

STUDIO A DANCE COMPANY

Strong Weekly Schedule | Recreational + Performance + Competition Pathway

Day	3:00-4:00	4:00-4:30	4:30-5:00	5:00-5:30	5:30-6:00	6:00-6:30	6:30-7:00	7:00-7:30	7:30-8:00
Monday	Beginning Acro		Courthouse Gymnastics Team Coaching 4:30-5:00	Mini Belles Ages 4-6 5:00-6:00		Christmas Belles Ballet & Rehearsal (Competition Team Required) Ages 7+ 6:00-8:00			
Tuesday	Tiny Toes Ages 3-4 3:00-3:45	Ballet 2 Ages 5-6		Hip Hop Ages 6+ 5:00-6:00		Acro Ages 6+ 6:00-7:00		Contemporary / Lyrical Ages 7+ 7:00-8:00	
Wednesday				Competition Team Rehearsal 5:00-6:30			Ballet 3 Ages 7-9 6:30-7:30		
Thursday	Mommy & Me 3:00-3:45	Ballet 2 Ages 5-6		Ballet 3 Ages 7-9		Competition / Christmas Belles Ballet Tech 6:00-7:00		Pointe 7:00-7:45	
Friday			Courthouse Gymnastics Team Coaching 4:30-5:00	Mini Belles Ages 4-6 5:00-6:00		Christmas Belles Ballet & Rehearsal (Competition Team Required) Ages 7+ 6:00-8:00			
Saturday	10am Adult Bar Class								

Program Tracks

Recreational Track	The Christmas Belles	Competition Track
Mommy & Me, Tiny Toes, Ballet 2, Hip Hop, Acro, Ballet 3, Lyrical and Contemporary/Lyrical. Goal: fun, confidence, recital readiness and strong retention.	Christmas Belles Ballet & Rehearsal, Ballet Tech and community performance opportunities. Goal: stage confidence, service, visibility and Studio A identity.	Required: Monday & Friday Christmas Belles Ballet & Rehearsal, 6:00-8:00. Wednesday Competition Team Rehearsal: 5:00-6:30. Goal: pre-professional training.