

Fair Park Activity Center  
1433 Livingston Road  
Crossville, TN. 38571  
Monday – Friday 8a-4p  
931-484-7416

*July*   
2025

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> 9a-Breakfast 9:30a- Computer Class 10a- TOPS Group 11:30a- Line Dancing 1p- Crochet Class 5:15p- Building reserved for Avalon <b>NO BINGOCIZE – Alicia is on vacation!</b>	<b>2</b> 10a- Bingo w/ Laura's Table 10a-11a- Lunch 11:30a- Corn Hole 1p- Stay Strong, Stay Healthy 2p- Open Jam 2p- Chair Aerobics w/Laura 6p- Line Dancing	<b>3</b> <b>CLOSED FOR INDEPENDENCE DAY!</b>	<b>4</b> <b>CLOSED FOR INDEPENDENCE DAY!</b>
<b>7</b> <b>CLOSED FOR INDEPENDENCE DAY!</b>	<b>8</b> 9a-Breakfast 9:30a- Computer Class 10a- TOPS Group 11:30a- Line Dancing 1p- Crochet Class 5:30p- HAM Radio Club <b>NO BINGOCIZE – Alicia is at a meeting!</b>	<b>9</b> 10a- Bingo w/ Jason Reed 10a-11a- Lunch 11:30a- Corn Hole 1p- Stay Strong, Stay Healthy 2p- Open Jam 2p- Chair Aerobics w/Laura 6p- Line Dancing	<b>10</b> 8:30a- Chair Volleyball 9a-Breakfast 10a- Table Tennis 11a- Drums Alive 11:40a- Chair Yoga 12p- Mah Jongg 12:30p- Tai Chi 1:30p- Beginner Tai Chi 4p- Corvette Club Private Meeting in the Dining Room	<b>11</b> 8a-10a- Socializing and Puzzles 10a- Bingo w/ Quality 11a- Lunch 12p- Hand & Foot and Bridge 1p- Pickleball 6p-Beginners Line Dancing 6:30- Line dancing
<b>14</b> 8:30a- Chair Volleyball 9:30a- Computer Class 10a- Table Tennis 11a- Ladies Bible Study 12p- Mah Jongg 12p-Happy Strummin Ukulele 12p- Card Games 1p- Enchanted Woods Performance <b>There will be no Beginner Dulcimer Group, Stay Strong, Stay Healthy, or Chair Aerobics w/Laura on this day!</b>	<b>15</b> 9a-Breakfast 9:30a- Computer Class 10a- TOPS Group 11:30a- Line Dancing 1p- Crochet Class 1:30p- BINGOcize 5:15p- Open Bible Study CALL: 501-206-9770	<b>16</b> 10a- Bingo w/ Lil' Angels 10a-11a- Lunch 11:30a- Corn Hole 1p- Stay Strong, Stay Healthy 2p- Open Jam 2p- Chair Aerobics w/Laura 6p- Line Dancing	<b>17</b> 8:30a- Chair Volleyball 9a-Breakfast 10a- Table Tennis 11a- Drums Alive 11:40a- Chair Yoga 12p- Mah Jongg 12:30p- Tai Chi 1:30p- Beginner Tai Chi	<b>18</b> 8a-10a- Socializing and Puzzles 10a- Bingo w/ Life Care 11a- Lunch 12p- Hand & Foot and Bridge 1p- Pickleball 6p-Beginners Line Dancing 6:30- Line dancing
<b>21</b> 8:30a- Chair Volleyball 9a- Hiking Club 9:30a- Computer Class 10a- Table Tennis 11a- Ladies Bible Study 12p- Mah Jongg 12p-Happy Strummin Ukulele 12p- Card Games 1p- Beginner Dulcimer Group 1p- Stay Strong, Stay Healthy 2p- Chair Aerobics w/Laura 3p- 3 G's Club	<b>22</b> 9a-Breakfast 9:30a- Computer Class 10a- TOPS Group 11:30a- Line Dancing 1p- Crochet Class 1:30p- BINGOcize 5:15p- Open Bible Study CALL: 501-206-9770	<b>23</b> 10a- Bingo w/ Enhabit 10a-11a- Lunch 11:30a- Corn Hole 1p- Stay Strong, Stay Healthy 2p- Open Jam 2p- Chair Aerobics w/Laura 6p- Line Dancing	<b>24</b> 8:30a- Chair Volleyball 9a-Breakfast 9a- Harmony Lane Trip 10a- Table Tennis 11a- Drums Alive 11:40a- Chair Yoga 12p- Mah Jongg 12:30p- Tai Chi 1:30p- Beginner Tai Chi	<b>25</b> 8a-10a- Socializing and Puzzles 10a- Bingo w/ ExacCare 11a- Lunch 12p- Hand & Foot and Bridge 1p- Pickleball 1p- Art Class with PCA 6p-Beginners Line Dancing 6:30- Line dancing
<b>28</b> 8:30a- Chair Volleyball 9a- Hiking Club 9:30a- Computer Class 10a- Table Tennis 11a- Ladies Bible Study 12p- Mah Jongg 12p-Happy Strummin Ukulele 12p- Card Games 1p- Beginner Dulcimer Group 1p- Stay Strong, Stay Healthy 2p- Chair Aerobics w/Laura	<b>29</b> 9a-Breakfast 9:30a- Computer Class 10a- TOPS Group 11:30a- Line Dancing 1p- Crochet Class 1:30p- BINGOcize 5:15p- Open Bible Study CALL: 501-206-9770	<b>30</b> 10a- Bingo w/ 10a-11a- Lunch 11:30a- Corn Hole 1p- Stay Strong, Stay Healthy 2p- Open Jam 2p- Chair Aerobics w/Laura 6p- Line Dancing	<b>31</b> 8:30a- Chair Volleyball 9a-Breakfast 10a- Table Tennis 11a- Drums Alive 11:40a- Chair Yoga 12p- Mah Jongg 12:30p- Tai Chi 1:30p- Beginner Tai Chi	<b>The Billiards Room is open Monday – Friday from 8am to 4pm.</b>  <b>THERE WILL BE NO HIKING CLUB ON 7/7 OR 7/14.</b>

