A MEMBER PRIOR TO ATTENDING ANY TRAINING OR COMPETITIONS.

Any **Girl** or **Boy** gymnasts beginner level and up can participate. Athlete needs to be enrolled in our 2025 Fall / 2026 Spring gymnastics program.

Our All Star program has been a huge success and a ton of fun for the gymnasts. We cant wait for another fun filled season.

**Dates for training sessions:** October 18th

November 1st

Registration will close online October 13th

Registration will close online October 27th

These sessions will be *late afternoon or early evening*. We will set times once me know total number of members

**First Competition date:** November 22nd we think we will have to run several sessions so times can not be set in stone until we have all entries. Most likely will be late afternoon to avoid conflicting with other sports.

Deadline to register online for competition will be November 9th

We will add more training and competition dates for 2026 soon

**How to join**- Log into your courthouse account and register for the Courthouse All Star members "class". **Look** for the all star class that **matches the class level your child is enrolled in for fall classes.** Once you register a \$30.00 membership fee will be drafted. This membership entitles you access to the **private Facebook** account that has our routines, the opportunity to register for "extra" practices (training sessions), and our All Star competitions. Once you are a member you may request to join the Facebook page.

**Cost**- \$30.00 membership fee, \$20.00 per extra training session to work routines, \$40 competition fee.

**Dates**- There will be several training sessions for routines (first set of dates listed above). These will be done on Saturday afternoon or evenings to avoid conflicts with other fall/spring sports. We will let you know future dates once they are set. Sign ups will be available online through our website. Please register for sessions you plan to attend once we set dates.

We plan to host 3 competitions this school year.

**Competition rules**- The Courthouse All Stars will utilize 3 to 4 levels of routines. Athlete's can do routines from any level. Courthouse staff will determine what level your child will compete on each event based on their skill level. Example, your child may compete level A on floor and level B on bars. Each girl gymnast will be judged on vault, bars, beam and floor. **Boys will be judged** on Floor, vault, P-Bars and rings.

You will need to register for competition online when dates are set (first date listed above).

Skills and sequences in routines will be incorporated into our weekly lesson plans.

**Each child will receive a ribbon for each event.** There will be a gold, silver, bronze and participation award division. There will not be a 1<sup>st</sup> place, 2<sup>nd</sup> place, etc. winner.

Gold award 10.00 - 9.00 Score ranges

Silver award 8.90 - 8.00

Bronze award 7.90 -7.00

Participation 6.90 and below

Each training session will closed for registration prior to the session, deadlines listed. This is to ensure we have enough staff available and a schedule set.

The competition registration will close prior to competition (deadline listed) so we can plan the sessions.

**No special uniform needs to be purchased**. Girl Gymnasts just need to wear leotard they wear to class Boys T-shirt and shorts. However we will be ordering **NEW COURTHOUSE ALL STAR LEOTARDS** for those girls that would like one. Order forms for those can be picked up in the office. All Star Leos are \$42

More details will go out to All Star members once we get closer to our workouts and competitions. **Join today so you do not miss out!!!** 

**Questions?? email us.** office@courthousegymnastics.com

Don't let your child miss out on all the FUN!!!