

Fair Park Activity Center
1433 Livingston Road
Crossville, TN. 38571
Monday – Friday 8a-4p
931-484-7416



Monday	Tuesday	Wednesday	Thursday	Friday
2 8:30a- Chair Volleyball 9a- Hiking Club 9:30a- Computer Class 11a- Ladies Bible Study 11:30a- Mah Jongg 12p-Happy Strummin Ukulele 12p- Card Games 1p- Beginner Dulcimer Group 1p- Stay Strong, Stay Healthy 2:30p- Chair Aerobics w/Laura 3p- 3 G's Club	3 9a-Breakfast 9:30a- Computer Class 10a- TOPS Group 11:30a- Line Dancing 1p- Crochet Class 2:45p- BINGOcize 5:15p- Open Bible Study CALL: 501-206-9770	4 10a- Bingo w/ Laura's Table 11a- Lunch 11:30a- Corn Hole 1p- Stay Strong, Stay Healthy 2p- Open Jam 2:30p- Chair Aerobics w/Laura 6p- Line Dancing	5 8:30a- Chair Volleyball 9a-Breakfast 10a- Table Tennis 11a- Drums Alive 11:40a- Chair Yoga 12p- Mah Jongg 12:30p- Tai Chi 1:30p- Beginner Tai Chi 2:45p- BINGOcize 6p- Plateau Corvette Club	6 9a- Jim Trease Singing 9:40a-Birthday, Anniversary, & Newcomer Celebration. 10a- Bingo w/ Eye Centers 11a- Lunch 12p- Hand & Foot and Bridge 6:30- Line dancing
9 8:30a- Chair Volleyball 9a- Hiking Club 9:30a- Computer Class 10a- Table Tennis 11a- Ladies Bible Study 11:30a- Mah Jongg 12p-Happy Strummin Ukulele 12p- Card Games 1p- Beginner Dulcimer Group 1p- Stay Strong, Stay Healthy 2:30p- Chair Aerobics w/Laura	10 9a-Breakfast 9:30a- Computer Class 10a- TOPS Group 11a- Smile on 65+ Presentation 11:30a- Line Dancing 1p- Crochet Class 2:45p- BINGOcize 5:30p- HAM Radio Club	11 10a- Bingo w/ Jason Reed 11a- Lunch 11:30a- Corn Hole 1p- Stay Strong, Stay Healthy 2p- Open Jam 2:30p- Chair Aerobics w/Laura 6p- Line Dancing	12 8:30a- Chair Volleyball 9a-Breakfast 10a- Table Tennis 9:30a- Lunch and Learn Trip with Staff (MUST SIGN UP) 11a- Drums Alive 11:40a- Chair Yoga 12p- Mah Jongg 12:30p- Tai Chi 1:30p- Beginner Tai Chi 2:45p- BINGOcize	13 8a-10a- Socializing and Puzzles 10a- Bingo w/ Quality 11a- Lunch 12p- Hand & Foot and Bridge 6p-Beginners Line Dancing 6:30- Line dancing
16 8:30a- Chair Volleyball 9:30a- Computer Class 10a- Table Tennis 11a- Ladies Bible Study 11:30a- Mah Jongg 12p-Happy Strummin Ukulele 12p- Card Games 1p- Beginner Dulcimer Group 1p- Stay Strong, Stay Healthy 2:30p- Chair Aerobics w/Laura 3p- 3 G's Club	17 9a-Breakfast 9:30a- Computer Class 10a- TOPS Group 10:45a- Lunch Bunch w/ Marsha 11:30a- Line Dancing 1p- Crochet Class 2:45p- BINGOcize 5:15p- Open Bible Study CALL: 501-206-9770	18 10a- Bingo w/ Lil' Angels 11a- Lunch 11:30a- Corn Hole 1p- Stay Strong, Stay Healthy 2p- Open Jam 2:30p- Chair Aerobics w/Laura 6p- Line Dancing	19 8:30a- Chair Volleyball 9a-Breakfast 10a- Table Tennis 11a- Drums Alive 11:40a- Chair Yoga 12p- Mah Jongg 12:30p- Tai Chi 1:30p- Beginner Tai Chi 2:45p- BINGOcize	20 8a-10a- Socializing and Puzzles 10a- Bingo w/ Life Care 11a- Lunch 12p- Hand & Foot and Bridge 6p-Beginners Line Dancing 6:30- Line dancing
23 8:30a- Chair Volleyball 9a- Hiking Club 9:30a- Computer Class 10a- Table Tennis 11a- Ladies Bible Study 11:30a- Mah Jongg 12p-Happy Strummin Ukulele 12p- Card Games 1p- Beginner Dulcimer Group 1p- Stay Strong, Stay Healthy 2:30p- Chair Aerobics w/Laura	24 9a-Breakfast 9:30a- Computer Class 10a- TOPS Group 11:30a- Line Dancing 1p- Crochet Class 2:45p- BINGOcize 5:15p- Open Bible Study CALL: 501-206-9770	25 10a- Bingo w/ Enhabit 11a- Lunch 11:30a- Corn Hole 1p- Stay Strong, Stay Healthy 2p- Open Jam 2:30p- Chair Aerobics w/Laura 6p- Line Dancing	26 7a- Secret City Trip w/ Marsha 8:30a- Chair Volleyball 9a-Breakfast 10a- Table Tennis 11a- Drums Alive 11:40a- Chair Yoga 12p- Mah Jongg 12:30p- Tai Chi 1:30p- Beginner Tai Chi 2:45p- BINGOcize	27 8a-10a- Socializing and Puzzles 10a- Bingo w/ ExacCare 11a- Lunch 12p- Hand & Foot and Bridge 1p- Art Class with PCA 6p-Beginners Line Dancing 6:30- Line dancing
30 8:30a- Chair Volleyball 9:30a- Computer Class 10a- Table Tennis 11a- Ladies Bible Study 11:30a- Mah Jongg 12p-Happy Strummin Ukulele 12p- Card Games 1p- Beginner Dulcimer Group 1p- Stay Strong, Stay Healthy 2:30p- Chair Aerobics w/Laura		<p>The Billiards Room is open Monday – Friday from 8am to 4pm.</p> <p>THERE WILL BE NO HIKING CLUB ON 6/16 OR 6/30.</p>		

