

**MOMMY AND ME CLASS**  
**2 year olds**

**Each child must be accompanied by an Adult (parent, grandparent, caregiver) in class. This class introduces the child to Gymnastic skills, following directions, the atmosphere of the gym and FUN!**

**The Adult helps guide the child through stations of activities with instructions from and under the supervision and guidance of the Instructor.**

**This class is taught by Amy White. She started this class at Courthouse Gymnastics Co. years ago. She is a class instructor and team coach with nearly 40 years of experience teaching gymnastics to children of all ages.**