

AUGUST 2026 – ACTIVITY SCHEDULE



Monday	Tuesday	Wednesday	Thursday	Friday
3 9:30am – Computer Class 10am – Bingo w/ Cindy's Table 10am – Table Tennis 10am – 11am – Lunch 12pm – Happy Strummin' Ukulele 12pm – Card Games 12pm – Stay Strong, Stay Healthy 1pm – Chair Volleyball 4pm – Enchanted Woods Rehearsal	4 8am – 10am – Socializing & Puzzles 9am – Breakfast (MUST SIGN UP) 9:30am – Computer Class 9:30am – Bingo w/ Fair Park 11am – Line Dancing 12:30am – Mah Jongg 1pm – Crochet Class 1:30pm – Chair Yoga 5pm – Open Bible Study	5 8:30am – Chair Volleyball 9am – Breakfast 9:30am – Computer Class 11am – Chair Aerobics w/ Laura 12pm – Corn Hole 12pm – Card Games 2pm – Open Jam (Dining Room) 6pm – Line Dancing	6 8:30am – Chair Volleyball 9am – Breakfast (MUST SIGN UP) 9:30am – Computer Class 10am – Table Tennis 10am – Private Bridge Group 11am – Drums Alive 11:40am – Chair Yoga 12pm – Mah Jongg 12:30pm – Tai Chi 1:30pm – Beginner's Tai Chi 6pm – Plateau Corvette Club	7 9am – Singing with Jim Trease 9:45 – Birthday, Newcomer, & Anniversary Celebration 9:30am – Computer Class 10am – Bingo w/ Fair Park 10am – 11am – Lunch 12pm – Hand & Foot and Bridge 6pm – Beginner's Line Dancing 6:30pm – Line Dancing
10 9:30am – Computer Class 10am – Bingo w/ Lil' Angels 10am – Table Tennis 10am – 11am – Lunch 12pm – Happy Strummin' Ukulele 12pm – Card Games 12pm – Stay Strong, Stay Healthy 1pm – Chair Volleyball	11 8am – 10am – Socializing & Puzzles 9am – Breakfast (MUST SIGN UP) 9:30am – Computer Class 9:30am – Bingo w/ Amedysis 11am – Line Dancing 12:30am – Mah Jongg 1pm – Art Class w/ Staff 1pm – Crochet Class 1:30pm – Chair Yoga 6p – HAM Radio Club	12 8:30am – Chair Volleyball 9am – Breakfast 9:30am – Computer Class 11am – Chair Aerobics w/ Laura 12pm – Corn Hole 12pm – Card Games 2pm – Open Jam (Dining Room) **THERE WILL NO REGULAR LINE DANCING**	13 8:30am – Chair Volleyball 9am – Breakfast (MUST SIGN UP) 9:30am – Computer Class 10am – Table Tennis 10am – Private Bridge Group 11am – Drums Alive 11:40am – Chair Yoga 12pm – Mah Jongg 12:30pm – Tai Chi 1:30pm – Beginner's Tai Chi 6pm – Come Up Higher Ministry	14 8am – 10am – Socializing & Puzzles 9:30am – Kindness Seminar w/ Staff 9:30am – Computer Class 10am – Bingo w/ Fair Park 10am – 11am – Lunch 12pm – Hand & Foot and Bridge **THERE WILL BE NO BEGINNER OR REGULAR LINE DANCING**
17 9:30am – Computer Class 10am – Bingo w/ Laura's Table 10am – Table Tennis 10am – 11am – Lunch 12pm – Happy Strummin' Ukulele 12pm – Card Games 12pm – Stay Strong, Stay Healthy 1pm – Chair Volleyball 4pm – Enchanted Woods Rehearsal	18 8am – 10am – Socializing & Puzzles 9am – Breakfast (MUST SIGN UP) 9:30am – Computer Class 9:30am – Bingo w/ Kim Dixon 11am – Line Dancing 12:30am – Mah Jongg 1pm – Crochet Class 1:30pm – Chair Yoga 5pm – Open Bible Study	19 SENIOR DAY AT THE CUMBERLAND COUNTY FAIR – LOCATED HERE AT FAIR PARK FOR 2026! ALL REGULAR ACTIVITIES WILL BE CANCELLED FOR THE DAY EXCEPT BILLIARDS! THE CENTER WILL BE CLOSING AT NOON ON THIS DAY! 4pm – Line Dancing	20 8:30am – Chair Volleyball 9am – Breakfast (MUST SIGN UP) 9:30am – Computer Class 10am – Table Tennis 10am – Private Bridge Group 11am – Drums Alive 11:40am – Chair Yoga 12pm – Mah Jongg 12:30pm – Tai Chi 1:30pm – Beginner's Tai Chi	21 8am – 10am – Socializing & Puzzles 9:30am – Computer Class 10am – Bingo w/ Fair Park 10am – 11am – Lunch 12pm – Hand & Foot and Bridge 4pm – Line Dancing
24 9:30am – Computer Class 10am – Bingo w/ Fair Park 10am – Table Tennis 10am – 11am – Lunch 12pm – Happy Strummin' Ukulele 12pm – Card Games 12pm – Stay Strong, Stay Healthy 1pm – Chair Volleyball	25 8am – 10am – Socializing & Puzzles 9am – Breakfast (MUST SIGN UP) 9:30am – Computer Class 9:30am – Bingo w/ Norma Turner 11am – Line Dancing 12:30am – Mah Jongg 1pm – Crochet Class 1:30pm – Chair Yoga 5pm – Open Bible Study	26 8:30am – Chair Volleyball 9am – Breakfast 9:30am – Computer Class 11am – Chair Aerobics w/ Laura 12pm – Corn Hole 12pm – Card Games 2pm – Open Jam (Dining Room) 6pm – Line Dancing	27 8:30am – Chair Volleyball 9am – Trip w/ Staff 9am – Breakfast (MUST SIGN UP) 9:30am – Computer Class 10am – Table Tennis 10am – Private Bridge Group 11am – Drums Alive 11:40am – Chair Yoga 12pm – Mah Jongg 12:30pm – Tai Chi 1:30pm – Beginner's Tai Chi 6pm – Come Up Higher Ministry	28 8am – 10am – Socializing & Puzzles 9:30am – Computer Class 10am – Bingo w/ ExacCare 10am – 11am – Lunch 12pm – Hand & Foot and Bridge 1pm – Art Class w/ FFG Art Guild 6pm – Beginner's Line Dancing 6:30pm – Line Dancing
31 9:30am – Computer Class 10am – Bingo w/ Quality 10am – Table Tennis 10am – 11am – Lunch 12pm – Happy Strummin' Ukulele 12pm – Card Games 12pm – Stay Strong, Stay Healthy 1pm – Chair Volleyball	SCHEDULE CHANGES ARE HIGHLIGHTED FOR YOUR CONVIENCENE!	BILLIARDS ROOM IS OPEN MONDAY-THURSDAY 8-4 AND FRIDAY 8-3! THIS GIVES STAFF ENOUGH TIME TO CLEAN BEFORE THE WEEKEND! THANK YOU!	THERE WILL BE NO LADIES BIBLE STUDY OR BEGINNERS' DULCIMER GROUP FOR THE MONTH OF AUGUST!	

