



**2019—2020**

**Club Program**

**eliminating racism  
empowering women  
ywca**

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## **PERFORMANCE POINT VOLLEYBALL CLUB**

Performance Point originated as part of Game Point, Inc., a local club founded in 2001. The club has been providing high level instruction and competition to area volleyball players for over 18 years. In 2012, the club joined YWCA Greater Lafayette and has continued to expand its programming to meet the needs of players of all ages and abilities. Performance Point values our players as athletes, students, and young women and strives to encourage healthy self-esteem, personal responsibility, and community awareness as well as volleyball skills.

Performance Point has made a name for itself in the volleyball community by winning numerous tournaments, sending teams to compete in Nationals, and has guided players to their future careers at the collegiate level including Division I, Division II, Division III, and NAIA.

While the Club Program focuses on skill and knowledge development for players who have an established enthusiasm for volleyball, Performance Point also has a variety of program offerings for younger and less experienced players including workshops, private lessons, Little Spikers, and Y League.

### **Stay Informed**

For all of the latest information regarding Performance Point, check out our sites!

Website: [www.pointvb.com](http://www.pointvb.com)

Facebook: Performance Point Volleyball Club

Twitter: @pointvolleyball

## **Uniforms**

### **Local Teams—Limited travel**

- Practice tee
- Warm up jacket
- Warm up shirt
- 1 Jersey
- Backpack
- Spandex

### **Regional Teams**

- Practice tee
- Warm up jacket
- Warm up pants
- Warm up shirt
- 2 Jersey
- Backpack
- Spandex
- Volleyball

### **National Teams**

- Practice t-shirt
- Warm up jacket
- Warm up pants
- Warm up shirt
- 2 Jerseys
- Backpack
- Spandex
- Volleyball

\*Kneepads, shoes, and active ankles will be available for an additional fee.

### **Spirit Wear**

Spirit wear will be available to help support Performance Point and your player.

## COMPETITIVE CLUB PROGRAM

10 to 18-year-olds

Performance Point's Club Program focuses on all aspects of the game including technique, strategy, and team dynamics. The experienced coaching staff will provide individualized instruction and assist players in attaining their personal volleyball goals. The club offers travel programs for various skill levels including Local, Regional, and National teams.

### Local Teams

10-11-12U, 13U & 16U

Players can expect to play in approximately 4-5 local tournaments on Saturday or Sunday with a one-day format. Local teams will practice on Sundays and one weekday. The season runs from November-March.

### Regional Teams

13U - 18U

Regional teams will play in approximately 5-7 tournaments on Saturday and/or Sundays with both one and two-day formats. These teams will play in Indiana tournaments. The season runs from November-May.

### National Teams

13U - 18U

National teams will play in 6-8 elite tournaments in and around Indiana in both one and two-day formats. National teams may also have the opportunity to compete at the AAU Junior National Volleyball Championship held at Wide World of Sports, Walt Disney World in Orlando, Florida. Players will practice on Sundays and twice during the week.

\*Skills clinics will be offered during Christmas and Spring Break to all teams.

## CLUB COSTS

### Tryout Fees

12 and under \$100 try out fee non-refundable  
\$100 nonrefundable tryout fee due on or before tryout date.  
Refunded if not placed on a team

### Team Fees

Team fees vary based on age level and competition schedule. Team fees do not include player travel or hotel expenses or participation on Nationals Teams. Travel costs for coaches are included in team fees.

When establishing fees, the staff considers every aspect of club operation including coach's time commitments, facility rentals, uniforms, equipment and supply costs, tournament entry and officiating fees, and Junior Volleyball Association memberships when applicable.

Teams with shorter seasons are able to spread payments over four months and those with longer seasons may take five monthly payments. Families with more than one player participating will receive a \$50 discount per player and those who choose to pay in full by December 24th will receive an additional 3% discount.

### Additional Costs

Cost for players' travel, lodging, and food for out-of-town tournaments are not included in club fees. If a team qualifies and selects to participate in Nationals in June then those costs will also be in addition to regular season club fees.

