

Fair Park Activity Center
1433 Livingston Road
Crossville, TN. 38571
Monday – Friday 8a-4p
931-484-7416



Monday	Tuesday	Wednesday	Thursday	Friday
<p>The Billiards Room is open Monday – Friday from 8am to 4pm.</p> <p>THERE WILL BE NO HIKING CLUB ON 8/25</p>		<p>ALL CLASSES TAUGHT BY CRYSTAL WILL BE CANCELLED THE WEEK OF AUGUST 18th THRU AUGUST 22nd!</p>		<p>1 8a-10a- Socializing and Puzzles 10a- Bingo w/ Eye Centers 11a- Lunch 12p- Hand & Foot and Bridge 1p- Pickleball 6p-Beginners Line Dancing 6:30- Line dancing</p>
<p>4 8:30a- Chair Volleyball 9a- Hiking Club 9:30a- Computer Class 10a- Table Tennis 11a- Ladies Bible Study 12p- Mah Jongg 12p-Happy Strummin Ukulele 12p- Card Games 1p- Beginner Dulcimer Group 1p- Stay Strong, Stay Healthy 2p- Chair Aerobics w/Laura 3p- 3 G's Club</p>	<p>5 9a-Breakfast 9:30a- Computer Class 10a- TOPS Group 11:30a- Line Dancing 1p- Crochet Class 1:30p- BINGOcize 5:15p- Open Bible Study CALL: 501-206-9770</p>	<p>6 10a- Bingo w/ Laura's Table 10a-11a- Lunch 11:30a- Corn Hole 1p- Stay Strong, Stay Healthy 2p- Open Jam 2p- Chair Aerobics w/Laura 6p- Line Dancing</p>	<p>7 8:15a- Chattanooga Duck Trip (FULL) 8:30a- Chair Volleyball 9a-Breakfast 10a- Table Tennis 11a- Drums Alive 11:40a- Chair Yoga 12p- Mah Jongg 12:30p- Tai Chi 1:30p- Beginner Tai Chi 6p- Plateau Corvette Club</p>	<p>8 8a-10a- Socializing and Puzzles 10a- Bingo w/ Quality 11a- Lunch 12p- Hand & Foot and Bridge 1p- Pickleball 6p-Beginners Line Dancing 6:30- Line dancing</p>
<p>11 8:30a- Chair Volleyball 9a- Hiking Club 9:30a- Computer Class 10a- Table Tennis 11a- Ladies Bible Study 12p- Mah Jongg 12p-Happy Strummin Ukulele 12p- Card Games 1p- Beginner Dulcimer Group 1p- Stay Strong, Stay Healthy 2p- Chair Aerobics w/Laura</p>	<p>12 9a-Breakfast 9:30a- Computer Class 10a- TOPS Group 10a- Art Class with Staff 11:30a- Line Dancing 1p- Crochet Class 1:30p- BINGOcize 5p- HAM Radio Club</p>	<p>13 10a- Bingo w/ Jason Reed 10a-11a- Lunch 10a- Dolly Parton Trip (FULL) 11:30a- Corn Hole 1p- Stay Strong, Stay Healthy 2p- Open Jam 2p- Chair Aerobics w/Laura 6p- Line Dancing</p>	<p>14 8:30a- Chair Volleyball 9a-Breakfast 10a- Table Tennis 10:30a- Lunch & Learn Trip (SIGN UP) 11a- Drums Alive 11:40a- Chair Yoga 12p- Mah Jongg 12:30p- Tai Chi 1:30p- Beginner Tai Chi</p>	<p>15 8a-10a- Socializing and Puzzles 10a- Bingo w/ Life Care 11a- Lunch 12p- Hand & Foot and Bridge 1p- Pickleball 6p-Beginners Line Dancing 6:30- Line dancing</p>
<p>18 8:30a- Chair Volleyball 9a- Hiking Club 9:30a- Computer Class 10a- Table Tennis 11a- Ladies Bible Study 12p- Mah Jongg 12p-Happy Strummin Ukulele 12p- Card Games 1p- Beginner Dulcimer Group 2p- Chair Aerobics w/Laura 3p- 3 G's Club</p> <p>NO STAY STRONG, STAY HEALTHY</p>	<p>19 9a-Breakfast 9:30a- Computer Class 10a- TOPS Group 10:45a- Lunch Bunch Trip (SIGN UP) 11a- Lunch & Learn with Life Care Center (SIGN UP) 11:30a- Line Dancing 1p- Crochet Class 1:30p- BINGOcize 5:15p- Open Bible Study CALL: 501-206-9770</p>	<p>20 CLOSED FOR SENIOR DAY AT THE CUMBERLAND COUNTY FAIR!</p>	<p>21 8:30a- Chair Volleyball 9a-Breakfast 10a- Table Tennis 12p- Mah Jongg 12:30p- Tai Chi 1:30p- Beginner Tai Chi</p> <p>NO DRUMS ALIVE OR CHAIR YOGA</p>	<p>22 8a-10a- Socializing and Puzzles 10a- Bingo w/ ExacCare 11a- Lunch 12p- Hand & Foot and Bridge 1p- Pickleball 6p-Beginners Line Dancing 6:30- Line dancing</p>
<p>25 8:30a- Chair Volleyball 9:30a- Computer Class 10a- Table Tennis 11a- Ladies Bible Study 12p- Mah Jongg 12p-Happy Strummin Ukulele 12p- Card Games 1p- Beginner Dulcimer Group 1p- Stay Strong, Stay Healthy 2p- Chair Aerobics w/Laura</p>	<p>26 9a-Breakfast 9:30a- Computer Class 10a- TOPS Group 11:30a- Line Dancing 1p- Crochet Class 1:30p- BINGOcize 5:15p- Open Bible Study CALL: 501-206-9770</p>	<p>27 10a- Bingo w/ Enhabit 10a-11a- Lunch 11:30a- Corn Hole 1p- Stay Strong, Stay Healthy 2p- Open Jam 2p- Chair Aerobics w/Laura 6p- Line Dancing</p>	<p>28 8:30a- Chair Volleyball 9a-Breakfast 10a- Table Tennis 11a- Drums Alive 11:40a- Chair Yoga 12p- Mah Jongg 12:30p- Tai Chi 1:30p- Beginner Tai Chi</p>	<p>29 8a-10a- Socializing and Puzzles 10a- Bingo w/ Fair Park 11a- Lunch 12p- Hand & Foot and Bridge 1p- Pickleball 1p- Art Class with PCA (SIGN UP) 6p-Beginners Line Dancing 6:30- Line dancing</p>

