

Fair Park Activity Center
1433 Livingston Road
Crossville, TN. 38571
Monday – Friday 8a-4p
931-484-7416



Monday	Tuesday	Wednesday	Thursday	Friday
1 Closed in Observance of Labor Day	2 9a-Breakfast 9:30a- Computer Class 10a- TOPS Group 11:30a- Line Dancing 1p- Crochet Class 5p- Building Reserved for The Avalon Center	3 10a- Bingo w/ Ernie's Table 10a-11a- Lunch 11:30a- Corn Hole 1p- Stay Strong, Stay Healthy 2p- Open Jam 2p- Chair Aerobics w/Laura 6p- Line Dancing	4 8:30a- Chair Volleyball 9a-Breakfast 10a- Table Tennis 11a- Drums Alive 11:40a- Chair Yoga 12p- Mah Jongg 12:30p- Tai Chi 1:30p- Beginner Tai Chi 6p- Plateau Corvette Club	5 – Patriotic Day 8a-10a- Socializing and Puzzles 10a- Bingo w/ Eye Centers 11a- Lunch 12p- Hand & Foot and Bridge 1p- Pickleball 6p-Beginners Line Dancing 6:30- Line dancing
8 8:30a- Chair Volleyball 9:30a- Computer Class 10a- Table Tennis 11a- Ladies Bible Study 12p- Mah Jongg 12p-Happy Strummin Ukulele 12p- Card Games 1p- Beginner Dulcimer Group 1p- Stay Strong, Stay Healthy 2p- Chair Aerobics w/Laura 3p- 3 G's Club	9 9a-Breakfast 9:30a- Computer Class 10a- TOPS Group 11:30a- Line Dancing 1p- Crochet Class 5p- Ham Radio Club	10 10a- Bingo w/ Jason Reed 10a-11a- Lunch 11:30a- Corn Hole 1p- Stay Strong, Stay Healthy 2p- Open Jam 2p- Chair Aerobics w/Laura 6p- Line Dancing	11 8:30a- Chair Volleyball 9a-Breakfast 10a- Table Tennis 11a- Drums Alive 11:40a- Chair Yoga 12p- Mah Jongg 12:30p- Tai Chi 1:30p- Beginner Tai Chi	12 – Wacky Day 8a-10a- Socializing and Puzzles 10a- Bingo w/ Quality 11a- Lunch 12p- Hand & Foot and Bridge 1p- Pickleball 6p-Beginners Line Dancing 6:30- Line dancing
15 8:30a- Chair Volleyball 9:30a- Computer Class 10a- Table Tennis 11a- Ladies Bible Study 12p- Mah Jongg 12p-Happy Strummin Ukulele 12p- Card Games 1p- Beginner Dulcimer Group 1p- Stay Strong, Stay Healthy 2p- Chair Aerobics w/Laura	16 9a-Breakfast 9:30a- Computer Class 10a- TOPS Group 11:30a- Line Dancing 1p- Crochet Class 5p- HAM Radio Club 5:15p- Open Bible Study CALL: 501-206-9770	17 10a- Bingo w/ Lil' Angels 10a-11a- Lunch 11:30a- Corn Hole 1p- Stay Strong, Stay Healthy 2p- Open Jam 2p- Chair Aerobics w/Laura 6p- Line Dancing	18 CLOSED DUE TO THE UPPER CUMBERLAND TENNESSEE SENIOR OLYMPICS CHAIR VOLLEYBALL TOURNAMENT	19 – Fav Sports Team 8a-10a- Socializing and Puzzles 10a- Bingo w/ Life Care 11a- Lunch 12p- Hand & Foot and Bridge 1p- Pickleball 6p-Beginners Line Dancing 6:30- Line dancing
22 8:30a- Chair Volleyball 9:30a- Computer Class 10a- Table Tennis 11a- Ladies Bible Study 12p- Mah Jongg 12p-Happy Strummin Ukulele 12p- Card Games 1p- Beginner Dulcimer Group 1p- Stay Strong, Stay Healthy 2p- Chair Aerobics w/Laura 3p- 3 G's Club	23 9a-Breakfast 9:30a- Computer Class 10a- TOPS Group 11:30a- Line Dancing 1p- Crochet Class 5:15p- Open Bible Study CALL: 501-206-9770	24 10a- Bingo w/ Enhabit 10a-11a- Lunch 11:30a- Corn Hole 1p- Stay Strong, Stay Healthy 2p- Open Jam 2p- Chair Aerobics w/Laura 6p- Line Dancing	25 8:30a- Chair Volleyball 9a-Breakfast 10a- Table Tennis 11a- Drums Alive 11:40a- Chair Yoga 12p- Mah Jongg 12:30p- Tai Chi 1:30p- Beginner Tai Chi CLOSING AT 3P FOR THE ALZHEIMER'S TN SOCK HOP	26 – Pajama Day 8a-10a- Socializing and Puzzles 10a- Bingo w/ ExacCare 11a- Lunch 12p- Hand & Foot and Bridge 1p- Pickleball 1p- Art Class with PCA (SIGN UP) 6p-Beginners Line Dancing 6:30- Line dancing
29 8:30a- Chair Volleyball 9:30a- Computer Class 10a- Table Tennis 11a- Ladies Bible Study 12p- Mah Jongg 12p-Happy Strummin Ukulele 12p- Card Games 1p- Beginner Dulcimer Group 1p- Stay Strong, Stay Healthy 2p- Chair Aerobics w/Laura	30 9a-Breakfast 9:30a- Computer Class 10a- TOPS Group 11:30a- Line Dancing 1p- Crochet Class 5:15p- Open Bible Study CALL: 501-206-9770	September is National Senior Center Month, so we have dress up days each FRIDAY! Please see the Fridays listed above for themes!		The Billiards Room is open Monday – Friday from 8am to 4pm. BINGOize will not be scheduled in September but will be picked back up in October