### \*Automatic Payment

Parents will be required to fill out an automatic payment information sheet. This will ensure that all payments are met. Payments will be withdrawn the 15th of each month subject to when teams are finalized.

## Frequently Asked Questions

### How are teams divided?

Several factors go into selecting teams. The first factor is always the player's age as of September 1st. Players are able to play on older teams, but are never allowed to play on a team at a younger age level. After age, we evaluate players by skill, position, and school. No more than three players from a high school can be on the same team. After looking at those factors, we will create two to three teams per age level. Teams will be identified by age and level, i.e. 15-1's, 15-2's and 15-3's.

### How is playing age determined?

USA Volleyball uses September 1st as the cutoff date to determine playing age. Use the chart below to determine your player's age level.

10 and Under Division: Born on or after September 1, 2009  
11 and Under Division: Born on or after September 1, 2008  
12 and Under Division: Born on or after September 1, 2007  
13 and Under Division: Born on or after September 1, 2006  
14 and Under Division: Born on or after September 1, 2005  
15 and Under Division: Born on or after September 1, 2004  
16 and Under Division: Born on or after September 1, 2003  
17 and Under Division: Born on or after September 1, 2002  
18 and Under Division: Born on or after September 1, 2001, or born on or after September 1, 1999, and a high school student in the 12th grade or below during some part of the current academic year.

### Where do teams practice?

Practice locations will vary based on club and team needs. The YWCA's gym as well as several local school gymnasiums will be utilized during the season. Coaches will communicate practice locations and times to their respective teams.

## Player, Parent and, Coach Communication

Volleyball can help players develop many important skills and traits that can lead to future successes both on and off the court. Sportsmanship, loyalty, teamwork, and a sense of responsibility are just a few of the things to be learned through team participation.

Learning to accept and offer constructive criticism and productive feedback can also be very useful skills and is an important part of player, coach, and teammate relationships. We ask that parents align themselves with coaching staff to teach these skills and lead by example.

Parents are asked to refrain from offering instruction during matches as it may be contrary to that provided by the coach and be confusing or stressful for the players. Parents are welcome to contact coaches if they would like information on a coach's strategy or system for their own clarification.

We are aware that playing time is a frequent point of speculation, discussion and frustration. The reality is that playing time cannot be guaranteed to any player. Coaches make their best effort to serve the team's best interest and consider skill, position, effort, and attitude when making such determinations.

If a player should have concerns about instruction, playing time, or coaching expectations we encourage them to discuss such with their coaches. A suggested process for addressing concerns would be:

- Players should discuss their concerns with the coach directly and try to arrive at an acceptable solution.
- If the concern is not resolved the players should ask for a meeting, outside practice or match times, with the coach and their parent(s).
- If a solution is still not reached after such a meeting then the Volleyball Director, Dody McIntyre, should be contacted. Dody will set up a meeting with all relevant parties to work toward an acceptable resolution.

### **How long does the season last?**

The competition season begins in January and will continue through late April or early May. Some teams may choose to compete at additional tournaments after the regular season and those events will go into mid June. Practices will begin in early December for all club teams.

### **What if club and school activities conflict?**

We believe that academics and school commitments will always come first. Players will never be penalized for missing practice or matches for academic or school team requirements. However, players are expected to honor their Performance Point team commitment above social and optional school events.

### **Are scholarships available?**

The YWCA does have a scholarship program to assist qualified families in offsetting participation fees. Applications can be found on the YWCA website at [www.ywcalafayette.org](http://www.ywcalafayette.org) or picked up during business hours at the 6th Street offices. Players may also choose to request support from family, friends, and/or local businesses. Forms for this purpose can be obtained from Club Director Dody McIntyre.

### **What should players bring to tryouts?**

Players should arrive 30 minutes early to all tryout sessions. They will receive a tryout t-shirt or Number that is to be worn during all tryout sessions they attend. They should also wear athletic shorts/spandex, kneepads, and tennis shoes/volleyball shoes. All registration forms must also be completed and turned in at tryouts along with the nonrefundable tryout fee.

