

Fair Park Activity Center
 1433 Livingston Road
 Crossville, TN, 38571
 Monday – Friday 8a-4p
 931-484-7416



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Schedule Changes are highlighted for your convenience!</p>	<p>The Billiards Room is open Monday – Thursday 8-4 and Friday 8-3!</p> <p>There will be no Beginner Dulcimer Group for the month of July!</p>	<p>1</p> <p>8:30am – Chair Volleyball 9:30am – Computer Class 11am – Chair Aerobics w/ Laura 12pm – Corn Hole 12pm – Card Games 2pm – Open Jam (Dining Room) 6pm – Line Dancing</p>	<p>2</p> <p>8:30am – Chair Volleyball 9am – Breakfast 9:30am – Computer Class 10am – Table Tennis 10am – Private Bridge Group 11am – Drums Alive 11:40am – Chair Yoga 12pm – Mah Jongg 12:30pm – Tai Chi 1:30pm – Beginner Tai Chi 6pm – Plateau Corvette Club</p>	<p>3</p> <p>CLOSED FOR INDEPENDENCE DAY!</p>
<p>6</p> <p>CLOSED FOR INDEPENDENCE DAY!</p>	<p>7</p> <p>CLOSED FOR INDEPENDENCE DAY!</p>	<p>8</p> <p>8:30am – Chair Volleyball 11am – Chair Aerobics w/ Laura 12pm – Corn Hole 12pm – Card Games 2pm – Open Jam (Dining Room) 6pm – Line Dancing</p>	<p>9</p> <p>8:30am – Chair Volleyball 9am – Breakfast 9:30am – Computer Class 10am – Table Tennis 10am – Private Bridge Group 11am – Drums Alive 11:40am – Chair Yoga 12pm – Mah Jongg 12:30pm – Tai Chi 1:30pm – Beginner Tai Chi</p>	<p>10</p> <p>8am -10am - Socializing and Puzzles 9:30am – Computer Class 10am - Bingo w/ Cindy's Table 10am - 11am - Lunch 12pm - Hand & Foot and Bridge 6p-Beginners Line Dancing 6:30- Line dancing</p>
<p>13</p> <p>9:30am – Computer Class 10am – Bingo w/ Ernie's Table 10am – Table Tennis 10am – Ladies Bible Study 10am-11am – Lunch 12pm – Happy Strummin Ukulele 12pm – Card Games 1pm – Chair Volleyball **THERE WILL BE NO STAY STRONG, STAY HEALTHY**</p>	<p>14</p> <p>8am -10am - Socializing and Puzzles 8:15am – Trip w/ Staff (MUST SIGN UP) 9am - Breakfast 9:30am – Computer Class 10am - Bingo w/ Amedysis 11am – Line Dancing 12:30pm – Mah Jongg 1:00pm – Crochet Class 1:30pm – Chair Yoga 5:00pm – HAM Radio Club</p>	<p>15</p> <p>8:30am – Chair Volleyball 11am – Chair Aerobics w/ Laura 12pm – Corn Hole 12pm – Card Games 2pm – Open Jam (Dining Room) 6pm – Line Dancing</p>	<p>16</p> <p>8:30am – Chair Volleyball 9am – Breakfast 10am – Table Tennis 10am – Private Bridge Group 12pm – Mah Jongg 12:30pm – Tai Chi 1:30pm – Beginner Tai Chi</p> <p>**THERE WILL BE NO DRUMS ALIVE OR CHAIR YOGA**</p>	<p>17</p> <p>8am -10am - Socializing and Puzzles 9:30am – July Learning Series w/ Staff 10am - Bingo w/ Laura's Table 10am - 11am - Lunch 12pm - Hand & Foot and Bridge **THERE WILL BE NO BEGINNERS OR REGULAR LINE DANCING DUE TO CENTER RENTAL FRIDAY-SUNDAY!**</p>
<p>20</p> <p>9:30am – Computer Class 10am – Bingo w/ Lil Angels 10am – Table Tennis 10am – Ladies Bible Study 10am-11am – Lunch 12pm – Happy Strummin Ukulele 12pm – Stay Strong, Stay Healthy 12pm – Card Games 1pm – Chair Volleyball 4pm – Enchanted Woods Rehearsal</p>	<p>21</p> <p>9am - Breakfast 9:30am – Computer Class</p> <p>** ALL ACTIVITIES WILL BE CANCELLED FOR THE REMAINING OF THE DAY FOR THE UPPER CUMBERLAND SENIOR OLYMPICS LUNCHEON**</p> <p>5pm – Open Bible Study</p>	<p>22</p> <p>8:30am – Chair Volleyball 11am – Chair Aerobics w/ Laura 12pm – Corn Hole 12pm – Card Games 2pm – Open Jam (Dining Room) 6pm – Line Dancing</p>	<p>23</p> <p>8:30am – Chair Volleyball 9am – Breakfast 10am – Table Tennis 10am – Private Bridge Group 11am – Drums Alive 11:40am – Chair Yoga 12pm – Mah Jongg 12:30pm – Tai Chi 1:00pm – Beginner Tai Chi</p>	<p>24</p> <p>8am -10am - Socializing and Puzzles 10am - Bingo w/ ExacCare 10am - 11am - Lunch 12pm - Hand & Foot and Bridge 6p-Beginners Line Dancing 6:30- Line dancing</p>
<p>27</p> <p>9:30am – Computer Class 10am – Bingo w/ Quality 10am – Table Tennis 10am – Ladies Bible Study 10am-11am – Lunch 12pm – Happy Strummin Ukulele 12pm – Stay Strong, Stay Healthy 12pm – Card Games 1pm – Chair Volleyball</p>	<p>28</p> <p>9am - Breakfast 9:30am – Computer Class 10am - Bingo w/ Fair Park 11am – Line Dancing 12:30pm – Mah Jongg 1:00pm – Art Class w/ Staff (MUST SIGN UP) 1:30pm – Chair Yoga 1:00pm – Crochet Class (MOVED TO BIBLE STUDY ROOM)</p>	<p>29</p> <p>8:30am – Chair Volleyball 11am – Chair Aerobics w/ Laura 12pm – Corn Hole 12pm – Card Games 2pm – Open Jam (Dining Room) 6pm – Line Dancing</p>	<p>30</p> <p>8:30am – Chair Volleyball 9am – Breakfast 9:30am – Computer Class 10am – Table Tennis 10am – Private Bridge Group 11am – Drums Alive 11:40am – Chair Yoga 12pm – Mah Jongg 12:30pm – Tai Chi 1:30pm – Beginner Tai Chi</p>	<p>31</p> <p>8am -10am - Socializing and Puzzles 9:30am – Computer Class 10am - Bingo w/ Hospice of TN 10am - 11am - Lunch 12pm - Hand & Foot and Bridge 1pm – FFG Art Class (MUST SIGN UP) 6p-Beginners Line Dancing 6:30- Line dancing</p>