Fair Park Activity Center

There are no strangers here, just friends you haven't met.

June Special Events & Activities

Artfully Aging with Fair Park- To stay up to date with the newest Art Classes, ask any of our front desk staff or volunteers!

Friday, June 27th – 1p – We're thrilled to welcome Karen Shaw from the Plateau Creative Arts Center for a special art class this June! Karen is a talented local artist and experienced instructor known for her encouraging teaching style and love of all things creative. This session will focus on sketching and drawing techniques—perfect for both beginners and those looking to sharpen their artistic skills. You'll learn how to observe shapes, use shading to create depth, and bring your sketches to life with confidence. All supplies will be provided, and Karen will guide you step-by-step through each activity. There is a \$5 materials fee, which should be paid at the front desk when signing up. Spaces are limited, so be sure to reserve your spot early and enjoy a creative, inspiring afternoon with us!

Special Events and Seminars for June

Tuesday, June 10th – 11a – Join us for a Smile On 65+ presentation to learn about free and low-cost dental care options for older adults. This program helps eligible seniors access essential dental services to improve their oral health and overall well-being. Don't miss this opportunity to learn how Smile On 65+ can help you or a loved one maintain a healthy smile!

Trips Planned for June

Thursday, June 12th – Leaving Fair Park at 9:30a – Join us for a Lunch & Learn trip to the Fairfield Glade Memory Loss Support Group for a special presentation by Dr. Alan Steinberg, a Geriatric Neuropsychiatrist, who will share expert insights on memory loss, aging, and brain health. Before the talk, we'll stop by one of our members' local gardens, a peaceful spot often visited by Master Gardeners. After the presentation, we'll enjoy lunch at The Beef and Barrel. A \$5 deposit is due when you sign up and will be refunded the day of the trip if you attend. Spots are limited—sign up today!

Saturday, June 7th – Departing Fair Park at 8:30a & returns at 6:30p – Join Marsha and Karl for a fun-filled trip to the MINT Casino in Franklin, KY! Whether you're feeling lucky or just want to enjoy the lively atmosphere, this is a great chance to get out, relax, and have a little adventure. Don't miss this exciting outing—sign up today and try your luck at the MINT! Reservations are open on Friday, May 23rd at 8am.

Tuesday, June 17th – Departing Fair Park at 10:45a & returns at 12:45p – Join Marsha and Karl for a Lunch Bunch outing to Red's Ale House in Fairfield Glade! Enjoy good food, great company, and a relaxed atmosphere at one of FFG's favorite local spots. It's the perfect way to spend an afternoon with friends, don't forget to sign up! Reservations open Friday, June 6th at 8am.

Thursday, June 26th – Departs Fair Park at 7a & returns at 5:30p – Shhh... it's classified! Join Marsha and Karl for a TOP SECRET TRIP to Oak Ridge, also known as the Secret City, where history changed forever during The Manhattan Project. We'll explore the fascinating story behind America's atomic legacy with stops that highlight the science, secrecy, and significance of this pivotal moment in history. Don't miss this unique adventure—sign up today before it's declassified! Reservations open Friday, June 13th at 8am.

New Programs Coming in June

1st & 3rd Monday of every month – 3p-5p – We're excited to introduce a brand-new club at Fair Park that's all about fun, friendship, and laughter — welcome to the **3 G's Club: Girls, Games, & Giggles!** This lively group is a space for women of all ages to come together, unwind, and enjoy each other's company through lighthearted games, shared stories, and plenty of giggles. Whether you're a card shark, a board game queen, or just in it for the laughs, the 3 G's Club is the perfect way to brighten your week and make new connections. Come as you are and leave with a smile — we can't wait to see you there!

A Special Thank You to Our Sponsors!