SCHEDULE CHANGES ARE HIGHLIGHTED FOR YOUR CONVENIENCE!

Fair Park Activity Center

There are no strangers here, just friends you haven't met.

August Special Events & Activities

Artfully Aging with Fair Park- To stay up to date with the newest Art Classes, ask any of our front desk staff or volunteers!

Tuesday, August 12th – 10a - Get ready for Senior Day at the Fair with our fun Crazy Hat Art Class! We'll be decorating hats to match this year's theme: *"Don't Worry Kiddy, We Goat This!"* Hats are not provided, so be sure to bring one to decorate, but we'll supply plenty of creative materials to bring your goat-themed masterpiece to life. Feel free to bring any extra decorations if you have something special in mind. Let's get crafty and make the craziest goat hats at the fair! This class has a \$5 material fee due at the time of registration.

Friday, August 29th – 1p – Join us in August for a special Art Class with the Plateau Creative Arts Center! Michalanne Sloan will guide us in creating beautiful handmade jewelry. The cost is just \$2.50 per person, due at the time of sign-up. Spots are limited, so be sure to register at the front desk to reserve your place!

Special Events and Seminars for August

Tuesday, August 19th – 11a – Who doesn't love free food and free knowledge—especially when it's presented by some of our very own local professionals? Join us for our Third Quarter Lunch & Learn with LifeCare as we dive into Safety, Wellness, and Balance Training. Lunch is included at no cost, but you must sign up at the front desk to attend! **Please, if you sign up, ensure you can attend.** LifeCare works hard to make this program possible, and we want to ensure their time and resources are respected.

Wednesday, August 20th – 9a – Come enjoy a rootin'-tootin' good time at this year's **Senior Day at the Cumberland County Fair**—a full day of fun, food, games, and prizes just for our local seniors! Festivities begin at 9:00 AM with a Health Fair and Informational Booths, followed by friendly competitions like trivia, a cake walk, track walk, and more. We'll pause for a moment of silence in memory of beloved Garry Hood, then jump into Bingo at 10:30 AM with great prizes. Lunch will be served at 11:30 AM courtesy of Hood Funeral Home & Crematory, followed by door prizes, oldest male/female awards, and a crazy hat contest! Don't miss our water balloon toss finale—guaranteed to bring laughs and smiles. **All activities take place at the Grandstands.** Don't miss this day full of community, celebration, and good old-fashioned fair fun!

Trips Planned for August

Thursday, August 14th – Departing at 10:30a - Join us for a meaningful Lunch & Learn trip to Fairfield Glade as Jessica Patton shares insight on a topic many shy away from—hospice care. She'll help us better understand what hospice really is and how it focuses on quality of life, not just end-of-life care. After the presentation, we'll stop for lunch at The Cabin on the Plateau (lunch is on your own). A \$5 deposit is required at registration and will be refunded when you board the bus. Don't miss this informative and eye-opening outing!

Tuesday, August 19th – Departing at 10:45a SHARP - Join Marsha and Karl for our August Lunch Bunch at Willow Café & Catering in Fairfield Glade! Enjoy a casual meal with menu options like BBQ jumbo stuffed potatoes, pulled pork nachos, burgers, paninis, salads, and gluten-free choices. Lunch is on your own. **Reservations open Friday, August 8 at 8:00 AM.** The \$5 fee helps support the center's fundraising and is required for all except volunteer drivers. Sign up at the front desk. Friends and non-members are welcome! **Please be on time—departure is at 10:45 AM sharp. No refunds.**

A Special Thank You to Our Sponsors!

