

Fair Park Activity Center – August 2025 Calendar

If you have any questions or would like to sign up for special events or classes, please call 931-484-7416.

Friday, August 1

- 8am – Socializing and Puzzles
- 10am – Bingo with Eye Centers of Tennessee
- 11am – Lunch
- 12pm – Hand and Foot, Bridge
- 1pm – Pickleball

Monday, August 4

- 8:30am – Chair Volleyball
- 9am – Hiking Club
- 9:30am – Computer Class
- 10am – Table Tennis
- 11am – Ladies Bible Study
- 12pm – Mah Jongg
- 12pm – Happy Strummin' Ukulele
- 12pm – Hand & Foot
- 1pm – Beginner Dulcimer Group
- 1pm – Stay Strong, Stay Healthy
- 2pm – Chair Aerobics with Laura
- 3pm – 3 G's Club (Girls, Games, & Giggles)

Tuesday, August 5

- 9am – Breakfast
- 9:30am – Computer Class
- 10am – TOPS Weight Loss Group
- 11:30am – Line Dancing Class
- 1pm – Crochet Class
- 5pm – Open Bible Study, call 501-206-9770 if Interested in Joining

Wednesday, August 6

- 10am – Bingo with Laura's Table
- 11am – Lunch
- 11:30am – Corn Hole
- 1pm – Stay Strong, Stay Healthy
- 2pm – Open Jam
- 2pm – Chair Aerobics with Laura
- 6pm – Line Dancing

Thursday, August 7

- 8:15am – Chattanooga Duck Trip (FULL)
- 8:30am – Chair Volleyball
- 9am – Breakfast
- 10am – Table Tennis
- 11am – Drums Alive
- 11:40am – Chair Yoga
- 12pm – Mah Jongg
- 12:30pm – Tai Chi
- 1:30pm – Beginner Tai Chi
- 6pm – Plateau Corvette Club

Friday, August 8

- 8am – Socializing and Puzzles
- 10am – Bingo with The Quality Family of Companies
- 11am – Lunch
- 12pm – Hand and Foot, Bridge
- 1pm – Pickleball
- 6pm – Beginners Line Dancing
- 6:30pm – Line Dancing

Monday, August 11

- 8:30am – Chair Volleyball
- 9am – Hiking Club
- 9:30am – Computer Class
- 10am – Table Tennis
- 11am – Ladies Bible Study
- 12pm – Mah Jongg
- 12pm – Happy Strummin' Ukulele
- 12pm – Hand & Foot
- 1pm – Beginner Dulcimer Group
- 1pm – Stay Strong, Stay Healthy
- 2pm – Chair Aerobics with Laura

Tuesday, August 12

- 9am – Breakfast
- 9:30am – Computer Class
- 10am – TOPS Weight Loss Group
- 10am – Art Class with Staff (Crazy Hat Decorating, \$5 fee, SIGN UP)
- 11:30am – Line Dancing Class
- 1pm – Crochet Class
- 1:30pm - BINGOcize
- 5:30pm – Building reserved for Ham Radio Club

Wednesday, August 13

- 10am – Bingo with Jason Reed at Dave Kirk Automotive
- 10am – Dolly Parton Trip (FULL)
- 11am – Lunch
- 11:30am – Corn Hole
- 1pm – Stay Strong, Stay Healthy
- 2pm – Open Jam
- 2pm – Chair Aerobics with Laura
- 6pm – Line Dancing

Thursday, August 14

- 8:30am – Chair Volleyball
- 9am – Breakfast
- 10am – Table Tennis
- 10:30am – Lunch and Learn Trip (SIGN UP, \$5 fee)
- 11am – Drums Alive
- 11:40am – Chair Yoga
- 12pm – Mah Jongg
- 12:30pm – Tai Chi
- 1:30pm – Beginner Tai Chi

Friday, August 15

- 8am – Socializing and Puzzles
- 10am – Bingo with Life Care Center of Crossville
- 11am – Lunch
- 12pm – Hand and Foot, Bridge
- 1pm – Pickleball
- 6pm – Beginners Line Dancing
- 6:30pm – Line Dancing

Monday, August 18

- 8:30am – Chair Volleyball
- 9am – Hiking Club
- 9:30am – Computer Class
- 10am – Table Tennis
- 11am – Ladies Bible Study
- 12pm – Mah Jongg
- 12pm – Happy Strummin' Ukulele
- 12pm – Hand & Foot
- 1pm – Beginner Dulcimer Group
- 2pm – Chair Aerobics with Laura
- 3pm – 3 G's Club (Girls, Games, & Giggles)

Tuesday, August 19

- 9am – Breakfast
- 9:30am – Computer Class
- 10am – TOPS Weight Loss Group
- 10:45am – Lunch Bunch Trip (SIGN UP)
- 11am – Lunch & Learn with Life Care Center (SIGN UP)
- 11:30am – Line Dancing Class
- 1pm – Crochet Class
- 1:30pm – BINGOcize
- 5pm – Open Bible Study, call 501-206-9770 if Interested in Joining

Wednesday, August 20

- CLOSED FOR SENIOR DAY AT THE CUMBERLAND COUNTY FAIR

Thursday, August 21

- 8:30am – Chair Volleyball
- 9am – Breakfast
- 10am – Table Tennis
- 12pm – Mah Jongg
- 12:30pm – Tai Chi
- 1:30pm – Beginner Tai Chi

Friday, August 22

- 8am – Socializing and Puzzles
- 10am – Bingo with Exac Care
- 11am – Lunch
- 12pm – Hand and Foot, Bridge
- 1pm - Pickleball
- 6pm – Beginners Line Dancing
- 6:30pm – Line Dancing

Monday, August 25

- 8:30am – Chair Volleyball
- 9:30am – Computer Class
- 10am – Table Tennis
- 11am – Ladies Bible Study
- 12pm – Mah Jongg
- 12pm – Happy Strummin' Ukulele
- 12pm – Hand & Foot
- 1pm – Beginner Dulcimer Group
- 1pm – Stay Strong, Stay Healthy
- 2pm – Chair Aerobics with Laura

Tuesday, August 26

- 9am – Breakfast
- 9:30am – Computer Class
- 10am – TOPS Weight Loss Group
- 11:30am – Line Dancing Class
- 1pm – Crochet Class
- 1:30pm – BINGOcize
- 5pm – Open Bible Study, call 501-206-9770 if Interested in Joining

Wednesday, August 27

- 10am – Bingo with Cindy's Table
- 11am – Lunch
- 11:30am – Corn Hole
- 1pm – Stay Strong, Stay Healthy
- 2pm – Open Jam
- 2pm – Chair Aerobics with Laura
- 6pm – Line Dancing

Thursday, August 28

- 8:30am – Chair Volleyball
- 9am – Breakfast
- 10am – Table Tennis
- 11am – Drums Alive
- 11:40am – Chair Yoga
- 12pm – Mah Jongg
- 12:30pm – Tai Chi
- 1:30pm – Beginner Tai Chi

Friday, August 22

- 8am – Socializing and Puzzles
- 10am – Bingo with Fair Park
- 11am – Lunch
- 12pm – Hand and Foot, Bridge
- 1pm – Pickleball
- 1pm – Art Class with The Plateau Creative Arts – Handmade Jewelry (SIGN UP)
- 6pm – Beginners Line Dancing
- 6:30pm – Line Dancing