Fair Park Senior Center

There are no strangers here, just friends you haven't met.

Artfully Aging with Fair Park - Come take an Art Class at Fair Park!

Tuesday, August 11th at 1am - Join us at **Fair Park Activity Center** as we decorate hats for Senior Day! Bring your own hat, and we'll provide a variety of fun decorations to help you create something that is uniquely yours. The cost is **\$5 per person**, and payment is due at the time of sign-up. Come get creative with us and make the perfect hat to wear for Senior Day!

Friday, August 28th at 1am - Join us at Fair Park Activity Center as we join the Fairfield Glade Art Guild in their monthly art class! This month's theme is "Cute as a Clip". In this class you will be using mixed media to create hidden paper clip tabs that slip over the pages of journals, planners, cookbooks, bibles and more! No experience is necessary and all supplies are provided! The class is \$10 per person and is due at the time of sign-ups! No refunds will be given unless your spot can be filled from the waiting list!

Upcoming Trips & Events for August - Come explore with us!

Thursday, August 27th departing at 9am - Join us for a fun day trip to Oak Ridge, TN as we visit the American Museum of Science and History, enjoy lunch on your own at Dean's Restaurant & Bakery, and then tour the K-25 History Museum. We will depart Fair Park around 9:00 AM. Cost is \$20 per person and includes admission to both museums plus van transportation. Payment is due at sign-up, and refunds will only be given if your spot can be filled from the waiting list.

Friday, August 14th at 9:30am - One Small Act Can Make a Big Difference! Sometimes we believe that making a difference requires doing something big. We may think we need a lot of money, extra time, or special talents before we can truly help someone! But many times, the smallest acts of kindness are the ones people remember the longest. Join Fair Park Staff as we have an interactive activity on kindness!

Senior Day at the Cumberland County Fair:

Wednesday, August 19th at 8am - We are so excited to announce that we will be hosting this year's Senior Day at the Fair—with a little twist! This year, the fun will take place right here at Fair Park Senior Center, so you can enjoy all your favorite activities in the comfort of the air conditioning! It will still be an amazing day filled with a health fair featuring our wonderful community partners, competitions and games, bingo, lunch, a crazy hat contest, door prizes, and so much more! The fair is located just across the road, and we will try to have a shuttle available for anyone who would like to visit the exhibits. You are also welcome to drive over on your own. Doors will open at 8:00 AM. We can't wait to enjoy this special day with you!

A Special Thank You to Our Sponsors!