# Fair Park Activity Center

There are no strangers here, just friends you haven't met.

## July Special Events & Activities

**Artfully Aging with Fair Park-** To stay up to date with the newest Art Classes, ask any of our front desk staff or volunteers!

**Friday, July 25<sup>th</sup> – 1p** – Join us for an inspiring art class presented by Plateau Creative Arts and taught by the talented Billy Fae Brannon. In this creative session, participants will have the opportunity to explore the art of drawing using either colored pencil or pen and ink—your choice of medium! Billy Fae will guide you through techniques to help bring your ideas to life on paper, whether you prefer the soft layering of colored pencils or the bold precision of pen and ink. This class is perfect for all skill levels, from beginners to experienced artists looking to try something new. The cost is just \$2.50 per person, and all materials will be provided, though you're welcome to bring your own supplies if you prefer. Space is limited, so be sure to sign up now at the front desk to reserve your spot. Come ready to relax, learn, and let your creativity shine—we can't wait to see what you'll create!

### Special Events and Seminars for July

**Saturday, July 12<sup>th</sup> – 3p** – You're invited to a magical afternoon at the Upper Cumberland Senior Prom on Saturday, July 12th, 2025, from 3:00 to 6:00 PM at the beautiful Leslie Town Centre in Cookeville, TN. This free event for ages 50 and up promises an elegant evening full of music, dancing, and timeless memories. Need attire? We've got you covered—call 931-484-7416 or 931-879-7249 for assistance. Don't miss this enchanting celebration – A tale as old as time!

**Monday, July 14<sup>th</sup> – 1p** – Get ready for a truly magical experience at Fair Park with a live performance by the Enchanted Woods Ensemble! This talented group will captivate you with enchanting melodies and spellbinding harmonies that bring the spirit of magic to life. Don't miss this unforgettable musical journey—where every note sparkles with wonder!

### Trips Planned for July

**Tuesday, July 8<sup>th</sup> – Departing at 10:30a** - Join Marsha and Karl for a fun outing to **Embers Grill** in Clarkrange, TN! This cozy, laid-back restaurant serves up delicious American favorites like wraps, burgers, and other comfort foods that are sure to hit the spot. The cost is just \$5 if you're riding in the van or carpooling with others. There's no charge if you're willing to drive yourself. Come hungry and ready for a good time with great company! Reservations open at 8am on Friday, June 20<sup>th</sup>.

**Sunday, July 13<sup>th</sup> – Departing at 8:30a & returns around 6:30p** - Join Marsha and Karl for a fun-filled trip to the MINT Casino in Franklin, KY! Whether you're feeling lucky or just want to enjoy the lively atmosphere, this is a great chance to get out, relax, and have a little adventure. The cost for this trip is \$20. Don't miss this exciting outing—sign up today and try your luck at the MINT! Reservations open at 8am on Friday, June 27<sup>th</sup>.

**Thursday, July 24<sup>th</sup> – Departing Fair Park at 9a & returns at 3:30p** - Join us for a delightful day trip to Harmony Lane Farm and Creamery! Enjoy a tasty lunch, explore the charming shops of Sparta, and take in the stunning views at Sunset Rock Overlook. All this fun and adventure is included for just \$60. Don't miss out on this perfect blend of nature, good food, and local flavor!

**Thursday, July 31<sup>st</sup> – Time TBD** - Join Karl and Marsha Mellert on Thursday, July 31, for a fun-filled adventure in Chattanooga! Experience the exciting Duck Boat Tour and visit the Lodge Cast Iron Museum and Factory Store. The cost is TBD. Reservations open at 8 AM on Friday, July 11<sup>th</sup> — don't miss your chance to reserve your spot!

A Special Thank You to Our Sponsors!