Fair Park Activity Center

There are no strangers here, just friends you haven't met.

July Special Events & Activities

Artfully Aging with Fair Park- To stay up to date with the newest Art Classes, ask any of our front desk staff or volunteers!

Tuesday, July 28th – 1pm - Join the Fair Park staff on Tuesday, July 28th at 1:00 PM for a fun afternoon of creativity! Participants will paint and decorate their own clay flower pot and then add beautiful flowers to create a unique take-home masterpiece.

The cost is \$15 per person, and payment is due at the time of registration. All supplies are included, so just bring your creativity and get ready to have a great time! Space is limited, so be sure to reserve your spot early. Refunds will not be issued unless your spot can be filled from the waiting list. Sign up today and leave with a beautiful handmade flower pot to brighten your home or give as a gift!

Friday, July 31st – 1p – July Art Class with the Fairfield Glade Art Guild! Join us on Friday, July 31st at 1:00 PM at Fair Park for a fun and creative art class! Participants will learn how to enhance their photographs using colored pencils to add depth, color, and artistic flair. The cost is \$10 per person, and payment is due at the time of signup. Space is limited to just 12 participants, so be sure to reserve your spot early! The deadline to register is July 29th. Please note: Refunds will not be issued unless your spot can be filled from the waiting list.

Special Events and Seminars for July

Friday, July 17th – 9:30am - Welcome to our July learning series! This month, we are focusing on something that affects all of us in today's world, staying safe and confident while using phones, tablets, and computers. Technology can be a wonderful tool for staying connected with family, managing daily life, and enjoying entertainment. However, it is also important to be aware of common risks and learn simple skills that make using devices easier and safer. This month's goal is to help you feel more confident, more informed, and more comfortable with the technology you use every day. Join us for this informative seminar before Bingo.

Trips Planned for July

Wednesday, July 8th – departing at 8:15am – Join us for our **Garden Paths & Military Pasts!** A fun day including a Master Gardener's garden tour, the Fairfield Glade Art Guild, lunch at The Country Cupboard, the Military Memorial Museum, Family Table Marketplace, and ice cream at the Palace Theatre's new ice cream shop! The cost is **\$10 per person** and must be paid at the time of sign-up. Lunch and ice cream are not included. Spots are limited, so stop by the front desk to sign up today!

Tuesday, July 14th – departing at 8:15am - Join us for a full day of art, culture, and natural history as we explore some of Knoxville's most beautiful and educational destinations! Knoxville Museum of Art - We'll begin our day exploring stunning galleries featuring regional and contemporary art exhibits. Lunch at Calhoun's on the River - Enjoy a relaxing riverside lunch with delicious Southern favorites and beautiful views of the Tennessee River. McClung Museum of Natural History and Culture - Our final stop takes us through fascinating exhibits in natural history, archaeology, and world cultures. Trip Details Cost: \$25 per person and payment due at time of sign-up. Seating is limited availability – first come, first served! Refund Policy: No refunds unless your seat can be filled from the waiting list! This will be a fun-filled day of learning, exploring, and enjoying Knoxville's rich cultural scene. Don't miss your spot! Sign up today before seats are gone!

A Special Thank You to Our Sponsors!