SCHEDULE CHANGES ARE HIGHLIGHTED FOR YOUR CONVENIENCE!

Fair Park Activity Center

There are no strangers here, just friends you haven't met.

September Special Events & Activities

Artfully Aging with Fair Park- To stay up to date with the newest Art Classes, ask any of our front desk staff or volunteers!

Friday, September 26th – 1p – The Plateau Creative Arts is bringing creativity to life this September with a fun and inspiring **Mixed Media Art Class!** This hands-on workshop is all about experimenting with different materials, layering textures, and exploring techniques to create a truly one-of-a-kind masterpiece. Whether you're a seasoned artist or just looking to try something new, this class is designed to spark imagination and encourage self-expression. The cost is just \$2.50 per person, with payment due at the time of registration. Since class size is limited to only ten participants, spots are expected to fill quickly—so don't wait to sign up for this exciting opportunity to create, connect, and have fun!

National Senior Center Month

Friday, September 5th – Patriotic Day - Show your red, white, and blue pride on Patriotic Day! This is the perfect opportunity to celebrate our country and display your American spirit. Wear your stars, stripes, and anything that celebrates the USA—whether it's a bold flag shirt, a hat decked out in patriotic colors, or just a simple red, white, and blue combination. Let's see how creative everyone can get and fill the room with patriotic pride from head to toe. It will be a wonderful way to start September together in a sea of stars and stripes!

Friday, September 12th – Wacky Day - Get ready to let your silly side shine on Wacky Day! This is the day to dress in the most fun, crazy, and unexpected way possible. The wackier, the better—think mismatched socks, wild hair, backward shirts, or even totally over-the-top accessories. There are no rules when it comes to being wacky, so don't hold back. The goal is laughter, fun, and a room full of smiles as we enjoy each other's creativity and sense of humor. You never know what hilarious outfits might walk through the door!

Friday, September 19th – Favorite Sports Team Day - Show off your team pride on Favorite Sports Team Day! Whether you're a dedicated fan who never misses a game or just love the colors and energy of your team, this is the day to represent. Wear your favorite jersey, cap, fan gear, or even create your own spirited outfit to cheer on your team. Football, basketball, baseball, college, or pro—it doesn't matter, just bring your spirit. Let's see which teams gather the biggest cheering sections, and enjoy a day of friendly rivalries and lots of team pride. And for those who show off their orange and white—bonus points if your team is the Tennessee Vols!

Friday, September 26th – Pajama Day - Nothing says comfort like Pajama Day, and we can't wait to see all the fun and cozy outfits. Roll out of bed, throw on your favorite pair of pajamas, and come ready for a relaxing and lighthearted day. Flannel pants, fun pajama sets, slippers, robes, or even a favorite comfy blanket are all welcome. Pajama Day is always a favorite because it's the perfect mix of comfort and fun—and we have to admit, it's our personal favorite too! It's a wonderful way to end the month together, cozy and smiling.

**THERE ARE NO TRIPS PLANNED FOR THE MONTH OF SEPTEMBER DUE TO
THE UPPER CUMBERLAND TENNESSEE SENIOR OLYMPICS**

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