## **Tournament Play**

The location and number of tournaments varies by age and skill level. A two-day tournament is considered two play dates. As noted earlier, distances traveled will be dependent on the player's club level: Local, Regional, or National-level team. We will schedule tournaments from mid-January through early May.

Parents are responsible for providing transportation, meals and, when necessary, lodging for their players. Players must remain at tournaments until team's refereeing and score keeping responsibilities have been met.

When travel requires that players lodge overnight, we expect that they will follow club policies on conduct and behave in an appropriate manner. Players are required to travel in pairs and are not to venture alone to meals or other locations when traveling with their club team. Players will be expected to honor coach established curfews and attend team meals if requested. Only immediate family members are permitted in players' rooms and other guests and visitors should plan to meet the player in the lobby or at the play venues.

\*Fees must be current in order for a player to play. If fees are not current, players are subject to being required to sit out at practices and tournaments.

## **National Teams**

National teams choosing to compete in Nationals will continue to practice and play in June. These teams will have additional costs to be determined in the spring. Typically the costs will run in the \$350 - \$400 range, not including travel and food costs for players and their families. The competition and intensity of the Nationals tournament will provide players who wish to take their play to the next level with very valuable experience.

## CLUB OPERATING POLICIES

### Team Assignments

The purpose of the club is to support and guide a player's ability to compete at the highest level. The club director and coaches give great consideration to team placement and strive to put each player in a position to achieve personal success. Players may be reassigned during the season based on their performance, work ethic, attitude, and/or attendance.

### Practices

Teams will practice two to three times each week and each practice will last between 1 1/2 - 2 hours. The locations of practices will be determined by club need and facility availability. Coaches will determine whether they consider practices to be opened or closed to spectators.

### Attendance

No player will ever be prohibited from participation in another sport or activity during club season. However, as teams depend on all their players to be able to conduct an effective and useful practice, every effort should be made to attend scheduled practices and tournaments. Missed practices may directly affect playing time. Planned absences or the need to arrive late or leave early should be communicated to coaches prior to such events or will be considered unexcused.

Attendance issues will be evaluated by coaches and/or club director on a case-by-case basis. Two unexcused absences will trigger an automatic review by the coach and director. Repeated absences may lead to re-assignment to a lower team. **Six unexcused absences can lead to dismissal from the program.** Examples of excused absences include participation in school sport or academic functions; participation in a faith event or church service; family functions such as vacations, graduations, baptisms, etc; illness or injury.

Announced practice and match times are START times. Players should not plan to arrive at such times, but to be dressed and prepared to begin play. We recommend that players arrive 15 minute prior to announced start times. Players must have parental permission to leave practices or events with a third party.

### Player Conduct

Players are expected to conduct themselves appropriately at all times. Player behavior reflects not only on themselves, but on the club and their families. This should be kept in mind at all times and players should conduct themselves in a respectful, sportsmanlike manner whether at practice, matches or team meetings or meals.

Inappropriate or unsportsmanlike behavior will not be tolerated and can lead to limited playing time, suspension, or even dismissal from the club. Incidents of concern will be discussed among the involved coaches, player(s), parent(s) and club director. Common sense and the best interest of the player will always be foremost in such decisions, but the club will not hesitate to take action when warranted. A player's suspension or dismissal from the club will not be grounds for a refund of club fees.

Some situations that would be considered inappropriate behavior include:

- Smoking, consumption of alcohol, or drug use.
- Inappropriate behavior such as foul language or rude gestures.
- Leaving a practice or match site or tournament lodging without parental approval and coach notification.
- The presence of a significant other in tournament lodging or inappropriate displays of affection at practice or match sites.
- Aggressive or disrespectful behavior toward coaches, teammates, officials, or opponents.
- Anything deemed criminal in nature.
- Six unexcused absences.

### Spectator Conduct

Spectator enthusiasm is a great side effect of athletic competition and we are pleased when family and friends are vested in a match and vocal in their support. We hope that our fans share our commitment to sportsmanship and strive to teach our players how to win humbly and lose graciously.